

# HIDDEN MEADOWS

OCTOBER 2023

NEWS

ISSUE NO. 81



HMWSG Members

## Hidden Meadows Women's Social Group September Gathering... in the Tropics!

By Michelle Zipse and EV Trivoli / Residents

Well... it was actually the backyard of Michelle Zipse's beautiful home... which looks like you're in a tropical oasis! The group got together on September 14th.

About 30 ladies came out to eat, chat, drink and socialize. Wine and margaritas were on the menu, and as always, the food was a temptation for the senses. Everyone brings something to share. Gwen Dana made a coconut cake that was delish... Amanda DeRisi made lettuce wraps that were the talk of the party. There was so much food and all of it was tasty.

Dannielle Milliken was there, and brought a guest to meet the ladies. Who knew she was a TWIN?! Their resemblance is uncanny... and now we all know what Dannielle would look like if she had short hair.

The evening was warm and beautiful and - with the days still fairly long - we were outside until after sun down.

Where will we go next? The next meet-up is Thursday October 12th at the home of Svitlana Bailey. Everyone looks forward to these events; it's a lot of fun to see current friends and neighbors, and meet new people as well.

Our social group is a very welcoming bunch. Would you like to join, and get involved? It's easy: just call or text the group coordinator Eveline Bustillos at 858-354-0600.

See you next month!



Nancy Ogrod and Valerie Spearman

## HIDDEN MEADOWS: YOU ARE AWESOME!

By Nancy Ogrod / Resident

The food drive on September 16th was great - thank you so much Hidden Meadows! Over 550 pounds of nutritious food and some monetary donations were collected in 5 hours. Val and Nancy had so much fun greeting everyone as they dropped off their donations. Interfaith was very grateful and thanks you all.

If you did not have the opportunity to come by the golf club in September, it is never too late to take food or a monetary donation by the Escondido Interfaith facility. They are located at 550 West Washington Ave., at the corner of Washington Ave. and Quince St. Thank you again for your generosity.

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### OCTOBER EVENTS

#### DEER SPRINGS FIRE SAFETY COUNCIL

National Fire Prevention Open House  
Saturday October 14 from 10am-2pm  
Lower Parking Lot at the Golf Course

#### SELLER'S FAIRE

Sunday, October 15th, 10 am - 2 pm  
Lower Parking Lot - Golf Club House

#### TRUNK OR TREAT

Saturday, October 28th, Noon - 2pm  
Lower Parking Lot at the Golf Course

# Thanks for “Bleeding your Love”, Hidden Meadows!

By EV Trivoli and Michelle Zipse / Residents

The mobile blood drive at the September 10th Seller's Faire reported 17 successful donations. Thank you! The blood bank team was very impressed with the turnout, and will be back in the Spring.

The Seller's Faire initially had 60+ vendors booked, but - with a small amount of rain and forecasted high heat - the turnout was smaller than expected. But there was still plenty going on.

As always, the Bake Sale (fundraiser for the Foundation's Scholarship Program), was a big hit! We sure have some talented bakers in our community. Bonnie's peach cakes and Patty's sweet breads were very popular, and the Cute Cake's carrot cakes were also delish. Christine Stendle of Sweet Cheeks sold some beautiful tasty creations, and someone made s'more cookies that were to die for. There were so many tasty treats, and they went fast! A Big Thank you to Linda Collins for organizing the bake sale in September!

Our vendor booths were once again varied: Dell MacGray of Blade Wright got everyone's knives and tools sharpened . . . Mountain Meadows Equine Rescue talked to guests about their non-profit and all the good work they do right here at home . . . Michelle Mihaly had a beautiful display of her handmade soaps for sale.

The Deer Springs Fire Safety Council was there. They do a great job keep us supported and informed. Volunteers talked to community members about being aware, and knowing how to stay safe here at home. Important news from them: Their National Fire Prevention Open House will be Saturday October 14 from 10am-2pm in the lower parking lot of the golf club. They'll have a fire helicopter and trucks; and plenty of info about preventing wildfires.

Did you know you can get local, organic veggies delivered to your home? YES! Farm Fresh to You was at the Faire, promoting their business. They deliver to Hidden Meadows on Thursdays... look them up!

Some of our Hidden Meadows residents had their own booths. Susan Crandall promoted her company, Three. They offer supplements that have made such a difference in her personal health and well-being. Lisa Saget, owner of "Lisa's Beading", showed off her beautiful and unique jewelry creations.

We had a surprise food truck, too! Tierra Mia showed up and sold their Mexican Tacos. They weren't scheduled to be there, but plenty of people were happy they came.

Do you know about the Assistance League? They were

FAIRE / See Page 3

## National Fire Prevention Week 2023 Deer Springs Open House and Fire Safety Event

Saturday October 14, 2023 10 a.m. - 2:00 p.m.

Meet the crews of:

- CAL FIRE Helicopter\*
- Mercy Air Helicopter\*
- CAL FIRE Dozer\*
- CAL FIRE Hand Crew\*
- Paramedic Ambulance\*

\*Subject to emergency response

Home hardening and defensible space information

Learn to Use a Fire Extinguisher



More than a dozen door prizes!

Deer Springs Fire Station 3  
10308 Meadow Glen Way East  
Hidden Meadows (Escondido)

Chat with representatives from:

- SDG&E
- San Diego Sheriff
- CAL FIRE
- SD County Community Risk Reduction



Bring the Family!

Free pizza from 11:00-1:00 (while it lasts).



Watch a Cut and Rescue Demo

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**HIDDEN MEADOWS COMMUNITY FOUNDATION**

**PRIVATE EVENTS FOR Hidden Meadows and Rim Rock Residents**

Watch for details on these upcoming events in the Hidden Meadows Local Newspaper and our Social Media sites.

These events can't happen without your help. PLEASE contact me at [vickeyciarlanti@gmail.com](mailto:vickeyciarlanti@gmail.com) to add your name to our list of volunteers or to make a donation. Donations can be made via Zelle at [HMCFFDonate@yahoo.com](mailto:HMCFFDonate@yahoo.com) or

[WWW.HiddenMeadows.news/donate](http://WWW.HiddenMeadows.news/donate)

**We need your trunk!**



Trunk or Treat • Saturday, October 28<sup>th</sup> • Noon - 2pm

Location: Lower Parking Lot at the Golf Course. We need trunks to participate in this Spooktacular Event for the kids in our Community. Please contact Vickey at [vickeyciarlanti@gmail.com](mailto:vickeyciarlanti@gmail.com) to sign up. Thank you!

Turkey Trot • Thursday, November 23, 8 am • Location: The Market at Hidden Meadows

For information contact Linda at [Linda\\_j\\_collins@sbcglobal.net](mailto:Linda_j_collins@sbcglobal.net)

Toys for Tots • Saturday, December 2<sup>nd</sup> • 9am - Noon



Location: Fire Station #3 here in the Meadows!

Kids activity Table • Visit with Santa • Door Prizes

Bring an unwrapped toy, add it to the donation box and join us for breakfast.

NEW EVENTS ARE BEING PLANNED AS WELL  
Fundraisers, Beautification Projects and  
Neighbors Helping Neighbors Program

**FAIRE / From Page 2**

on-site too, to bring awareness to their good work in Escondido and other North County towns. They would LOVE your donations of clothing, kitchen items, bed / bath linens, small electronics and home décor - so they can help people in need. The money raised goes to fund amazing, worthwhile programs like:

Scholarships and grants for high school seniors, "Operation School Bell" (helping the families of US Marines with clothing and school supplies), "Operation Duffel Bag" (supporting high school seniors experiencing housing insecurity), and "Hug-A-Bears" (to comfort children in crisis situations). Please do a "fall cleaning", and bring donations NEXT MONTH, to the October Seller's Faire; they will set up right near the entrance to collect donations of clothing, sport equipment, kitchen tools and linens, household tools and décor, musical equipment, small electronics and landscaping decor. In good working order and condition please. All goods will go to their thrift store. All proceeds stay in our area. Please clean out those closets and storage areas! They are also short on children's books - that they will be handing out starting next week for the kids that show up to get clothing at Pennies for their School Bell Project.

The next Seller's Faire is Sunday, October 15th and there will be so much going on! We'll have Electronics Recycling, so bring your unused or broken electronics. Get rid of computers and ac-

**FAIRE / See Page 11**

**HIDDEN MEADOWS NEWS**

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**SUBMIT CONTENT**

Deadline for local article submission: 20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. Email content and photos to Patricia Fox  
[LocalEditor@HiddenMeadows.news](mailto:LocalEditor@HiddenMeadows.news)

Advertising  
Joshua Sibelius  
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**Book Review  
by Lynn Clark**

"Hello Beautiful" - by Ann Napolitano

The Padavano sisters\* were bound together by family loyalty and love. It had been that way since they were young. As they grew older and their lives wandered in diverse directions, it became harder for them to hold on to what had always kept them together, but they remained close.

Things changed when William Waters entered their lives. His life had been just the opposite. He grew up in a household where there was little caring or love, and he had a difficult time finding any joy in his life.

At the age of 5 he discovered an empty basketball court and a forgotten old ball. He knew enough to try and mimic his favorite Celtic player, so every afternoon he went to the court and practiced shooting. As he got older he became better, and as he grew taller he caught the eye of the school basketball coaches. When he entered high school he was 5 ft. 8 inches. In his sophomore year he started growing, and didn't stop until he reached 6 ft. 7 inches. Basketball gave him stability, and above all success.

From there college was just a dribble away, and so was Julia Padavano. They met their freshman year, and for the first time in William's

life he was part of a family. Julia was the driving force in their relationship. She had her life all planned out, and a time frame for what she wanted to accomplish... and what she wanted William to accomplish. William willingly accepted her lead.

They married and when their child was born all of William's insecurities resurfaced. Living this new life as a husband, a father, and a provider

overwhelmed him. He started to withdraw from everything: school, his new family, friends and coaches. Then one night...he just disappeared.

\*The Padavano sisters were intended to be similar in character to the sisters in "Little Women". I didn't give you much information concerning the other sisters in this review, but their lives and interaction with each other are a very intricate part of this novel.

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# Master Gardener: To Be Or Not To Be?

By Idalia Rewar

What is a Master Gardener? What are Micro greens? What are ground cherries? What is the Hidden Meadows Garden Club (HMGC) doing in Rancho Penasquitos? Aah, I will have an answer to these very perplexing questions. It all started when 21 members of the club met at the Golf Course parking lot ready for their September event. We car-pooled to the home of Dawn Standke, a San Diego Master Gardener who invited us to visit her garden in Rancho Penasquitos. I had the honor of riding with one of our members, Bonnie Metzger, whom I have met but never had the pleasure of sitting and chatting with. Well, we did a lot of that on the way. So, it was a great drive, thank you Bonnie! Upon our arrival we went to the side entrance where we encountered a beautiful sight – a magnificent garden, which surrounded the house and swimming pool.

Dawn explained that a Master Gardener is a local resident-trained gardener who helps the community in sharing her knowledge of horticultural practices. Master Gardeners are certified after completing an extensive horticulture training course and passing a final exam. They answer questions, staff help lines, solve horticultural problems, give advice, hold plant clinics, and, in general, educate the public on home gardening issues.

Dawn proceeded to speak about micro greens. I had no idea what that was.

[Pause: Per Wikipedia: “Microgreens are vegetable greens harvested just after the cotyledon leaves have developed with one set of true leaves. (Cotyledons are not considered true leaves and are sometimes referred to as “seed leaves,” because they are actually part of the seed or embryo of the plant. The seed leaves serve to access the stored nutrients in the seed, feeding it until the true leaves develop and begin photosynthesizing.)

Micro greens are used as a visual, flavor and texture enhancement. Micro greens are used to add sweetness and spiciness to foods.”] The introduction of micro greens started in California in the 1980s and 1990s before becoming more mainstream over the past decade. Now that we have a lot of “vegans” they are very popular. Micro greens have nutritional components and are used in salads, sandwiches, and many dishes.

Dawn went on to demonstrate how to home-grow micro greens. Before we went home each of us made a micro green kit to start a micro green mini garden at home with instructions. Yeah! We then separated into 2 groups for a tour of the gardens. One group stayed to partake of yummy food – croissants, tea, coffee, and the best chocolate chip cookies ever and the other group followed Dawn. We slowly started climbing up stairs because most of the garden is on a slope and her

garden was carved in tiers with stairs, steps, and walkways to get around for tending the garden. Each tier was profusely planted with dragon fruit, sweet olive, strawberry guava, tree spinach, weeping mulberry, blueberries, different species of flowers, vegetables, etc. Geez, its like a jungle out there! It is amazing what Dawn and her husband have done with a sloped piece of land to end up with a garden so vibrant with green growth and plant life. A lot of hard work, love, and dedication is evident.

One particular plant caught my attention. It was a climbing type, non-fruiting passion plant with a very exotic gorgeous flower where lively butterflies swirled around and would fly past us in an iridescent flash of bright orange color. They were so magnificent. They seemed happy to have company. Dawn also showed us a large drum where she harvests worms – from my viewpoint it was full of dark dirt and on top she puts paper clippings to drive out fruit flies, that was interesting. No worms came

out for a peek at the tourists.

Another unusual plant were these little tiny tomatoes – these were not your usual cherry sweet tomatoes, but had a mix of berry and cherry taste to them – very unusual. They are called cherry (husk) ground tomatoes. I had never tasted nor heard of them. I loved them. She gave us each a little stalk to plant them at home. So ladies and gentlemen, you have your work cut out for you, plant, plant, plant, get healthier with micro greens so you can chase gophers. Goodness, I sure learned a lot today about different plants! And here I thought I knew everything. Surprise, surprise.

Many thanks to Dawn and her husband for the tour of their grand gardens. Thank you members for coming along to this special event on a hot day in September, and to Kim and Melisa for the tea, coffee, cookies and croissants. If you are interested in joining the Hidden Meadows Garden Club get in touch with Kim Marin at [kimgroggmarin@gmail.com](mailto:kimgroggmarin@gmail.com)

## Grand Avenue festival returns Oct. 15

The Grand Avenue Festival is returning to Downtown Escondido on Sunday, October 15 from 9 a.m.-5 p.m.

The Downtown Business Association, which sponsors the event, expects tens of thousands to be walking around downtown enjoying the festivities.

Street Closures will be on Grand Avenue from Escondido Blvd to Ivy and the side streets between Valley Parkway and 2nd Avenue from about 5 a.m. to 7 p.m.

Vendor booths will mostly be positioned along the center of Grand Avenue to allow full access and visibility to the storefronts of our vibrant downtown businesses.

The hundreds of vendors include: International Food, Hand-Crafted Gift & Imports/Retail and Art, plus Free Professional Live Music, a Beer/Wine/Spirit Garden, Art in the Garden.

## Burger Bench wins Escondido Eats People's Choice Award

By DAVID ROSS

The 3rd annual Best of Escondido Eats held Wednesday night at The Churchill House celebrated the gustatory side of a vibrant city where a good percentage of residents might be self-described as “foodies.”

The top winner was Burger Bench, on Grand Avenue, that won both Best Burger and the new People's Choice Award. But there were several other multiple winners during the evening, which was cool for a change.

The classic lines of The Churchill House provided the venue for this year's event, which was highlighted by the fact that over 11,000 votes were cast, with an average

of 500 votes per category. There were 20 categories.

The evening's master of ceremonies was Chris Cochran, marketing director for the Greater Escondido Chamber of Commerce. He told the story of Escondido Eats, which arose during the dark days of COVID as a way to help Escondido's struggling food and beverage industry to stay afloat. The City of Escondido reached out to the Chamber, and the Chamber responded.

It began as a calendar program but soon grew to be much larger. The Chamber took it to the next level by creating a Facebook group that has grown in that short time to over 16,800 members with

**ESCO EATS / See Page 9**

AS THE SAVING GOES ...

### Super Crossword

<p><b>ACROSS</b></p> <p>1 Capital of Bosnia and Herzegovina</p> <p>9 Super deals</p> <p>15 Stage backdrop</p> <p>20 Aired in installments</p> <p>21 Martial arts instructor</p> <p>22 City near Dallas</p> <p>23 Focus applied when covering a surface with concrete?</p> <p>25 Styx setting</p> <p>26 Ill, to Italians</p> <p>27 Jai —</p> <p>28 Solo in sci-fi</p> <p>29 Hanker for</p> <p>30 Prefix for tax or charge</p> <p>32 College between two hills?</p> <p>36 Suggest</p> <p>39 Puts forward as fact</p> <p>40 Bakery decorator</p> <p>41 Try to be like</p> <p>43 “Pinball Wizard” band</p> <p>46 Shrek is one</p> <p>50 Great review of George Washington?</p>	<p>53 Scandianavian king's lubricant?</p> <p>56 Certain iPad</p> <p>57 German coin</p> <p>58 Harvest yield</p> <p>60 Crooner Vic</p> <p>61 Tailor, e.g.</p> <p>63 Cut, as a 58-Across</p> <p>65 Hitler Gehrig</p> <p>66 Cause trouble to</p> <p>67 Question to an animal doc at an amusement park?</p> <p>71 Star, e.g.</p> <p>73 “Illmatic” rapper</p> <p>74 Drop-leaf table</p> <p>75 Chief city of the Ruhr</p> <p>78 Butlers</p> <p>80 Ruby and scarlet</p> <p>81 See 31-Down</p> <p>83 Crooner Perry</p> <p>84 Caesar's hail to a mariner?</p> <p>86 Buck that's toiling away?</p> <p>88 Enumeration</p> <p>89 Loafer liner</p> <p>92 Grand Slam tennis events</p>	<p>93 Completely engrossed</p> <p>96 President before Bush</p> <p>99 — lance (pit viper variety)</p> <p>100 Seamstress who was Adam's mate?</p> <p>105 Downed</p> <p>106 Italian cry at a dinner table</p> <p>107 Canon — (camera line)</p> <p>108 Caspian Sea feeder</p> <p>110 “Attack, mutt!”</p> <p>113 Not as young</p> <p>114 Tennis great Rod who keeps everyone safe?</p> <p>119 Pixar figures</p> <p>120 “In this way”</p> <p>121 1970s-90s carrier to Lima</p> <p>122 Collagist Max</p> <p>123 Positive responses</p> <p>124 Eased up on</p>	<p>4 “— already said ...”</p> <p>5 Actor Voight</p> <p>6 First name of Poe</p> <p>7 Perfumery bottle</p> <p>8 6x9-inch book size</p> <p>9 One-eighty from NNW</p> <p>10 “X” amount</p> <p>11 Psych up</p> <p>12 Like a Thai</p> <p>13 Tea on TV</p> <p>14 Moral error</p> <p>15 Ball</p> <p>16 School unit</p> <p>17 Arm bones</p> <p>18 Nonreactive</p> <p>19 Amble along</p> <p>24 Aunts, in Baja</p> <p>29 Month after Nov.</p> <p>30 More briny</p> <p>31 With 81-Across, Beehive State NCAA team</p> <p>33 Lo-fat</p> <p>34 Suffix of ordinals</p> <p>35 Cello forerunner</p> <p>36 “Byzantium” actress Arterton</p> <p>37 AOL letter (equal to)</p> <p>38 Hip-hop DJ's equipment</p> <p>39 Scrutinizes</p>	<p>42 — kwon do (martial art)</p> <p>44 Carpenter's adhesive</p> <p>45 Clued in</p> <p>47 Is a little too proud of</p> <p>48 Queen in a sari</p> <p>49 Stunt master Knievell</p> <p>51 Boot part</p> <p>52 Sailors, say</p> <p>54 Take too much of, for short</p> <p>55 Member of an early-1900s art movement</p> <p>58 Debt memos</p> <p>59 Director Clair</p> <p>62 “— -Cop” (1988 film)</p> <p>64 Commercial on the tube</p> <p>65 Olympic sled course</p> <p>68 “How — to know?”</p> <p>69 Celebration</p> <p>70 Jailbreaker</p> <p>71 Indy path</p> <p>72 Shankar on the sitar</p> <p>76 Edit, as text</p> <p>77 Scandianavian</p> <p>79 Hormones in some replacement therapies</p>	<p>80 Harry Potter pal Weasley</p> <p>82 Draft inits.</p> <p>85 Its cap. is Vilnius</p> <p>86 Kaput</p> <p>87 Toss high up</p> <p>90 Brother of Iphigenia</p> <p>91 Director Ang</p> <p>94 Something novel</p> <p>95 Sch. org.</p> <p>97 Supply that's too abundant</p> <p>98 Operating skyward</p> <p>100 Theatricalize</p> <p>101 Courage</p> <p>102 Finish with</p> <p>103 Weird</p> <p>104 Out-of-the-way corners</p> <p>105 Bygone Olds</p> <p>109 Bygone Chevy</p> <p>110 Swedish film shooter Nykvist</p> <p>111 French noun suffix</p> <p>112 Gunky stuff</p> <p>114 Use skillfully</p> <p>115 Ending for Brooklyn</p> <p>116 Abbr. in trig</p> <p>117 Part of L.A.</p> <p>118 Lemur cousin</p>
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Linda Collins

# Escondido Creek Conservancy Donor Highlight

By Escondido Creek Conservancy

Each year, the Escondido Creek Conservancy highlights a donor or supporter in their Annual Report. The following is the highlight article on Linda Collins from the 2022 Annual Report.

Linda Collins is the type of person who is not afraid to get their hands dirty. She entered the Conservancy's orbit in 2022 and hit the ground running, making an immediate impact in every project she's been part of.

Linda started as a volunteer for the Seed the Future campaign to help raise funds for our outdoor education programs. Over time, her passion for this campaign quickly drew in others, and soon, the Seed committee grew with new faces and new ideas. In addition to being a volunteer, Linda has become a donor.

An avid home gardener and member of the Hidden Meadows Garden Club, Linda strives to make her surroundings better than she found them. The

Boulder Outlook yard was once a weed-infested mess. However, that quickly changed once Linda and her team of volunteers took action to help begin the transformation to a fire-safe native landscape.

She also loves getting others into nature! Thanks to Linda, the number of volunteers at our monthly Shrub Club have grown and she's also introduced several new volunteers to our native plant nursery.

"It has been fulfilling to work with others who care about nature and want to help to preserve this wonderful area where we live. I've learned a lot and met wonderful, likeminded, hard-working people who love playing in the dirt ... like me!" - Linda Collins.

Linda and the wonderful residents of the Hidden Meadows community have embraced the Conservancy's mission with a passion and zeal that inspires our staff. We are appreciative and thankful for her commitment to the Conservancy and the planet. Join Linda in becoming a supporter of the Conservancy by contacting:

information@escondidocreek.org.

## Fall into Fashion

By Sherry Horton / Resident

The Escondido Education Foundation and The Assistance League of Inland North County are sponsoring "Fall into Fashion", their annual Fashion Show and Tea on Saturday, October 7, from 2 to 4:30 pm at the Trinity Episcopal Church Parish Hall, 845 Chestnut St., Escondido. Funds raised will benefit the Escondido Union School District and the Assistance league Philanthropic

Programs. There will be beverages, sandwiches and desserts, gift drawings and opportunities to buy fashions.

Hidden Meadows residents, Susan Sciacca, Sherry Horton, Linda Kennedy, Cheryl Dailey, Pia Courser, Pat Bunting and Chris Dailey are members of The League and report that it feels so good to make a compassionate difference in helping to transform the lives of many.

Assistance League activities include the Assistance League Thrift Store E. Valley Parkway in Escondido

Operation School Bell: With the help of Kohls and J.C. Penneys, we provide new clothing and shoes for local children in need. We are also a little

short on children's books - that we will be handing out starting next week for the kids that show up to get clothing at Pennies for our School Bell Project.

Ready..Set..Read!!!: Adult volunteers read one-on-one to children in local schools.

Operation Backpacks: We provide backpacks containing essentials to foster and homeless teens graduating from high school, and now going out on their own.

Kids Cozy Corner: We provide children waiting in the emergency room at Palomar Hospital items to entertain and comfort them, plus knitted items for newborns.

Project Seniors: We provide seniors and the homeless personal items, food, blankets and holiday gifts.

For further information, please visit our website at:

AssistanceLeague.org > inland-north-county

For further information on Fall into Fashion, please visit this website:

https://escondidoeducation.org/event-directory/

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\$500,000	\$153,718	\$0	\$622,669	.02
\$1,000,000	\$400,128	\$0	\$1,245,339	.02
\$2,000,000	\$1,000,961	\$0	\$2,490,678	.09

The above example is a simplification. It does not take into account factors such as compound interest, fees and costs of investments, changes in your income or in tax rates from year to year, performance of the stocks you invest in, or your personal/corporate tax situation

Estate Planning • Asset Protection • Medi-Cal Qualifying • Charitable Gifting

The IRS allows you to hold on to your income taxes instead of paying them to the federal government. You are allowed to use those unpaid taxes to generate additional income for yourself while the feds agree to not collect those unpaid taxes.

The income you earn from those unpaid taxes grows **tax-free**, and, when disbursed to you, are generally taxed at less than 10%. Often, the disbursement is taxed at only 3-4%.

As with all things permitted by the tax code, there are hoops to jump through and pitfalls if you don't follow the law.

MY NAME IS MICHAEL BUSTILLOS. I am an attorney with over thirty years of experience in Estate Planning and Asset Protection.

I live down the street from you, here in Hidden Meadows.



**Luis Michael Bustillos**  
Attorney and Counselor-at-Law  
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& SAT, NOV. 11<sup>TH</sup> @ 4 P.M.



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The tennis group of Hidden Meadows celebrating the end of the Tournament organizer Katy Freeze lower middle left and party hostess Michelle Zipse lower right

## Hidden Meadows Tennis Tournament

By Ev Trivoli and Michelle Zipse / Residents

Our Hidden Meadows tennis group held their annual tournament in August and early September. A great turnout - over 30 players! The groups were mixed doubles, women's doubles and men's doubles. Heavy competition in each of the categories but ultimately the winners were:

Women's Finals: Kellie Osbey and Sabrina Zimmerman beat Katy Freese and Lynn Allen 6-2, 6-3 (Katy had way too many unforced errors. Thanks for counting them, Aaron L!)

Mixed Finals: Tracy Bilhorn and Tony Ong beat Kellie Osbey and Joey Sorrentino 6-2, 6-4

Men's Finals: Aaron L and Tony Ong won when Thi Nguyen (of Olivier/Thi) had to stop playing in the third set. (4-6, 7-5, 2-3) The game was so exciting and close that Joey Sorrentino stepped in to finish the third set for Thi. Since Olivier Toupet ended up winning more games than any other player, he also received a trophy.

This tournament was so much fun; and plans are being made for the next tournament. The tennis group is a fun, exciting and dynamic group of people

who like to get together - play a little tennis - and sometimes party.

Do you play? If you'd like to join the group and play weekly, contact Katy Freese at [clarkfreese@gmail.com](mailto:clarkfreese@gmail.com)

Katy's the backbone of the tennis group in Hidden Meadows. Not only does she plan the tournaments and weekly play, but she is always looking to get more people involved. She is all about identifying issues with the courts, and keeping the area ideal for playing tennis.

A big thank you to Katy for all she does - keeping this group the fun organization it is!



Men's doubles winners: Tony Ong and Olivia. Not pictured Aaron L



Mixed doubles winners Tony Ong and Tracy Bilhorn



Ladies Doubles winners Sabrina and Kellie Osbey



Photo taken Friday, September 15 at the Valley Center/Cole Grade intersection in Valley Center.

## Beware of scammers: "We don't need no stinking article"

You may have seen them at intersections across Escondido, but about Friday at 5 p.m. they were asking drivers along Valley Center Road at the Cole Grade intersection for donations.

Their claim: They need to raise funds for an ill child. The Hidden Meadows News stopped by and asked a couple questions of the man on the street in the photo. First we were told the little girl pictured on the posters was his niece.

We asked what her name was, he then had to look at the sign he was holding before he could answer. We then asked if she was local, as we would love to visit and do a story on her - his response: "She lives in Romania."

We asked if she has a local family - his response: "No family and we don't need an article on us since we're flying to Romania in two days to bring her this money."

As we were questioning the man, a brand new black Nissan Rogue SUV quickly drove up and the driver gave a threatening stare, watching our every move until we drove away. Be aware and please don't fall for their scams.

Update: After the paper questioned them, they all left the intersection abruptly. It's likely they'll return.



SCAMMERS / See Page 10

## E-WASTE & DOCUMENT SHREDDING EVENT

9am-12pm • Saturday, October 14  
Valley Center Elementary School

28751 Cole Grade Road, Valley Center

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How can we find out what the value of our current home is?

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**MARKET TRENDS**  
Average Days on Market: 42

You can simply scan Simona's QR code from this page of the Hidden Meadows News and you will receive from 1 to 3 estimates within seconds!

That sounds so easy! Let's try it now!

**MARKET TRENDS**  
Average Sold vs List Price: 98%

SCAN ME

# What is happening in HIDDEN MEADOWS

## Market Report OCTOBER | 2023

► Address    ► BD/BA/SF    ► Listing/Selling Price

ACTIVE		
Meadow Oak Lane	3/2.5/2,443	\$919,000
Cielo Vista	5/5.5/3,912	\$1,699,000
PENDING		
Meadow Mesa Drive	4/6/4,728	\$1,588,000
SOLD		
9704 Indian Creek Way	4/2.5/ 2,790	\$935,000
28396 Meadow Mesa Lane	3/3.5/ 2,893	\$1,260,000
28572 Meadow Mesa Lane	4/5.5/ 3,738	\$1,420,000

**PENDING**

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For more information, contact the Valley Center Municipal Water District at 760-735-4500

# The Lunch Ladies of HMWSG at Bamboo House Chinese Restaurant

By Pat Tanabe / Resident

The August Hidden Meadows Womens Social Group lunch was held at Bamboo House Chinese Restaurant (320 N Midway Dr. Ste B Escondido, CA 92027, (760) 480-9550) located in eastern Escondido. This family-owned restaurant has been in business for 41 years! We noticed our hostess/waitress greeting regulars and commenting on the last time they had been in. Our hostess was extremely accommodating when we needed to have more space for our party and moved us to a larger table. She also graciously handled our requests for separate checks and for more cool air (by having one of our taller guests – Linda Collins, pull the fan chain) as it was over 90° F outside!

The menu is expansive (not expensive) and includes luncheon specials, Cantonese & Mandarin Family Dinners, and Party Platters in addition to the usual Chinese fare (sweet and sour pork, beef and broccoli, egg fu young, etc.). Most of us ordered the luncheon combination plates which included egg drop soup, an egg roll, fried wontons, fried rice and sauteed noodles. You can specify your level of spiciness for those dishes marked with a chili pepper. A bowl of fried noodles with mustard, sweet/sour and chili sauces preceded our meals. The portions were large so many of us



brought leftovers home. The prices for the luncheon combination plate and entrees were very reasonable and the staff was very attentive.

As always, it was a lovely lunch with new and old friends discovering a new (to us) restaurant in Escondido. I've now been living in Hidden Meadows

for just over a year and have met so many wonderful people through the HMSWG. I have been welcomed into Hidden Meadows and made to feel at home!

HMWSG is a great way to meet new friends or catch up with old friends! HMWSG has many other fun social

activities in addition to the Monthly Lunches. If you're interested in joining, please email:

HMWSG92026@gmail.com.

*Pictured: Lunching at the Bamboo House Chinese Restaurant*

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**Estimated Closure 8:30pm**

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**www.VCHalloween.org**



## OPINION

# Immigration failures

By JIM DESMOND

For the past four days, we have witnessed an unprecedented influx of migrants from all corners of the world being dropped off at transit stations throughout San Diego County.

At the time of writing this, over 5,000 individuals have entered our region, and the numbers show no sign of slowing down. Our immigration system appears non-existent, and people from far and wide are capitalizing on the federal government's apparent ineptness.

Let me be clear: this situation is neither humane nor compassionate. My heart aches for these individuals who are seeking a better life. Most of them do not speak English and lack the resources to reach their intended destinations. Yet, they are simply dropped and left in our County. This is a failure by the federal government.

We already face a severe homelessness problem, and dropping thousands of individuals onto our streets will only exacerbate this issue. The federal government should fund and operate temporary shelters or housing on federal properties and facilitate the processing of individuals to their final destinations rather than releasing them onto our streets and transit centers. Until they can responsibly manage this situation, they should not allow further entry into our region. We cannot have a country without a border.

This is also a result of state and local politicians offering legal protection and taxpayer-funded benefits, which only encourage this situation to persist. Both sides of the aisle have failed to come up with a reasonable immigration policy and now the County of San Diego is forced to take on their problems.

I will continue looking for solutions to help those in our County and work to fix our broken immigration system. I will keep you updated.

*Jim Desmond is a member of the San Diego County Board of Supervisors. He represents the 5th District, which includes Escondido, Valley Center, Pauma Valley, Palomar Mountain and much of the Backcountry.*

Ed, Tony, and Mike.



## Folk Music in Escondido

By Dennis Tomlinson

The Hidden Valley Community Concert Association of Escondido is presenting a concert of classic folk songs from the 60's on Sunday, October 8, 2023 at 2 pm, at the First Congregational Church, 1800 North Broadway, Escondido.

Back by popular demand...Tony, Ed, and Mike will be performing all your favorites....Tom Dooley, If I Had a Hammer, They Call the Wind Maria, Four Strong Winds, and many more. Come enjoy an afternoon of great music, humor and a few sing-a-longs with a reception following the concert at the First Congregational Church.

### ESCO EATS / From Page 4

more than 25,000 weekly comments. Escondido Eats program earned the 2022 Excellence in North County Economic Development award from the San Diego North Economic Development Council.

It is expected to grow by another 20,000 next year.

Cochran added, "It took off because people love food!"

Escondido Eats gets 25,000 engagements each month. "People vote like crazy for Best Taco (1,300 votes) and 1,300 for Best Bar," said Cochran.

He noted that Gloriani Weiss of the Chamber monitors the posts and often goes out to take photos of the restaurants being nominated. The staff at the Chamber are the beneficiaries since she frequently brings in samples from the new eateries. But she makes sure to photo the food first. "The camera eats before we do," said Cochran.

The winners are as follows:

**Best Asian:** Panya Thai Kitchen, which has won this prize for three years in a row.

**Best Bakery:** Delight of France won Best Bakery, for the second time in a row.

**Best Bar:** North Bar on El Norte Parkway near Centre City Parkway won 1,500 votes. It was also a two time winner. Cochran highlighted the late owner Mike Bickle and said that his business supports a lot of local breweries. His family members came up to accept the award and said, "This is for him!"

**Best Breakfast:** Also went to Delight of France. Alberta Agyan, one of the owners, said "It's very humbling because we have so many restaurants in town."

**Best Coffee:** The Blue Mug Coffee & Tea won this honor for the 3rd time. Dor, one of the owners thanked "everyone who helped me during COVID."

**Best Chicken:** was a new category this year. The award went to Chicken

Lisa's and Your Mexican Favorites (555 West Country Club Lane), which has been in business for 17 years. "We love this community and our loyal customers," said Alicia, from Chicken Lisa's.

**Best Donuts:** Went to (surprise!) Petersen's Donut Corner on Escondido Boulevard. This is the second time for the bakery, where, even at midnight, lines often stretch across the parking lot.

**Best Frozen Treat:** Esco Gelato on Kalmia & 2nd Street was a three-time winner in this category.

**Best Hamburger:** Burger Bench, which has been in business for eight years, won the coveted best burger award. "We wouldn't be who we are without the team behind us," said Gen. Mgr. Aly Jeffery.

**Best Italian:** Filippi's Pizza Grotto won for the 3rd year. Tiffany DePhilippis told the group, "We've been around for 25 years!"

**Best Mediterranean:** Ali Baba Mediterranean Cuisine took the honor.

**Best Mexican:** Mi Guadalajara took the honor for the first time from Cocina del Charro, which won last year.

**Best Pizza:** This award also went to the longtime favorite Filippi's Pizza Grotto, which reclaimed the honor from Killer Pizza From Mars, last year's winner.

**Best Sandwich:** Longtime favorite Agrusa's won for the third time. This sandwich shop has been in operation in Escondido for 50 years, said Cochran.

**Best Seafood:** The winner was Four Tunas Fish & Bar (601 N Broadway Suite D), which has won three years running. Vanessa, representing the restaurant, said the most popular dish is the Spicy shrimp. "Escondido has really embraced our family," she said. "We wouldn't be anything without our customers."

**Best Sushi:** Mikko Sushi on Grand Avenue won the honors third year in a row. The business opened four years

ago. The owner said the best-selling item is the Escondido Roll, which they sell 1,000 of every month. The roll consists of krab, cucumber, avocado, shrimp tempura, tuna, salmon, green onion, masago, spicy mayo and eel sauce.

**Best Taco:** For the second year this award went to Frida's on Valley Parkway, a business Cochran praised for being "so giving to the community." He added, "They knock it out of the park." He noted that the restaurant has the distinction—if it can be called that—of having been hit by cars twice since it opened. Gracy and Robert Ayala told the group, "Thank you to the community. You really know how to motivate us!"

Cochran added that the Best Taco category, "is highly contested!"

**Best Salad:** Fresh N Go. The new salad restaurant on 2nd Avenue is a big hit with healthy diners.

**Best Winery:** Cordiano Winery (15732 Highland Valley Rd.) was

praised for its "amazing views." This was the winery's second win.

**People's Choice:** Burger Bench. It's obvious that Burger Bench is a popular venue. It's crowded every night. Cochran noted that anyone can nominate a restaurant for this category, which was added this year.

At the end of the evening Cochran gave a plug for the next big Chamber-sponsored event, "Community in Unity," which will happen on Thursday, December 7 under the dome at City Hall. "Last year we raised \$4,000 in pajama donations," he said.

He added that new categories have been added this year to Escondido Eats: Best new business, super fresh and best salad.

Greater Escondido Chamber CEO James Rowten ended the evening by commenting: "The restaurant industry is such an important industry and it's vital to Escondido. We are proud of this!"



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**SCAMMERS / From Page 6**

We asked Sheriff's Lt. Aaron Meleen what the law is about such interactions. He told The HMN, "We encourage the public not to engage with solicitors who are running into traffic, as there are inherent dangers created by this type of activity, not only to the solicitors, but to other drivers and pedestrians in the area as well."

He added, "To answer your question about the legality of soliciting money, it would fall under the 647(c) section of the California Penal Code, which prohibits this type of activity. The Sheriff's Department encourages the public to ensure they have done their research prior to donating money to any organization."

In March of this year, we came across individuals at the intersection of Valley Parkway and Ash. At the time, readers continued to contact the paper inquiring on the female who a group of men are "raising funds for funeral expenses" at popular intersections in town.

They ask for cash, Venmo, cash app, etc. The paper stopped by to inquire and was provided multiple versions of this woman's alleged passing. The first person questioned stated she passed "last Wednesday". We inquired who would know the details for a possible story and was referred to the man pictured, her "Tio" (uncle). When questioned he said he's not related and doesn't know her, but a "family friend". We asked how she passed and was told a DUI in National City "two weeks ago". When we informed him we were with the newspaper, he quickly walked away and refused to speak further ignoring additional questions. When inquiring with a nearby EPD officer, we were told, "they usually rotate around town and usually false". The paper contacted National City PD who stated they have no DUI fatalities with the name printed on their signs in their system. We later checked with Escondido Police Department and was told, "We have an ordinance in the city and use the vehicle code to deal with all solicitors with signs. We will issue citations to anyone soliciting in a median or near a freeway on and off ramp."

**HIDDEN MEADOWS  
COMMUNITY FOUNDATION**

**HMCF2023@gmail.com**

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Donate online: [www.HiddenMeadows.news/donate](http://www.HiddenMeadows.news/donate)

**HELPFUL PHONE NUMBERS**

911: Immediate Emergency Assistance

211: Emergency and non-emergency county information hotline

Animal Services: 619-299-7012

CAL FIRE/Fire Information hotline: 619-590-3160

California Highway Patrol: 858-637-3800

**Deer Springs Fire Protection District**  
 Station 1 Headquarters: 760-749-8001  
 Station 2 Deer Springs: 760-741-5512  
 Station 3 Hidden Meadows: 760-751-0820  
 Burn Permits: 760-749-8001

Road Conditions/ Closures:  
 Cal Trans 800-427-7623 or [www.traffic.com](http://www.traffic.com)

# Hidden Meadows Community Resources and Organizations

- Community Emergency Response Team (CERT)**  
 Contact Marc Weissman at 760-525-5170 or [marcweissman11@gmail.com](mailto:marcweissman11@gmail.com).
- Community Sponsor Group**  
 Contact Chairman Jim Chagala, at 760 751-2691 for more information.
- Hidden Meadows Neighborhood Watch**  
 Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.  
 Contact Info: Erik Tyler 442-235-9060 [erikdtyler@gmail.com](mailto:erikdtyler@gmail.com)
- Deer Springs Fire Safe Council**  
 Contact Steve Kerrin at 760-807-1141.
- Emergency Communication System**  
 To register, visit [www.deerspringsfiresafecouncil.com](http://www.deerspringsfiresafecouncil.com).  
 An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.
- |   |              |
|---|--------------|
| Homeowners Associations                     |              |
| The Meadows Homes Association (MHA)         | 760-749-7278 |
| Rimrock Homeowners Association              | 760-749-4008 |
| Hidden Meadows Ranch Homeowners Association | 760-407-7575 |
| Silverado Management Services               |              |
| Oak Meadows Glen Homeowners Association     | 760-749-4796 |
- Organizations**
- Garden Club**  
 Contact Frances Munk at [francesmunk17@gmail.com](mailto:francesmunk17@gmail.com)
- Hidden Meadows Bridge Group**  
 We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM.  
 Please call Curt Bruce at 442-222-0821 if you'd like to join us.
- Hidden Meadows Community Foundation (HMCF)**  
 Contact Michele Zipse at [HMCF2023@gmail.com](mailto:HMCF2023@gmail.com).
- Ladies Bible Study**  
 Contact Debbie Hamer at 760-297-1278 or Sue Shepard at 760-213-0325
- Tennis Club**  
 Contact Katy Freeze at 760-749-9722 or [clarkfreese@gmail.com](mailto:clarkfreese@gmail.com).
- Women's Golf Club**  
 Contact Ellen at 760-749-1190
- Women's Social Group**  
 email to [hmwsg92026@gmail.com](mailto:hmwsg92026@gmail.com).
- Yoga**  
 Contact Joanne Boessow at 760-751-0261 or [mljab33@cox.net](mailto:mljab33@cox.net) for more information.

**Super Crossword**

**Answers**

S	A	R	A	J	E	V	O		S	T	E	A	L	S		S	C	R	I	M		
E	P	I	S	O	D	I	C		S	E	N	S	E	I		P	L	A	N	O		
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E	R	N	S	T			Y	E	S	S	E	S			L	O	O	S	E	N	E	D

**FAIRE / From Page 3**

cessories, TVs, monitors, printers, mobile devices, gaming consoles and that never-ending pile of wires, cables and adaptors (admit it, you don't know what they go to anyway!).

There will be a Spooktacular Bake Sale; the last one of the year. Come buy some goodies and support the Foundation. Get those knives sharpened in time for holiday cooking at the Blade Wright booth.

And, bring your canine friends too... the theme next month is "Doggie Days". A photographer will be there to capture the cuteness of you and your pup. Don't miss the chance to dress up your doggie in a Halloween Costume (they LOVE that...) and enter the Pet Costume Contest. Prizes will be awarded, so dress to impress!

As you might guess it takes a village of volunteers to put on these events; would you like to help? We'd love to hear from you. Please email: [HMSellersFaire@gmail.com](mailto:HMSellersFaire@gmail.com) We're also on socials! Please follow us: [hmsellersfaire@facebook.com](mailto:hmsellersfaire@facebook.com) or [hmsellersfaire@instagram.com](mailto:hmsellersfaire@instagram.com).

Thanks for reading, and we'll see you next month!



Michelle Zipse, Julie Brooks, Vicky Ciarlanti and Donna working the bake sale



Karen Birch selling her Color Street nail products at the Faire



Lisa Saget and her husband of Lisa's Beads



Dell MacGray sharpening knives at the Faire



**FAIRE / See Page 12**  
for more photos

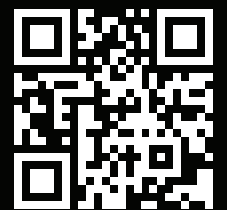


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- ♥ "I had a heart attack. Dr. Moussavian came to my rescue and saved my life." - *Cameron*
- ♥ "My son had some chest discomfort. We brought him to CVISD and Dr. Moussavian and his team were amazing, very professional. They made us feel calm and safe." - *Sergio*
- ♥ "I like the service that I get at this office. They are always very friendly and attentive." - *Arturo*

**SAN MARCOS OFFICE:** 955 Boardwalk #100 • San Marcos, CA 92078  
**ESCONDIDO OFFICE:** 488 E Valley Pkwy #107 • Escondido, CA 92025

FAIRE / From Page 11



Marc Weissman, Paul and Steve Kerrin of the Deer Springs Fire Safe Council teaching about wildlife safety at the Faire



(above) Diane Heath, Leigh Goley, Linda Collins, Vickey Ciarlanti and Pat Tanabe volunteering at the Faire (below) Susan Crandall and her husband selling their "Three" supplements.



Pat Tanabe and Vickey Ciarlanti pointing out the Tierra Mia tacos

GROVE/BRUSH REMOVAL  
 FIRE BREAKS  
 CHIPPING  
 TRACTOR WORK  
 CLEAN-UP/HAULING  
 FIREWOOD  
 STUMP DISPOSAL

◆ ROUGH TERRAIN - MY SPECIALTY ◆

PAUL 760-749-2372

**SIDEYARD PUBLIC HOUSE**

MONDAY BAR 4:00 - 9:00 PM  
 ROTATING CHEF'S CHOICE MENU  
 MONDAY NIGHT FOOTBALL

TUESDAY BAR 11:00 - 10:00 PM  
 KITCHEN CLOSES 8:45 PM  
 TACO TUESDAY - STARTS 5:00 PM  
 SPECIAL CHEF'S MENU FOR REST OF NIGHT

WEDNESDAY BAR 11:00 - 10:00 PM  
 KITCHEN CLOSES 8:45 PM  
 WINE WEDNESDAY - STARTS 5:00 PM  
 LIVE MUSIC - STARTS 6:00 PM

THURSDAY BAR 11:00 - 10:00 PM  
 KITCHEN CLOSES 8:45 PM  
 THURSDAY NIGHT FOOTBALL 5:20 PM  
 LIVE TRIVIA - STARTS 6:30 PM

FRIDAY BAR 11:00 - 11:00 PM  
 KITCHEN CLOSES 9:00 PM  
 FRIDAY NIGHT SPOTLIGHT - STARTS 6:00 PM  
 FRESH CEVICHE EVERY FRI

SATURDAY BAR 11:00 - 11:00 PM  
 KITCHEN CLOSES 9:00 PM  
 LIVE MUSIC - STARTS 6:00 PM

SUNDAY BAR 10:00 - 9:00 PM  
 KITCHEN CLOSES 8:00 PM  
 NFL SUNDAY TICKET X REDZONE  
 BRUNCH - SERVED 11:00 - 2:00 PM  
 BOTTOMLESS MIMOSAS  
 SUNDAY WINE SPECIAL

COMING OCT 2023

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**ARE YOU READY FOR SOME FOOTBALL**

Side Yard will open on Mondays from 4-9 For Monday Night Football!

Our Chef has prepared a delicious special menu for Monday Nights. The Grill and Smoker will be busy! Beer and Wine specials! Watch the game on one of 10 TV's, hang with friends and enjoy delicious Food & Drinks!

**EXCITING NEWS**

For those of you who have been watching our kitchen expansion, our equipment has arrived and is being installed in the next few weeks! Our new menu will follow! Cheers!

Now offering Doordash Delivery ALL DAY EVERY DAY at SideYard