

## Hidden Meadows Garden Club: Shadow boxes

By Idalia Rewar / Resident

It has been a while since I've done any crafts. So it was a pleasant surprise that the Hidden Meadows Garden Club had scheduled a craft event for our June meeting which was held at Melisa Mitchell's lovely home.

Whose idea was it? Kim Marin and Melisa visited the Carlsbad's Flower Fields held in the Spring and attended a craft workshop that included the making of a dried flower shadow box. A shadow box is a frame with a space between the back and the glass which allows you to mount media that is thicker than a photograph to create a 3 dimensional effect. What a great idea for the Garden Club!!

They bought all the materials needed – glue, shadow boxes, tweezers, and many options of colored and patterned background paper. And that's not all, they collected and dried petals from flowers, leaves, ferns, etc. Wow, that was a lot of work!! I wondered how long it took to dry the flowers. Kim commented that you can do it in the microwave, or put the petals in between pages in a book to dry and flatten them, or you can make it easier by buying them on-line.

Upon entering I went straight to the kitchen where there were many trays full of spectacular dried flowers in an array



of colors for our venture. We stopped a moment to partake in the sweets that go so well with coffee but we were anxious and excited to get going. We took turns getting a paper plate and picking up the dried flowers that would make a fabulous design, but it was not easy. The dried flowers are very sensitive to the touch and can fall apart, so we had to pick them

with tweezers to place and glue them on the paper backing. When done Melisa would go outside to the patio and spray glue on the frame.

Once you sat to do the project it was quite challenging how to design "something" with all the materials you picked up. We all gave it a try. There was Sima Kashani whose artistic hand designed a beautiful bouquet

of flowers; Danielle Milliken doing a design with orange poppies on a blue background – very beautiful; Meredith Kifer whose red flowered top was in competition with her purple and white daisy design; Karen Henderson whose design had large purple delicate flowers and Diane Heath who chose a combination of purple and gold flowers for her

**Boxes / See Page 2**



Hidden Meadows Resident Elmer Royce Williams honored at Supervisor Jim Desmond's 2024 State of North County Awards.

**Impossible Fight Award**--- Elmer Royce Williams, a US Navy veteran, demonstrated unmatched heroism during a historic dogfight in 1952. His 35-minute battle against seven MiG-15s remains legendary. We honor him with the Impossible Fight Award for his incredible courage and service.

### Free fireworks show at Grape Day Park

The City of Escondido will be hosting its annual fireworks show, on Thursday, July 4 at 9 p.m. The fireworks can be viewed from anywhere in downtown Escondido, including Grape Day Park.

Prior to the fireworks show, the California Center for the Arts, Escondido will be hosting their annual Independence Day Celebration starting at 4 p.m. There will be live music, activities for children, and food merchants. The event is free to attend.

Immerse yourself in live performances by celebrated artists, indulge in delicious offerings from local food trucks, satisfy your thirst with local craft beers and spirits, explore the artisan market, enjoy exciting games and activities for all ages, and get ready for a spectacular fireworks display that lights up the night sky.

This year the festival is 4-days long with a 4-day concert series. Starting July 4, the lineup includes the dynamic sounds of Daring Greatly, Ian Moore, the Navy Band Southwest 32nd Street Brass Band, SambaDa, SM Famillia, E.N Young, and MohaviSoul.

**JULY HIDDEN MEADOWS**

**EVENTS**

**Fourth of July Celebration**

**Parade & Events**

Thursday, July 4th 10am - 1pm

Lower Lot  
Boulder Oaks Golf Course

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**Boxes / From Page 1**

shadow box. We finally finished our masterpieces and put them on a table for a photo shoot.

Everyone had a smile on their face because they were leaving with something beautiful to display or give as a gift to someone.

Doing a craft was a very relaxing way to brush your cares away. Kudos to Kim and Melisa for the time and effort that

went into this project, (to Melisa for hosting the event), and all the members who participated in this fun filled event.

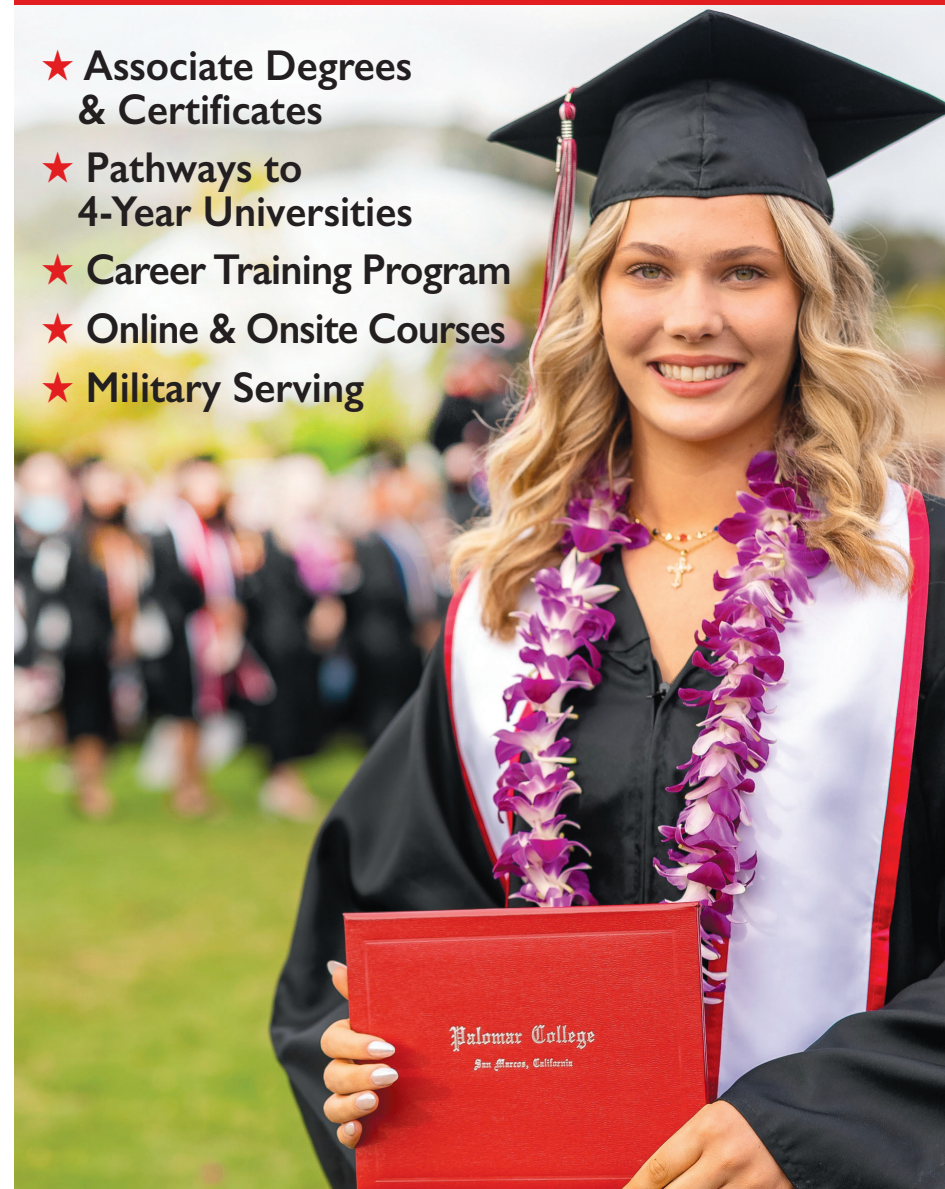
At our next event we will have a Master Gardener who will lecture on orchids and succulents. I am interested in attending because I have 2 orchid plants that are about to expire.

If you are interested in joining the Garden Club, send an e-mail to [kimgroggmarin@gmail.com](mailto:kimgroggmarin@gmail.com).



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# Palomar Health launches online emergency room check-in system

Palomar Health this week launched a new appointment system for both the Escondido and Poway campuses where patients can check in online before arriving at the emergency room.

The system will give patients a scheduled time to come to the ER, allowing Palomar medical experts to attend to them based on the urgency of each situation.

“This is just one way we are improving the patient experience,” said Mel Russell, Chief Nurse Executive and Chief Operating Officer of Palomar Health. “We strive to eliminate the apprehension and stress that goes along with navigating healthcare, and we believe this new service will do just that, while meeting the needs of our patients on a wider scale.”

Palomar Health’s Early Emergency Room Check-In is easy to access and simple to use for everyone. To check in early follow these steps:

- Go to [PalomarHealth.org](http://PalomarHealth.org)
- Click the orange ER Online Check-In button
- Select your preferred time and location

Check-In allows patients to conveniently check in to the ER online within minutes from anywhere, eliminating a significant hassle from the emergency room experience.

Note: this check-in service is for non-serious afflictions such as headaches, earaches, sprained ankles, etc. The emergency department is obligated to care for the most ill and injured patients as they arrive, which may affect selected service times.

Patients experiencing severe or life-threatening injuries should not make an appointment and immediately go to the ER. If checking in early, remember to bring ID, insurance and a list of medications with you.

# TEDxEscondido Hidden No More scheduled for Aug. 17

The first ever TEDxEscondido will be held August 17 at the California Center for the Arts, Escondido.

In TEDxEscondido “Hidden No More” you will experience an incredible day of inspiration and thought-provoking discussions with a diverse lineup of speakers, who will share groundbreaking ideas and stories under the theme “Hidden No More.”

Get ready to be enlightened, challenged, and inspired by their thought-provoking talks.

“This year’s TEDxEscondido event is set to be transformative,” said Gina Lopez, lead organizer at TEDxEscondido. “Each speaker brings a unique perspective and idea worth spreading, aligning with this year’s theme of ‘Hidden No More.’ We’re thrilled to provide a platform for these voices to be heard and to foster meaningful conversations in our community.”

This will be an inspiring day of talks, networking, and community building.

Tickets are limited to only 100 seats at \$100 a ticket. The ticket includes continental breakfast, buffet lunch, and the opportunity to mix and mingle with the speakers and like-minded audience members.

Purchase tickets here: [bit.ly/4evZc0p](http://bit.ly/4evZc0p)

\$50 tickets are available for overflow viewing of the live stream in the Conference Center. Enjoy the speakers from the comfort of our beautiful Conference Center with a live feed to the stage! The ticket includes continental breakfast, buffet lunch, and the opportunity to mix and mingle with the speakers and like-minded audience members.

The event lasts from 10:30 a.m. - 4:30 p.m. Doors open at 10 a.m. in the Center Theater. The event will conclude with an after-party in the Center’s Museum.

## Community Events for Hidden Meadows and Rim Rock Residents

Visit our website at [www.hiddenmeadowsfoundation.org](http://www.hiddenmeadowsfoundation.org)

These events can't happen without your help. PLEASE contact me at [vickeyciarlanti@gmail.com](mailto:vickeyciarlanti@gmail.com) to add your name to our list of volunteers.

Donations can be made via Zelle at

[HMCFDDonate@yahoo.com](mailto:HMCFDDonate@yahoo.com) or [www.HiddenMeadows.news/donate](http://www.HiddenMeadows.news/donate)

(2024 Community Events)

\*\*\*\*\*  
EXTRA! • EXTRA! READ ALL ABOUT IT...  
\*\*\*\*\*

Hidden Meadows Community Foundation’s

4th of July Parade/Event

Thursday, July 4th 10am ~1pm • Lower Parking Lot at the Golf Course

Parade starts at 11am • National Anthem Performed by our Hidden Meadows Resident Texas Pat

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●Volunteer Appreciation Night – Wednesday, September 25th ● Boulder Oaks Restaurant ● 6pm- 9pm. Get Ready for some Roaring 20’s Kind of FUN!  
\*\*\*\*\*

(Upcoming Fall Events ●Trunk or Treat ●Turkey Trot ●Toys for Tots )

\*\*\*\*\*  
Additional Programs ● Beautification Projects and Neighbors Helping Neighbors  
\*\*\*\*\*

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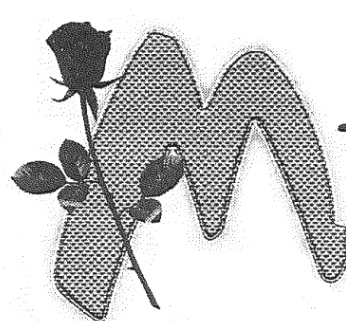
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Founded 2017

[www.HiddenMeadows.News](http://www.HiddenMeadows.News)

Publisher  
JUSTIN SALTER

Published monthly by  
ROADRUNNER PUBLICATIONS, Inc.

Street Address  
29115 Valley Center Road, Suite L  
Valley Center, CA 92082

Postage Paid at  
Escondido, CA PERMIT 2900

Mailing Address  
Hidden Meadows News  
PO BOX 2300  
Valley Center, CA 92082

(760) 297-2900

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Hidden Meadows News is a free monthly publication mailed directly to approximately 1700 addresses within and near the Hidden Meadows area of postal route 92026. Hidden Meadows News is published in affiliation with the community of Hidden Meadows and Hidden Meadows Community Foundation. Our liability for errors and omissions on ads is limited to the price of the ad for a single issue run. Opinions expressed by Hidden Meadows Community Foundation, columnists and articles are those of the writers and not necessarily those of the newspaper. Accuracy of content submitted to Hidden Meadows News by Hidden Meadows Community Foundation is the responsibility of Hidden Meadows Community Foundation. Hidden Meadows News reserves the right to edit any content provided to the newspaper. Contact Hidden Meadows News with any questions.

### SUBMIT CONTENT

Deadline for local article submission: 20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. Email content and photos to Patricia Fox  
[LocalEditor@HiddenMeadows.news](mailto:LocalEditor@HiddenMeadows.news)

Advertising  
Joshua Sibelius  
[Advertising@HiddenMeadows.news](mailto:Advertising@HiddenMeadows.news)

# Opinion

Opinions expressed by columnists and letter writers are those of the writers and not necessarily those of the newspaper.

## Join me in stopping the gas tax increase

By JIM DESMOND

A few weeks ago, I stood shoulder to shoulder with small business leaders and parents, united with the same message: **the gas tax must be stopped.** On July 1, the gas tax is set to increase by an additional 2 cents per gallon, bringing the total tax burden to a staggering 59.6 cents per gallon.

We are already grappling with the highest gas prices in the nation, rising utility costs, skyrocketing housing expenses, and an overall escalating cost of living. Government should be leaving people alone, not taxing more. This is not the time to add more costs to working families, businesses, and seniors. Government should be looking for ways to save people money, not to make our lives more difficult.

Next week, at the Board of Supervisors meeting, I will bring forward an agenda item urging the governor of California to stop this year's two-cent gas tax increase. If the state stops overspending, there is more than enough money in the state budget to cover these expenses. We constantly hear about a state deficit due to overspending, yet

they want to regulate us more instead of reining in their spending.

We have the highest gas prices in the country because of government policies. This is a government tax, not an increase by big oil. State policies are driving people out of California. I've spoken to many who simply can't afford to live here anymore.

Families are moving out, jobs are disappearing, and the next generation cannot afford a house. We cannot continue to burden everyone with additional taxes. The state faces a \$60 billion deficit this year due to overspending and over-regulating. Taxing people even more amidst the current high cost of living is not the solution. Let's give people a break. Let's stop the exodus from California and ensure our residents are not paying more in taxes.

*Jim Desmond is a member of the San Diego County Board of Supervisors. He represents the 5th District, which includes Escondido, Valley Center, Pauma Valley, Palomar Mountain and much of the Backcountry.*

## Payómkawish Highway

By MARIE WALDRON, 75th Assembly District

For over 10,000 years, the Luiseño people have lived in the San Luis Rey Valley. Historically, their villages extended along the coastline, and inland along the San Luis Rey River. The largest recorded village was known as Topomai, located in what is now Camp Pendleton. Other historic villages to the east included Páume (Pauma) and Palé (Pala).

The current route of SR 76 was the main path the Luiseños used during their seasonal migrations back and forth from the ocean to the mountains. The historic and cultural significance of this transportation corridor deserves special recognition. Last week I introduced Assembly Concurrent Resolution 215 (ACR 215), which will designate a portion of State Highway Route 76 from Pauma Reservation Road to Rincon Rancho Road as the Payómkawish (People of the West) Highway.

Tribal people and sovereign tribal governments play a significant role in the 75th Assembly District. Local tribes are noted for their achievements in education, economics, and agriculture. They contribute to our economy through job creation, providing educational opportunities and enhancing community safety. They support local charities and assist local governments through planning and mutual aid agreements. As we all remember, their support in wildfire emergencies has been critically important. ACR 215 is a small step toward recognizing the history and significant contributions Luiseño people make to our state and region.

ACR 215 is supported by the Rincon Band of Luiseño Indians, the Pala Band of Mission Indians, the Pauma Band of Luiseño Indians, and the La Jolla Band of Luiseño Indians.

To view a copy of ACR 215, click here: [bit.ly/4eEX4Dp](http://bit.ly/4eEX4Dp)

*Assemblymember Marie Waldron, R- Valley Center, represents the 75th Assembly District in the California Legislature, which includes the cities of Poway, Santee, portions of the City of San Diego, and most of rural eastern and northern San Diego County.*

## If someone in an official position tells you to buy gold, it's a scam

By DISTRICT ATTORNEY SUMMER STEPHAN

Now that buying gold bars has come back into popularity with retailers such as Costco making the purchase easy, those of us in law enforcement are seeing a disturbing trend in which scammers, who are pretending to be government officials, bank representatives or computer technology support experts, are telling victims to buy gold, silver, or other precious metals to protect their funds.

The financially devastating scam, as with many similar schemes, begins with a computer pop-up window telling the user that their computer has been hacked or that a virus has been detected on their device.

There are many iterations of how this scam plays out, such as bad actors saying they are from the Social Security Administration, a banking institution or a tech support employee. The outcome, however, does not vary. It ends with a victim, typically a senior citizen, being defrauded of their financial wealth and dignity.

The most common method is when a scammer fools a victim into thinking their computer has a virus or has been hacked and that the victim needs to allow "Microsoft" or some other company remote access the victim's computer to protect them.

Our San Diego Elder Justice Task Force, made up of local and federal law enforcement partners, works collaboratively to hold these perpetrators accountable in state and federal prosecutions. One recent case involved a Carlsbad victim who reported to police that she was involved in a months-long scam by fraudsters posing as government, bank and tech-support employees.

Eventually, when the bad actors realized how much the

**Scam / See Page 9**

## Hidden Meadows Community Resources and Organizations

### Community Emergency Response Team (CERT)

Contact Marc Weissman at 760-525-5170 or [marcweissman11@gmail.com](mailto:marcweissman11@gmail.com).

### Community Sponsor Group

Contact Chairman Jim Chagala, at 760 751-2691 for more information.

### Hidden Meadows Neighborhood Watch

Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.

Contact Info: Erik Tyler 442-235-9060  
[erikdtyler@gmail.com](mailto:erikdtyler@gmail.com)

### Deer Springs Fire Safe Council

Contact Steve Kerrin at 760-807-1141.

### Emergency Communication System

To register, visit [www.deerspringsfiresafecouncil.com](http://www.deerspringsfiresafecouncil.com).

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

### Homeowners Associations

The Meadows Homes Association (MHA)  
760-749-7278

Rimrock Homeowners Association  
760-749-4008

Hidden Meadows Ranch Homeowners Association  
760-407-7575

Silverado Management Services

Oak Meadows Glen Homeowners Association  
760-749-4796

### Organizations

#### Garden Club

Contact Kim Marin ([kimgroggmarin@gmail.com](mailto:kimgroggmarin@gmail.com)) or Melisa Mitchell ([melisamitchell6@hotmail.com](mailto:melisamitchell6@hotmail.com))

#### Hidden Meadows Bridge Group

We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM.

Please call Curt Bruce at 442-222-0821 if you'd like to join us.

#### Hidden Meadows Community Foundation (HMCF)

Contact Michele Zipse at [HMCF2023@gmail.com](mailto:HMCF2023@gmail.com).

[www.hiddenmeadowsfoundation.org](http://www.hiddenmeadowsfoundation.org)

#### Ladies Bible Study

Contact Debbie Hamer at 760-297-1278 or Sue Shepard at 760-213-0325.

#### Tennis Club

Contact Katy Freeze at 760-749-9722 or [clarkfreese@gmail.com](mailto:clarkfreese@gmail.com).

#### Women's Golf Club

Contact Ellen at 760-749-1190

#### Women's Social Group

email to [hmwsg92026@gmail.com](mailto:hmwsg92026@gmail.com).

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# Hidden Meadows Women’s Social Group: May Potluck



Women’s Social Group members



Karen Soriano standing in the hobbit house in the yard



Kim Marin in her amazing kitchen



By Michelle Zipse / Resident

The Hidden Meadows Women's Social Group held its delightful monthly potluck get-together at the enchanting residence of Kim Marin. Kim, a respected co-president of the local Garden Club, opened her home and her awe-inspiring garden to 25 members, who enjoyed an evening filled with camaraderie, delicious food, and scenic beauty.

Kim's garden is nothing short of a horticultural masterpiece. Spanning multiple acres, her landscaping is a testament to her green thumb and dedication to sustainable gardening. The highlight of the yard is undoubtedly the striking Buffalo sculpture, seamlessly integrated into a rock formation at the center of the garden. This majestic centerpiece is surrounded by a meticulously planned, water-friendly landscape that thrives without the need for constant irrigation, showcasing Kim's skillful adaptation to the environment.

Guests were equally captivated by the charming Hobbit house nestled in the backyard—a quaint nook perfect for meditation or quiet contemplation amid the lush greenery. This whimsical structure adds a magical touch to the garden, inviting visitors to pause and enjoy the tranquility of the surroundings.

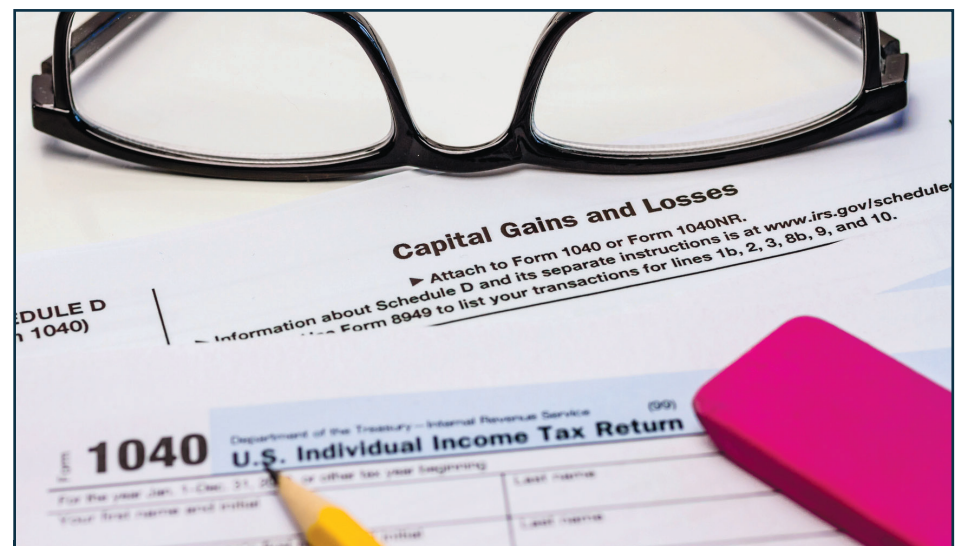
Inside, Kim's home is a blend of elegance and artistic flair. An ancient Egyptian piece proudly displayed above the front door sets the tone for the eclectic decor throughout the house. The kitchen, a true focal point, boasts unique

mosaics on the backsplash, contributing to the overall ambiance of artful and cozy sophistication. Every corner of the home is thoughtfully designed to blend indoor comfort with the outdoor beauty, making it an ideal venue for entertaining.

The potluck itself was a culinary delight. Each attendee brought a dish to share, resulting in a diverse and delectable spread of savory and sweet treats. A standout was Gwen Dana's Japanese lemon cake—its subtle flavor and moist texture making it a crowd favorite that disappeared within minutes. Svitlana Bailey's mother, visiting from Germany, contributed her irresistible cinnamon poppy seed rolls, adding a touch of international flavor to the gathering. Another memorable dessert was a beautifully decorated lemon loaf cake adorned with fresh flowers, which was both a feast for the eyes and the taste buds.

The evening was filled with laughter, conversation, and the joy of shared company. As the sun set over Kim's breathtaking garden, the ladies of the Hidden Meadows Women's Social Group savored their last bites and sips, relishing the serene and picturesque setting.

As the night drew to a close, farewells were exchanged with promises of future gatherings. The potluck was more than just an event; it was a celebration of community, friendship, and the simple pleasures of life—made all the more special by the stunning backdrop of Kim Marin's extraordinary home and garden.



**On March 29, 2023, the IRS issued Revenue Ruling 2023-2, which generally states that appreciated property transferred through an irrevocable trust does not receive a step-up in basis when the Grantor dies.**

That means the Grantor's children, or other loved ones, have to pay the capital gains tax on property they receive. There has been a great deal of chatter among tax experts and estate planners about this ruling. My clients and I are not bothered by this sea-change, however, as we use Charitable Remainder Trusts, and other techniques, to get around the Capital Gains Tax.

MY NAME IS MICHAEL BUSTILLOS. I am an attorney with over thirty years of experience in Estate Planning and Asset Protection. I live down the street from you, here in Hidden Meadows.



**Luis Michael Bustillos**  
Attorney and Counselor-at-Law  
Call me at 760-705-6062,  
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## Last Breakfast at the Side Yard

By Linda Collins / Resident

The Hidden Meadows Women's Social Group invited members to the final breakfast at the Side Yard on June 1. It was so wonderfully convenient and the food was enjoyed by all. I love these smaller group events where we can really catch up with each other. And, well, I love breakfast!!!

Attending were Dani Walther, Jess Ruisi, Vicki Long, Gwen Dana, Vicki Ciarlanti Svetlana Bailey, Bonnie Metzger, Dannielle Milliken, Linda Collins (Me!), and Ellen Koury. Several of these ladies are unable to attend our weekday events so it was wonderful to see them! And they all cleaned their plates, which tells us they enjoyed their meal.

On June 19, the Ladies Lunch was at Pegah's.

Needless to say, I had breakfast again! It was a smaller group but it made for a very nice brunch.

The women's social group coordinates monthly socials, ladies lunches, Mexican train, Poker night and more! Want to find out more?

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# Wow! Look what we accomplished!

By Linda Collins / Resident

I am so thankful for my faithful Working Wednesday team and other volunteers who've helped us plant a corner of the 200+ acre restoration area at the Mountain Meadow Preserve.

When our team started almost a year and a half ago, there had been three previous planting events, each planting 100 plants, in 2019, 2022 and 2023. Our team planted several more sections starting about a year ago through March. Now when we go back and look, we are in awe of how well the plants are doing. (See the pictures provided.)

The ones that really took off were California sage (an artemisia), elderberry, monkey flower, and black sage. We have also planted oaks, toyons, hollyleaf cherry, buckwheat, ceanothus, and more! Overall, we planted nearly 1000 plants! Now the lesson we learned is that, if you plant that many, you also have to weed and water all of them! And that we have been doing for weeks and will continue to do until we plant again in the fall.

Currently, we have nearly 600 plants in the nursery for planting in the fall.

We don't have the variety we would like so we watch for opportunities to obtain others. We will be planting a large number of California sage as it is habitat for the endangered gnatcatcher. California sage starts nicely from seed, so we have several flats started of those along with black sage. We are experimenting with starting several others from seed. And there are some that just don't want to cooperate with us . . . sugar bush, manzanita are just two. Monkey flower starts nicely from cuttings so we'll start working on that. And I found some hollyleaf redberry in my yard that I am hoping to collect seeds from to attempt propagation from seed.

It's been a fun and exciting year! We have all learned a lot about native plants and hope to learn more as we expand the varieties we have. A HUGE thank you to Marianne Nelson, Lisa Saget, Harry and Edi DeMik, Marc Shaffer, and Mike Quadrozzi who've planted, weeded, and whacked our way to success!

If you are interested in joining our Working Wednesday Team or would like to know when we have a Saturday event (3-4 times a year), email [linda\\_j\\_collins@sbcglobal.net](mailto:linda_j_collins@sbcglobal.net).

**Preserve / See Page 12**

## Scam / From Page 4

victim had in savings, they convinced her she could safeguard her funds by obtaining gold bars and sending them to the U.S. Treasury, which would create a locker under her name.

Over the course of two months, the victim sent more than \$1 million via wire transfers to a precious metal business located in San Marcos. She was told to give the precious metal, which was mostly gold, to an individual under the false pretense that it was being secured for safekeeping. She was actually giving her life savings to a criminal network.

Government officials and legitimate businesses will never request you purchase gold or other precious metals.

These tips could help prevent a scam from happening:

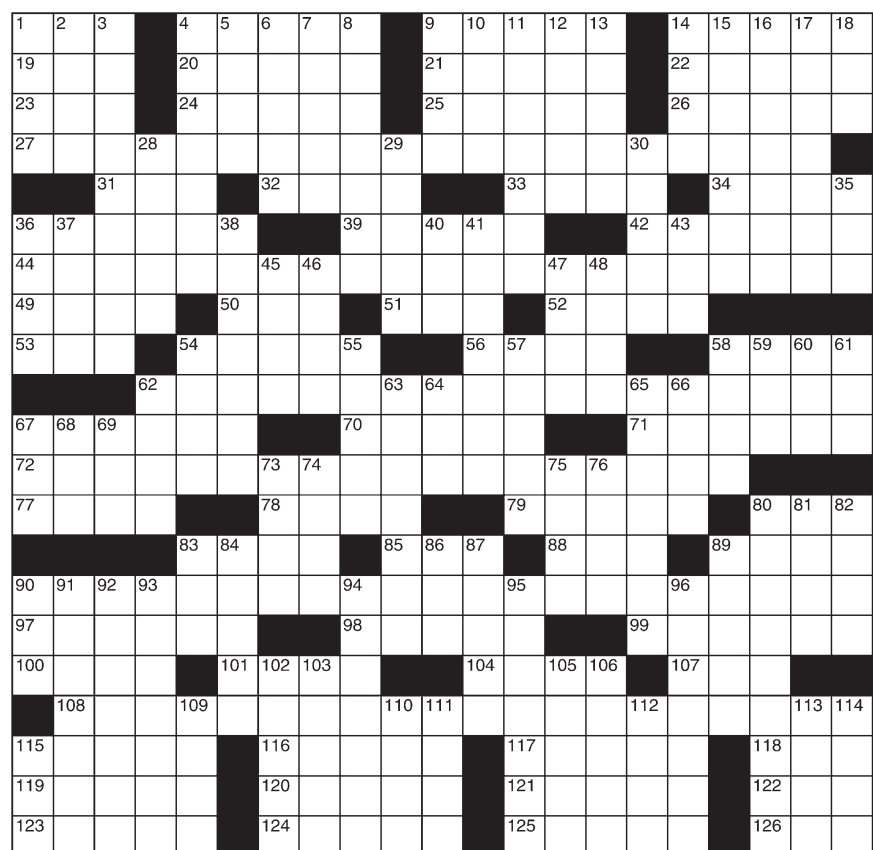
- Never allow anyone to install remote access software on your computer or to download apps on your phone.
- Never disclose your home address or agree to meet with unknown individuals to deliver cash or precious metals.
- Do not click on unsolicited pop-ups on your computer, links sent via text messages, or email links and attachments.
- Do not contact unknown telephone numbers provided in pop-ups, texts, or emails.
- Do not allow unknown individuals access to your computer.
- If anyone asks you to pay for something or to secure your money by wiring money, using crypto currency, Bitcoin, gift cards or to pay large sums of cash or buy gold, end contact with that person immediately. You are being scammed.
- Immediately talk to someone you trust.
- Never believe anyone who tells you that you will get into trouble if you tell someone else about a situation that involves your money or financial accounts.
- If you suspect that you have been the victim of fraud, report it or any suspicious activities to the FBI IC3 at [www.ic3.gov](http://www.ic3.gov) as quickly as possible and also report this to your local police agency. Be sure to include as much transaction information as possible including:
  - The name of the person or company that contacted you.
  - Methods of communication used, including websites, emails, and telephone numbers.
  - Any bank account number to which you wired funds and the recipient's name.
  - The name and location of the metal dealer company and the account to which you wired funds, if you were instructed to buy precious metals.

If you have been the victim of elder abuse, report it to Adult Protective Services: (800) 339-4661.

## Super Crossword

EMPLOYEE-CONSUMER POLICY

- |   |                                  |
|---|----------------------------------|
| <b>ACROSS</b>                               | <b>DOWN</b>                      |
| 1 P.E. place                                | 1 Luminesce                      |
| 4 Honey pies                                | 2 "You bet!"                     |
| 9 "— the time!"                             | 3 Evander Holyfield rival        |
| 14 FBI tactics                              | 4 Moistened floor wiper          |
| 19 Kauai necklace                           | 5 Nobelist Wiesel                |
| 20 Muslim's god                             | 6 Let happen                     |
| 21 Range brand                              | 7 "Wreck-It —" (Disney film)     |
| 22 Forever, in poetry                       | 8 Clinton cabineteer             |
| 23 Cask wood                                | 9 Ma's ma                        |
| 24 "Resident Evil" actress Jovovich         | 10 Sharif of Hollywood           |
| 25 Of warships                              | 11 Ripple                        |
| 26 Tribal groups                            | 12 Bowled over                   |
| 27 Start of a riddle                        | 13 Styling site                  |
| 31 Writer Wolfe                             | 14 Big lamb cut                  |
| 32 "Pow!"                                   | 15 Start of a simple request     |
| 33 Longtime NBC host Jay                    | 16 Volunteer's declaration       |
| 34 "Right back —!"                          | 17 "A pox upon thee!" updated    |
| 36 Buy                                      | 18 The "S" of GPS: Abbr.         |
| 39 German for "love"                        | 28 Not at all exciting           |
| 42 Parish leader                            | 29 Arab VIPs                     |
| 44 Riddle, part 2                           | 30 One using a lasso             |
| 49 Pressing tool                            | 35 Museum pieces                 |
| 50 "... or — gather"                        | 36 Au —                          |
| 51 Big blue body                            | 37 Gillette offering             |
| 52 Feel pain with wit                       | 38 Savior                        |
| 53 Dated                                    | 40 Manage, with "out"            |
| 54 Insufficient                             | 41 Slow cooker of a sort         |
| 56 No, in Russia                            | 43 Facade                        |
| 58 Slaughter on a diamond                   | 45 Speckled horse                |
| 62 Riddle, answer                           | 46 Diner freebie                 |
| 67 Inmate's wish                            | 47 Huntley of news               |
| 70 Voice one's approval                     | 48 Jabba the —                   |
| 71 Almost                                   | 54 Dover fish                    |
| 72 Riddle, part 4                           | 55 Ice dancing                   |
| 77 Weapon filler                            | 57 Alaska river                  |
| 78 "Eraser" actor James                     | 58 Fabergé collectibles          |
| 79 Aristocratic                             | 59 Utmost in degree              |
| 80 See 83-                                  | 60 "Well, well, well!"           |
| 83 With 80-                                 | 61 One of a D.C. 100             |
| 88 "Casual" day: Abbr.                      | 62 Chanel of fragrances          |
| 89 Having what it takes                     | 63 Wetter, weatherwise           |
| 90 End of the riddle                        | 64 Similarly defined wd.         |
| 97 Hungers                                  | 65 Gradient                      |
| 98 Some Iroquoians                          | 66 "Swoosh" shoe brand           |
| 99 Some sushi bar suppliers                 | 67 FedExCup org.                 |
| 100 Bombeck                                 | 68 Bracelet spot                 |
| 101 Mensch lead-in                          | 69 DVD- —                        |
| 104 Brand found at Petco                    | 73 "Law & Order: SVU" co-star    |
| 107 Blemish                                 | 74 "— of Eden"                   |
| 108 Riddle's answer                         | 75 Far from firm                 |
| 115 "A Lesson From Aloes" playwright Fugard | 76 "— -Ca- Dabra" (1974 hit)     |
| 116 Piano exercise                          | 80 Certain instrument inserts    |
| 117 Keats' "— a Grecian Urn"                | 81 Bloom, in Barcelona           |
| 118 Seemingly forever                       | 82 Gangbusters                   |
| 119 Diplomat Silas                          | 83 Unit of bricks                |
| 120 Old fax alternative                     | 84 Result                        |
| 121 Tooth: Prefix                           | 86 "By the way" memo abbr.       |
| 122 Tango team                              | 87 "Try to — my way ..."         |
| 123 Curving billiards shot                  | 89 Without — (perfect)           |
| 124 A Lott of politics                      | 90 Ex-zee linkup                 |
| 125 "Bullitt" director Peter                | 91 Celestial Seasonings offering |
| 126 Hem, e.g.                               | 92 Japanese motorcycles          |
|   | 93 Hot-breathed beasts           |
|   | 94 Christie sleuth Poirot        |
|   | 95 En masse                      |
|   | 96 Natives of 110-Down           |
|   | 102 Football player Favre        |
|   | 103 Perfume compound             |
|   | 105 Jason jilted her             |
|   | 106 Aroma                        |
|   | 109 Elation                      |
|   | 110 Mideastern oil port          |
|   | 111 Adjacent (to)                |
|   | 112 Table d'—                    |
|   | 113 Libertine guy                |
|   | 114 Winter fall                  |
|   | 115 USN honcho                   |



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## BOOK REVIEW by Lynn Clark

I have often mentioned that I try to vary what I read so that I am able to write reviews on different topics. This book will not appeal to everyone. Some might find it difficult to read as a parent, and others will not like the criticism of the policies of the administration at that time. So I am going to briefly summarize the content, and then you will have to decide if this is something you want to read.

*"American Mother"* - by Colum McCann with Diane Foley - non fiction

Jim Foley was a freelance American journalist that worked in Syria as a war correspondent. He was abducted in 2012 by Isis and was held captive for 2 years before he was killed in 2014. His death became national news.

In the first chapter his mother is sitting at a table in a prison with one of his abductors that is standing trial for his murder. He has requested this meeting, and Diane Foley is under no illusions that she is going to hear the "true" story of her son's imprisonment, but she agrees to meet and hear his story. She asks him one question "Did you beat my son?" He never admits to this even though she was told this by a former captive that is now free.

She spent 2 years trying to find a way to have her son released; but no matter where she turned, whether it was the government or the military, she never found any help. When a ransom was demanded she was told if she tried to raise money she would be prosecuted. Her frustration was written on every page. The only thing that kept her going was her faith and prayer.

This is her story about her son: his life and his death, and the foundation that was started in his name that keeps her moving forward. She now works to help others. Her son's remains have never been found.

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Email letter of interest to [coco@repairplumber.com](mailto:coco@repairplumber.com)

## HIDDEN MEADOWS COMMUNITY FOUNDATION

[HiddenMeadowsFoundation.org](http://HiddenMeadowsFoundation.org)

[HMCF2023@gmail.com](mailto:HMCF2023@gmail.com)

Michelle Zipse, *President*

Vickey Ciarlanti, *Vice-President*

Shannon Antekeier, *Secretary*

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Donate online: [www.HiddenMeadows.news/donate](http://www.HiddenMeadows.news/donate)

# Sunshine and Smiles: June Hidden Meadows Seller's Faire

By Michelle Zipse / Resident

On Sunday, June 9, Hidden Meadows celebrated a delightful community event, the Hidden Meadows Seller's Faire, under a beautiful sunny sky with temperatures comfortably in the 70s. June's Faire featured over 60 vendors, offering a diverse array of unique products and services. Here's a look at some of the standout participants who made the day truly special.

**B Spencer Fine Arts:** Brittany Spencer, the creative force behind B Spencer Fine Arts, showcased her exquisite alcohol ink art. Brittany, who began her artistic journey with watercolors, has since transitioned to alcohol ink on synthetic paper. Her booth featured stunning art prints, cards, and stationery that captivated visitors.

**Jack Knife Pilates:** Angie and Jackson Leahy, the founders of Jack Knife Pilates, brought fitness to the Faire. Although their primary location is on the second floor of the HomeSmart building in Hidden Meadows, their booth attracted fitness enthusiasts eager to learn about their Pilates classes. Using reformers, spine corrector machines, and Pilates chairs, they offer private and semi-private sessions. Their introductory rate is an attractive \$150 for three classes.

**L Michelle Designs:** Michelle, the artisan behind L Michelle Designs, offered a beautiful collection of handmade jewelry and aromatherapy products. Her booth was a haven of wellness, featuring lavender spa products and soothing eye pillows that drew in crowds seeking relaxation.

**The Seaside Cottage:** Sarah Thompson's Seaside Cottage presented unique embroidered jeans, each a work of art. Sarah also showcased her gouache paintings and recycled paper stationery, adding a touch of eco-friendly elegance to the Faire.

**Hidden Meadows Lavender Booth:** Trish and Scott Peterson, founders of the Hidden Meadows Lavender Booth, delighted visitors with their locally grown lavender products. They proudly grow seven varieties of English lavender, including the rare white lavender called Edelweiss.

**Jocelyn Mary Hughes Designs:** Jacquie brightened the Faire with her vibrant acrylic and watercolor artworks. Her designs bring color, joy and sparkle to the world. A staunch supporter of the Seller's Faire, she actively promotes the event on Instagram. In addition to selling her art, Jacquie offers local art classes, making her a beloved figure in our community.

**Sandy the Quilt Lady:** First-time vendor Sandy Cooper, impressed attendees with her handmade quilts, custom memory quilts, and embroidery. Her beautiful creations were a heart-warming addition to the Faire.

**Hayco Studio:** Haley from Hayco Studio showcased her handmade jewelry, a craft she has honed over five years. Her pieces are also available on Etsy, allowing Faire visitors to continue enjoying her work online.

**G4 Creations by Elena:** Elena Gutierrez's G4 Creations featured stunning succulent arrangements and cactus creations, bringing a touch of green to the event.

**Ultimate Optical Mobile Trailer:** For the first time, the Faire hosted a mobile trailer for prescription eyewear. Licensed optician Maria Garcia offered on-the-spot vision services, bringing convenience directly to the community. More information about her mobile offerings can be found at [www.ultimate-optical.com](http://www.ultimate-optical.com).

**Hidden Meadows Garden Club:** The Garden Club sold a variety of plants to raise funds for their activities. The club, comprised of neighbors passionate about plants, nature, and the environment, plays an active role in our community.

**Knife Sharpening by Dell MacCray:** Dell MacCray was kept busy throughout the event, sharpening knives and tools. His services were a hit, ensuring everyone's kitchen essentials were in top shape.

**Bake Sale and Foundation Fundraising:** The bake sale, featuring cakes, cookies, and other goodies donated by local bakers, was a resounding success. Proceeds support the Foundation's four mandates: scholarships for local high school students, neighborhood events like the Seller's Faire and the upcoming July 4th parade, beautification projects, and the Neighbors Helping Neighbors initiative.

**Upcoming Faires --** If you missed this Seller's Faire, don't worry! The next events are scheduled for September 22, October 27, and November 17. Mark your calendars and consider participating or volunteering by reaching out at [HMSellersFaire@gmail.com](mailto:HMSellersFaire@gmail.com).

For more information about what's happening in Hidden Meadows, visit our new website at [Hiddenmeadowsfoundation.org](http://Hiddenmeadowsfoundation.org). Let's continue to support our vibrant community and keep the spirit of Hidden Meadows alive!

## HELPFUL PHONE NUMBERS

911: Immediate Emergency Assistance

211: Emergency and non-emergency county information hotline

Animal Services: 619-299-7012

CAL FIRE/Fire Information hotline:  
619-590-3160

California Highway Patrol:  
858-637-3800

### Deer Springs Fire Protection District

Station 1 Headquarters: 760-749-8001

Station 2 Deer Springs: 760-741-5512

Station 3 Hidden Meadows: 760-751-0820

Burn Permits: 760-749-8001

Road Conditions/ Closures:

Cal Trans 800-427-7623 or [www.traffic.com](http://www.traffic.com)

## Answers

G	Y	M		D	E	A	R	S		N	O	W	I	S		R	A	I	D	S	
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Hidden Meadows Lavender Trish and Scott Peterson



Jacquie Hughes Designs



Hayco studio with Haley Ulle



Maria Garcia licensed optician in her mobile optical trailer

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 FIRE BREAKS  
 CHIPPING  
 TRACTOR WORK  
 CLEAN-UP/HAULING  
 FIREWOOD  
 STUMP DISPOSAL

◆ ROUGH TERRAIN - MY SPECIALTY ◆

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One of many new sections planted by the Working Wednesday Team

**Preserve / From Page 9**

The 693-acre Mountain Meadows Preserve, here in Hidden Meadows, is home to The Escondido Creek Conservancy headquarters. The office is the home base for all Conservancy staff, including those who are in the field a lot of the time taking care of nature and providing outdoor education programs for Escondido students.

This preserve was acquired in partnership with San Diego County Parks and Recreation and the Navy/Camp Pendleton. It is part of a larger effort by the conservation partners to preserve natural open spaces in the Escondido Creek watershed and North County. Escondido Creek begins in Bear Valley (east of Lake Wohlford), then travels 26 miles west emptying into the San Elijo Lagoon.



Ready for planting

Wildfire Safety



# In a Public Safety Power Shutoff, call 2-1-1 for extra support.

In peak wildfire season and high-risk conditions, power might need to be shut off in targeted areas for public safety. During a Public Safety Power Shutoff, SDG&E partners with 211 San Diego offering extra support to those who need it. Community, health and social services – including accessible transportation – are available by dialing 2-1-1. It's confidential and available 24/7.

Learn more at [211sd.org](http://211sd.org)