

HIDDEN MEADOWS

JULY 2023

NEWS

ISSUE NO. 79



HMCF Volunteer/Donor Appreciation Night Luau

By Tom Fragala / Resident

The Hidden Meadows Community Foundation Donor/Volunteer Appreciation Luau was Wednesday, June 14th from 6 to 10 pm at Sideyard.

It was a super fun night. It exceeded my already high expectations! There appeared to be at least 50 attendees. We filled up the entire back area of Sideyard.

Vickey Carlianti organized the evening to thank the foundation's donors and volunteers. What a fantastic idea to have a unique, fun social event! Thank you, Vickey!

Michelle Zipse, HMCF President, helped emcee the event with Vickey.

Hidden Meadows' own Carly Harris was the star of the evening. She is a talented professional dancer specializing in Polynesian dance styles, including Hawaiian,

Tahitian, and New Zealand.

Carly demonstrated all three of these genres and changed her dance attire for each. She performed traditional dances herself, of course. She also called up several "volunteers" to teach them how to do some basic moves. I was pulled up in front of everyone for the Hawaiian dance (thanks to everyone who yelled my name lol). It was a blast!

Music was provided by DJ Nick Ruiz with Jason Hall.

Sideyard provided a fantastic spread of delicious food. There was a huge amount of fresh fruit, Hawaiian-style pulled pork, coleslaw, Hawaiian pizza, and more. We also had a custom-decorated cake thanking the volunteers. The Sideyard had Shari and Jake Petric there with the friendly Natalia and Michelle keeping things running smoothly.

LUAU / See Page 2



Axel Rivera receiving his award

Senior Scholarship Stars

By Michelle Zipse and EM Trivoli / Residents

The Hidden Meadows Scholarship Recipients for 2023 are an amazing and accomplished group. They've faced the chal-

lenges of going to high school in a pandemic, and have managed to thrive.

On May 17 - a lovely night at The Sideyard - six Hidden Meadows resident-students were celebrated and awarded schol-



Michelle Zipse, Bonnie Metzger, Kathryn Henke, Javier Davila, Olivia Spivey, Curran Jergensen, Vickey Ciarlanti, Lynn Wheeler and Kyle Lappe

arships from the Hidden Meadows Community Foundation. Shari and Alex Petric set up a private area for our event and allowed us to use their PA during

live music breaks.

Let's learn a little more about each

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LUAU / From Page 1

Another highlight of the event, which was Vicky's idea, was recognizing three local brothers who had received scholarships from the HMCF. Axel,

Anthony and Angel Rivera. Thank you to our donors and volunteers! More great events coming this year. Please consider a donation to the

HMCF. They organize and host many of the events you see in this paper. A lot of wonderful people donate their time, but they need funds as well. Go to *HiddenMeadows.News* and there is a

donate button in the upper right corner of the web page. All photos are found on my Linktree page: linktr.ee/thetomsocial



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Escondido Creek Conservancy Celebrates 32 Years

By Linda Collins / Resident

The Conservancy's official founding day is June 19, 1991. That makes the Conservancy thirty-two years old this year, barely middle aged and just catching its stride. Thanks to a small group of visionary Elfin Forest neighbors—Steve Barker, Martha Blane and Leonard Wittwer—the Conservancy was formed and has thrived ever since.

“You know it was a lot of work, but it was definitely a passion,” said Martha Blane, the Conservancy's founding president. “Nothing was going to stop me from trying.”

Three plus decades later, the Conservancy has helped preserve over 7,000 acres of now-protected land and now manages 3,000 acres of native wildlife habitat, including the Keithley Preserve in Elfin Forest. The Conservancy has also educated thousands of youth and adults every year since its founding.

The mission of the Conservancy is to Preserve and Restore the Escondido Creek Watershed. With 26 miles of creek and an incredible diversity of geography, including urban, rural and semi-rural areas, fulfilling the mission is no small task. To do so, the Conservancy works extensively with hundreds of supporters and volunteers and key partners to accomplish its conservation goals, partners such

as the Olivenhain Municipal Water District, Camp Pendleton, SDG&E, the Friends of Daley Ranch, Palomar Audubon Society and San Diego County Parks and Recreation.

The 693-acre Mountain Meadows Preserve, here in Hidden Meadows, is home to The Escondido Creek Conservancy's headquarters. This preserve was acquired in partnership with San Diego County Parks and Recreation and the Navy/Camp Pendleton.

The Conservancy is staffed lightly for a very big job, protecting 3,000 acres throughout the Escondido Creek watershed and annually providing outdoor education programs to thousands of children and adults. The office will be the home base for all Conservancy staff, including those who are in the field a lot of the time taking care of nature and providing outdoor education programs for Escondido students.

Volunteers are always needed for a variety of tasks. In particular, the Working Wednesday Weed Team organized by Linda Collins, performs clearing, planting, seed collecting and performs minor repairs on outlying structures on the Mountain Meadows Preserve. If you are interested in volunteering, contact Linda at linda_J_collins@sbcglobal.net.

Impersonator scam -- who's really on the phone?

By DISTRICT ATTORNEY SUMMER STEPHAN

As tax season ends, it's the perfect time to remind the public that if you get a call from the "IRS" saying you owe money and you need to pay immediately using cryptocurrency, a gift card or some other unusual form of payment, this is a scam.

Even if your caller ID says IRS or any other legitimate sounding government agency, know that career scammers use technology to make any number they want appear on a caller ID. No government agency will call, text or reach out via social media and threaten to arrest you if you do not pay. In addition, cryptocurrency, gift cards or a wire transfer service are never forms of payment with government agencies, so you should see requests like this as a red flag.

Impersonation scams were the top reported scam in 2022 according to data released by the Federal Trade Commission (FTC), which reports that it received more than 700,000 reports about impersonation scams, many of them involving the loss of money.

Here are tips on how to avoid being scammed by an impersonator:

- Do not provide your social security number or banking information to any caller, even if the caller ID shows IRS, Social Security or another known government agency.
- If you get one of these calls, hang up and call the IRS or government office yourself to verify.
- Scammers use technology to make any number they want appear on a caller ID.
- Many calls cannot be traced because they originate overseas.
- If you get a call saying someone you know is in jail and needs bail money, verify this is actually the case by contacting the person that the caller claims is in jail and their immediate family members.
- If the caller tells you not to tell anyone about your conversation, hang up. It is a scam.
- Never pay anyone who insists you pay with cryptocurrency, a wire transfer service like Western Union or MoneyGram, or a gift card – this is a typical method that scammers use to bilk you.
- Never click on links in unexpected emails or text messages including those that claim to be your Apple, Netflix, Amazon, or any other account, and do not give remote access to your computer to anyone who contacts you unexpectedly.

One of the most important things you can do to prevent yourself or a loved one from becoming a victim of a financial scam is to never provide your personal or financial information to anyone you don't know or trust. This is especially true when it comes to getting cold calls on your phone. There are so many fraudsters who make a living off of scamming people, so the best defense is to prevent the crime by not falling for their tricks in the first place.

As your District Attorney, I'm committed to increasing communication and accessibility between the DA's Office and the public in order to keep you safe. I hope these consumer and public safety tips have been helpful.

The DA's Consumer Protection Unit is composed of Deputy District Attorneys, Investigators and Paralegals dedicated to protecting consumers and law-abiding businesses from fraudulent or unfair business practices. To report a consumer complaint, you can call (619) 531-3507 or email consumer@sdca.org.

Affordable homeowners' insurance?

By MARIE WALDRON, 75th Assembly District

As Vice Chair of the Assembly Emergency Management Committee, I participated in a Joint Informational Hearing with the Assembly Insurance Committee on June 14.

Discussions involved the current crisis facing the state's insurance industry, specifically related to wildfires and the usefulness of Catastrophe Modeling to assess risks for homeowners. Catastrophe modeling is a combination of modeling catastrophe footprint on exposures and linking them to insurance and reinsurance business activities. The process uses computer-assisted calculations to estimate the losses that could be sustained due to a catastrophic event, such as a wildfire or earthquake. This technique can be useful in creating pricing and underwriting plans that recognize mitigation measures for individual properties, reducing premium increases and cancellations.

In addition to Assembly committee members, participants included representatives from California Office of Emergency Services (OES), representatives from the California Department of Insurance (CDI), the Acting State Fire Marshal, Cal-FIRE, along with experts on Catastrophe

Modeling, who were front and center at the hearing.

This is one of the most consequential issues facing California, especially in our fire-prone region here in San Diego County. Increased understanding of conditions that produce destructive wildfires need to be included in risk assessment. Modeling techniques similar to those used locally by SDG&E that accurately predict conditions likely to produce wildfires in any 24 hour period, should be implemented statewide.

Many constituents have contacted my office about ongoing insurance horror stories, including cancellations (my insurance has been cancelled multiple times – I've been on the Fair Plan twice), and rate increases in the thousands of dollars – including increases for many HOAs. Some constituents reported their communities have not experienced a wildfire in over 50 years. Their neighborhoods were never identified as Very High Fire Risk Severity Zones until recently, but now they are. Why? What has changed?

Following announcement of the Committee's June 14 hearing, CDI announced a public workshop on July 7 to explore insurers' use of risk assessment tools, including Catastrophe Modeling.

Without changes, the housing market will crash, and so will our economy. The status-quo is not an option.

Assemblymember Marie Waldron, R- Valley Center, represents the 75th Assembly District in the California Legislature, which includes the cities of Poway, Santee, portions of the City of San Diego, and most of rural eastern and northern San Diego County.

Super Crossword

HORROR STORIES

<p>ACROSS</p> <p>1 Flight board figs.</p> <p>5 Entrap</p> <p>10 Entrap</p> <p>16 Lays flat in the ring</p> <p>19 Diamond with many hits</p> <p>20 Suffers defeat</p> <p>21 "Recovery" rapper</p> <p>22 Gardner of film</p> <p>23 Women's suffrage leader</p> <p>26 Kept out of sight</p> <p>27 Spherical body</p> <p>28 Swing back and forth</p> <p>29 Bonzo, e.g.</p> <p>30 Grappled, rural-style</p> <p>32 Journal keeper</p> <p>34 Kind of deodorant</p> <p>37 Helper</p> <p>38 Nobody — business</p> <p>39 Actress who played Marcia in "The Brady Bunch Movie"</p>	<p>43 Like some red hair</p> <p>44 "— it is!"</p> <p>45 Core military groups</p> <p>46 — jongg (tile game)</p> <p>48 Force (upon)</p> <p>51 Glucose, to fructose</p> <p>55 "We can only do this as a pair"</p> <p>62 Bullring shout</p> <p>63 Fender, fan belt or fuel line</p> <p>64 Rice — (boxed food mix)</p> <p>65 Savory spreads</p> <p>67 Pianist Gilels</p> <p>68 Measure of national economic health</p> <p>73 In — (within a living organism)</p> <p>74 Tower of —</p> <p>76 Acting parts</p> <p>77 More brutal</p> <p>79 — mode</p> <p>80 It might include light therapy</p> <p>85 Alternative to frozen yogurt</p> <p>87 De-knot</p>	<p>88 Passing vote</p> <p>89 Composer Glass</p> <p>93 Some frozen waffles</p> <p>95 Little-seen</p> <p>99 Three-point buzzer</p> <p>104 River in Italy</p> <p>105 Baseball's Hershiser</p> <p>106 Singer Tony</p> <p>107 Call before the court</p> <p>109 Most dismal</p> <p>112 CBS hit with two spin-offs</p> <p>113 Jai — (relative of handball)</p> <p>114 In — time</p> <p>115 U.S. "Uncle"</p> <p>116 Their titles are found at the starts of 23-, 39-, 55-, 68-, 80- and 99-Across</p> <p>121 Feasted on</p> <p>122 Clandestine</p> <p>123 Nunavut native</p> <p>124 As blind as —</p> <p>125 Get bronze</p> <p>126 See 60-Down</p> <p>127 Fill in for</p> <p>128 Amateur</p>	<p>DOWN</p> <p>1 Made cryptic</p> <p>2 With crying</p> <p>3 Home of military craft</p> <p>4 Camera type, in brief</p> <p>5 Oodles</p> <p>6 Ruling from a plate umpire</p> <p>7 Washed-out</p> <p>8 Mens — (criminal intent, in law)</p> <p>9 Mind-reading skill</p> <p>10 Infusion vessel</p> <p>11 More than a little forgetful</p> <p>12 Actor Cage, to pals</p> <p>13 Made knotty</p> <p>14 "— Smile Be Your Umbrella"</p> <p>15 Rescue crew VIPs</p> <p>16 "The Prophet" author — Gibran</p> <p>17 Spanish city</p> <p>18 Less happy</p> <p>24 Cow-horned deity</p> <p>25 Earth's neighbor</p> <p>31 Authority</p>	<p>33 State tree of Rhode Island</p> <p>34 What "—>" is</p> <p>35 Letters sung by kids</p> <p>36 Stop — dime</p> <p>40 Hold to test the weight of</p> <p>41 H.S. math</p> <p>42 Fable penner</p> <p>44 Heat: Prefix</p> <p>47 Abbr. on an FBI poster</p> <p>49 Emulates a homebody</p> <p>50 Spelling of "Scream 2"</p> <p>52 Not fixed in one place</p> <p>53 Late morning hour</p> <p>54 Getaway site</p> <p>55 Cooling pack</p> <p>56 "Hot" dish</p> <p>57 Clan-related</p> <p>58 Mixes up</p> <p>59 Whole bunch</p> <p>60 With 126-Across, et cetera</p> <p>61 Brother's daughter</p> <p>66 Rosary prayer</p> <p>69 Upper Midwest's — Canals</p> <p>70 State tree of North Dakota</p> <p>71 Contact lens care brand</p>	<p>72 "ER" pictures</p> <p>75 Ballerina-like</p> <p>78 Onetime</p> <p>Arapaho foe</p> <p>81 Dark film</p> <p>82 SALT I topic</p> <p>83 Close-fitting</p> <p>84 — Park (part of Queens)</p> <p>86 Pertain</p> <p>90 Clinical scientist, for short</p> <p>91 Mineral suffix</p> <p>92 Penny — (stingy sort)</p> <p>94 Earache, formally</p> <p>96 Comply with</p> <p>97 Habitual</p> <p>98 Mexico's Zedillo</p> <p>99 Filled in for a pooch owner</p> <p>100 Print goofs</p> <p>101 Sailors</p> <p>102 First stages</p> <p>103 No, to Klaus</p> <p>104 Set of three</p> <p>108 Spouts off</p> <p>110 Petrol brand</p> <p>111 Dele undoer</p> <p>113 "... some kind of —?"</p> <p>117 — -K</p> <p>118 Sorento and Soul maker</p> <p>119 U.S. "Ltd."</p> <p>120 Brewpub tub</p>
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LocalEditor@HiddenMeadows.news

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Joshua Sibelius
Advertising@HiddenMeadows.news

STARS / From Page 1

of these exceptional kids and their accomplishments. They have bright futures ahead!

CURRAN JURGENSEN ~ Curran was born in Escondido and has lived in Hidden Meadows since the age of 3 with his brother Stone, Dad (Randy), Mom (Mary) and 2 Chesapeake Bay Retrievers. As a young boy, he enjoyed playing baseball and soccer, riding motorcycles in the desert, and camping at the beach. He attended Reidy Creek Elementary and Woodland Park Middle School, and graduates soon from Mission Hills High School in San Marcos. He played competitive club soccer, and also discovered passions for the ocean, surfing and skateboarding. The COVID lockdown gave Curran and his Dad time to restore a blue 1975 VW Bus ... you've probably seen him (or been behind him) going up or down the hill. He's spent the last 3 summers teaching locals and tourists how to surf. Curran plans to go to California State University Long Beach this Fall to pursue a Bachelor of Science in Marine Biology/ Environmental Ecology and Policy. Sounds like a great plan, Curran!

AXEL RIVERA ~ Axel is an Honor Roll Senior at Orange Glen High School (maintaining a 3.86 or higher GPA), and has lived in Hidden Meadows since first grade. He is the ASB Vice President and the Cru Club President. An accomplished athlete, he is a 4th year varsity basketball player

(and Co-MVP) and also Captain of the Football team (last year's MVP). He volunteers with his church and works two jobs: one with the County of San Diego Parks and Recreation Department, and the other at In-N-Out. Axel has committed to UCSD where he plans to earn a Bachelors Degree in International Business. He'd also like to participate in a study-abroad in a Latin country; to become more fluent in Spanish and connect with his roots. After that, his next goal is to get a Master's in Business Administration at the Rady School of Management.

Above all, he wants to achieve excellence, find success in business, and make a positive contribution to his community. He's got a lot to be proud of!

OLIVIA SPIVEY ~ Olivia is a Senior graduating from San Pasqual High School with a 3.93 GPA, has been involved as the Club Treasurer of FCA (Fellowship of Christian Athletes), and serves in multiple parts of ministry at New Vintage Church. She heads off to Pepperdine University in the fall, as a Biology Major on a Pre-Health track. Olivia's looking forward to connecting with the students and professors on campus. She's always been driven to care for (and about) people, and plans to go to nursing school after college. Her natural traits of kindness, empathy, compassion and concern should set her up for success.

Knowing the right path is sure to pay off for you, Olivia!

KYLE LAPPE ~ Kyle graduates from Classical Academy High School, and will be a freshman at San Diego State University this fall. He plans on earning his bachelor's degree in Mechanical Engineering with a Minor in Finance. Kyle's hoping the financial knowledge will help him better understand the cost-planning involved in engineering projects.

Kyle has worked at both The Market at Hidden Meadows and the Side Yard since 2021; likely you've seen him around! Through these jobs, he's helped out with Foundation events like the Fire Station Open House, Scholarship Fundraiser, and Easter Egg Hunt. He played varsity soccer for three years, and won MVP and Offensive Player of the Year.

Kyle's excited to stay in the San Diego area, enjoying our temperate weather, and spending a lot of time outside. That's a nice break from academics for sure. Congrats to you, Kyle!

KATHRYN HENKE ~ Kathryn grew up in Hidden Meadows, is a High School Senior from Classical Academy in Escondido, and understands that academic growth can't be measured by books alone. She, like others, experienced big challenges in school during the pandemic, but found ways to make adjustments (like changing schools) and rise above it to find her fit.

She's helped out with local events including Fourth of July and Trunk-or-Treat and was active in clubs such as Caiman Corps Marching Band, Computer Science Honor Society, and

Cougar Ambassadors. Kathryn and her family are moving to Wisconsin soon and she'll be attending the University of Wisconsin Milwaukee in the fall. All the best to you, Kathryn!

JAVIER DAVILA ~ Javier aspires to work in Criminal Justice with a focus on law, and will be attending Hawai'i Pacific University to pursue his studies in this area. He feels drawn to Criminal Justice since he can pick up on information that others miss, and then write about it effectively. Growing up, Javier found success in Taekwondo (earning a black belt in 9th grade) and participated in Ride Across America at just 11 years old, from Carlsbad to Yuma. He's volunteered in our local community; both with the Food Bank and participating in community trash pick-ups. Javier feels that studying Criminal Justice will allow him to give back and make a positive impact on the world. Way to go and aloha, Javier!

Please join us in congratulating these deserving Hidden Meadows students. Stand outs like them show us that it is possible to balance student life, academics, activities, community service and part-time jobs. We look forward to seeing how they change the world.

These scholarships are made possible by generous donations from Hidden Meadows residents, to the Hidden Meadows Community Foundation.

Thank you, Hidden Meadows.

BOOK REVIEW - By Lynn Clark

Do you ever wonder about all the information tech companies are compiling and storing about you and your family? Are you on Facebook? Are your children on TikTok? Has social media taken over your life? Do you wonder who is gathering the information about you or your family, and if they are selling it? I guess the bigger question is do you know the company that is buying the information?

"Code 6" - written by James Grippando - fiction

Kate Gamble comes from a very wealthy family. Her father is a CEO of a large data-integrating tech company. He provides data to the security branches of the western world. Her mother suffers from depression and is an alcoholic.

Kate's dream is to become a successful playwright, and have her work accepted by a famous director for a Broadway play. She has hidden from her father the script she has been working on for several years. It reveals the other side of data gathering: the darker side. Her big chance comes when she attends a workshop given by a famous director named Irving Bass. She barely gets three words out of her mouth when Bass verbally shreds her play to pieces. She leaves the stage in tears, and throws her script in the trash.

Just when you think things couldn't get any worse for Kate, her father's company comes under investigation by the DOJ and the Cybercrimes Unit. Then her mother commits suicide and leaves a cryptic note saying, "She did it for Kate". Things get more complicated when a key employee in her father's company is abducted and a ransom is demanded.

The book takes an unusual twist here when Irving Bass calls Kate in with an offer she can't resist. If she rewrites the play to his satisfaction, he will produce it. The play becomes an intricate part of this plot even though it takes place in a different time period. A place and time in history when an invention might have led to one of the darkest times in human history.

The author skillfully weaves everything together, and for further background information I recommend you google Herman Hollerith (1860-1929). Then look up "IBM and the Holocaust" by Edwin Black. I feel that looking up these two items was the most shocking part of reading this book.

Law Office of Diane Haisha-DeForest



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Melisa Mitchell with materials for creating kokedamas



Yasuko Tavangari, Kim Marin, Melisa Mitchell with finished kokedamas

Hidden Meadows Garden Club: Kokedama

By Idalia Rewar

Ohayo – Good Morning. The Hidden Meadows Garden Club members were treated to something special – Kokedama at Kim and Rich Marin’s beautiful home. Yasuko Tavangari was instrumental in treating us to this new Japanese learning experience. To emphasize the Japanese culture Melisa Mitchell, Yasuko Tavangari and Kim Marin wore traditional Japanese kimonos with the beautiful obi sashes around their waists.

I had never heard of Kokedama but pretty soon we all were very much into it. We paid a small fee for materials, and were told to bring gloves, an apron, a

big button shirt, and a creative mind. Oh my goodness, it looks like this is going to be real dirty. All present gathered around Melisa Mitchell who gave us a lecture and demonstration with clear instructions how to do Kokedama which is the Japanese form of bonsai that involves growing a plant in a moss/dirt ball wrapped with string.

The workshop was held outdoors (on the driveway) which had already been set up by the host and helpers with the materials needed – an assortment of plants, peat moss, water, thin and heavy string, scissors, a rag, and special dirt to partake in this exotic venture. So there we were, back in kindergarten, putting our little paws in dirt and going at it and

no mama to yell at us.

You start by getting the soil in a small bucket, add water, and squeeze the water out, mold into a ball, wrap it in sheet of peat moss to create a self-sustaining ball, keep adding a bit of water and soil to make it more pliable and squeeze, squeeze. Make a hole in the middle and insert your plant and cover the roots with soil and moss on top. On a rag, put dry moss and then the ball on top, spray a little water, and fill with moss

all around, squeeze, smooth it out, then wrap rag around it, squeeze – keep it round. Remove the ball from the rag and take thin cotton string leaving room for a tail and wrap the string around ball and then tie the string to the tail, then wrap the thicker string around the ball and do the same. And voila, a beautiful potless plant to show off to your family and friends. That’s it folks, easy as drinking a cup of Japanese green tea.

KOKEDAMA / See Page 11

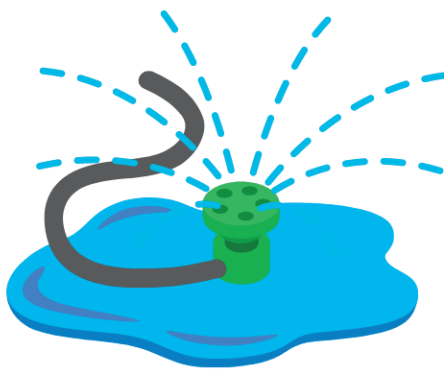
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VALLEY CENTER Municipal Water District





Sellers Faire brings fun for the frugal

By Tom Fragala / Resident

The Hidden Meadows Sellers Faire

arrived again on Sunday June 4th from 10 am – 2 pm at the lower parking lot at the golf course.

This private event was hosted by the Hidden Meadows Community Foundation Hidden Meadows and Rim Rock Residents. There were 62 sellers and over 350 people attended!

There were so many tables and people to see, I didn't have time to talk to everyone! I can be a bit of a chatterbox!

I saw Dazzle and Dream Designs which is Susan Long and her mom Therese Long. They sell jewelry, fairy sticks, sun catchers.

Then I stopped by Parris Originals run by Parris and Shannon Toyzan. They do woodworking and fused glass.

Another table was Sally Rincon of Sew Originals with her crocheted items - hats, hot plate pads, aprons and more.

Ivy Johnson was there selling various personal items to raise funds for the Humane Society.

Joanne Anglin brought her lampshades, jewelry, yard art and sun catchers.

Adora Alzaye was there with her unique sprinkle art, resin earrings, and more. She has her art in a gallery at the El Cajon County Association.

Ken's Custom stone bracelets, air plants, and most of all, pens. He crafts and carves hand-made one-of-a-kind

pens. I bought one last year for my nephew. The pens are made from real antlers, wood, and acrylic. Wood comes from all over including bodark hardwood trees in Arkansas. Attending were Ken and Inge Oxford.

Rich Erwin was there with his GT-Ice cold wrap products which he invented. They are for all types of injuries and pain and designed to keep at a temperature that is cold but not overly cold, so the wrap can stay on longer.

I enjoyed meeting Debbie Newton of Blue Butterfly Crafts. She had all handmade jewelry and necklaces, both sterling silver and gold plated.

Perhaps my favorite seller was the incredible painter, Andrew Annenberg. His oil paintings were remarkable. He is a self-taught painter which makes his story even more special. He had several paintings on display, including a large stunning landscape. He is widely known and admired for his work. He is also friendly and a joy to talk to.

A unique seller was Alec Roach of Lilac Valley Farms. They are local growers with a constant supply of seasonal flowers. They had dahlias, snapdragons, gladiolas, sweet peas and many more.

REDUCE YOUR TAXES BY UP TO 100%

Taxable Income	Customary Taxes	The Taxes You Are Required to Pay	Money Earned on The Unpaid Taxes Over 20 Years	Tax Rate You Pay on the Money You Saved Over 20 Years
\$500,000	\$153,718	\$0	\$622,669	.02
\$1,000,000	\$400,128	\$0	\$1,245,339	.02
\$2,000,000	\$1,000,961	\$0	\$2,490,678	.09

The above example is a simplification. It does not take into account factors such as compound interest, fees and costs of investments, changes in your income or in tax rates from year to year, performance of the stocks you invest in, or your personal/corporate tax situation

Estate Planning • Asset Protection • Medi-Cal Qualifying • Charitable Gifting

The IRS allows you to hold on to your income taxes instead of paying them to the federal government. You are allowed to use those unpaid taxes to generate additional income for yourself while the feds agree to not collect those unpaid taxes.

The income you earn from those unpaid taxes grows **tax-free**, and, when disbursed to you, are generally taxed at less than 10%. Often, the disbursement is taxed at only 3-4%.

As with all things permitted by the tax code, there are hoops to jump through and pitfalls if you don't follow the law.

MY NAME IS MICHAEL BUSTILLOS. I am an attorney with over thirty years of experience in Estate Planning and Asset Protection.

I live down the street from you, here in Hidden Meadows.



Luis Michael Bustillos
 Attorney and Counselor-at-Law
 Call me at 760-705-6062,
 or email me at
Michael@LMBustillos.com
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I also met Loreece Chisolm of Beyond Bodie offering sensitive skin-care and aromatherapy products.

I enjoyed stopping by T&C Baskets, Terry and Court Willaughby. They originally started their business with

palm tree baskets and branched out to also offer semi-precious stone bracelets such as purple tourmaline and tiger's eye. Also air plants and tropical plants.

I met the super busy Dell MacGray of Blade Wright, the knife sharpener,

Mountain Meadow Equine Rescue had a table to raise interest in their non-profit, attended to by Mike & Lisa Saget and Lynn Wheeler.

There was also a food truck which I didn't have time to try!

All photos are found on my Linktree page: linktr.ee/thetomsocial

You can donate to Hidden Meadows Community Foundation via Zelle at HMCFFDonate@Yahoo.com.

SIDEYARD PUBLIC HOUSE

Chill.

SIDEYARD PUBLIC HOUSE

Executive Chef Chris Stone

SIDEYARD PUBLIC HOUSE IS GROWING

We couldn't be more excited to announce the expansion of Side Yard.

Along with a New kitchen and added dining space, Side Yard is proud to welcome Executive Chef Chris Stone.

Chef Chris is dedicated to enticing and entertaining your taste buds! You won't be disappointed! He will be creating mouthwatering specials to complement our stellar cast of new menu items.

Our commitment to our fellow "foodies" goes beyond just our menu. We've created a comfortable, casual, non-pretentious feel to our restaurant. A real neighborhood spot with a casual, down to earth, high-five your neighbor vibe with amazing food.

MENU SNEAK PEEK –

Steak Au Poivre – New York Strip Steak with Crushed Peppercorn, Cognac Cream Sauce, Yukon Gold and Gruyere Gratin – Grilled Jumbo Asparagus.

Tuna-mi – Togarashi Blackened Seared Ahi, Wakame Seaweed Salad, Kabayaki, Wasabi Aioli, Fried Onions & Peppers, Crispy Wonton Strips, Furikake.

Kung Pao Pow Cauliflower – Roasted Cauliflower Florets in Our Kung Pao Pow Sauce. Red Bell Pepper, Poblano, Forged Garlic Scapes, Serracha Peanuts, Habanero Dream Drizzle, Scallions, Crispy Wontons Strips, Cucumber Namasu on the Side.

Shrimp Tacos – Wild Caught Patagonian Shrimp, Fresh Corn Tortillas, Creamy Diabla Sauce with four Cheeses. Roasted Corn,, IPA Slaw, Pickled Red Onion, Cremer Fraiche, Micro Cilantro. Served With Chips and Salsa.



A great lunch with the ladies

By Susan Crandall / Resident

Good friends and good food turn a normal day into a fun party. That's what the monthly lunches are for the Hidden Meadows Women's Lunch group. Each month the group meets at a different restaurant. Often, it is one of the many restaurants in Escondido which are new to us.

That makes every lunch both an adventure and a discovery. We have found several new and delicious places to eat.

The month of May was no exception. The group met at Los Charros Mexican Restaurant at 915 E. Valley Parkway. The restaurant has a full menu of all the traditional Mexican food favorites. Many of the ladies had Carne Asada ei-

ther as a Carne Asada Plate with rice and beans or as a Salad with Carne Asada and Guacamole. The Carne Asada was very tender and mouth-watering good! All of us enjoyed the Chips and Salsa that are served to every table.

Since we were there around noon, the restaurant was abuzz with soft talk and laughter. It was a very comfortable environment.

If you enjoy trying new eateries and would like to meet more neighbors, come join us at our monthly lunches. The luncheons are part of the Hidden Meadows Women's Social Group. For information, please email HMWSG92026@gmail.com. See you next month!



City to host July 4 fireworks

The City of Escondido will be hosting its annual fireworks show, on Tuesday, July 4 at 9 p.m. The fireworks can be viewed from anywhere in downtown Escondido, including Grape Day Park.

Prior to the fireworks show, the California Center for the Arts will be hosting their Annual Independence Day Celebration starting at 5 p.m. There will be live music, activities for children, and food merchants. The event is free to attend.

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*Please Join Us For
 Hidden Meadows Community Foundation's
 4th of July Parade/ Event*

*For Hidden Meadows and Rim Rock Residents ONLY
 Tuesday, July 4th ~ 10 am – 1pm*

To volunteer for this popular event, please Contact
 Vickey Ciarlanti at 760-751-4226 or Vickeyciarlanti@gmail.com

FUN...FUN...FUN FOR ALL!

Parade, Kids Activities, DJ Niklas Ruiz, Goodie Bags,



Hula Hoop Contest, Patriotic Contest and much more.

Our National Anthem will be Performed by our Hidden Meadows Resident Ev Trivoli.

Thank you to our local businesses for your support and donations for this event.

The Market, The Restaurant at the Golf Course and The Deli will have delicious breakfast items to enjoy before our event.

Location: Lower Parking Lot at the Golf Course

The Girl Who Sleeps Outside

By Tom Fragala / Resident

"Sometimes even to live is an act of courage."

— Seneca

This story is about a woman I know who lives not too far from Hidden Meadows. Her name is changed to protect her identity.

One of Bree's earliest memories is of her mother hoping she would die. When Bree was around four years old, her mother shoved a penny in Bree's mouth and told her to inhale it.

Today Bree is forty and strikingly beautiful, with long hair and lively brown eyes. She is intelligent and hard-working. Her high cheekbones and strong chin conceal the torment she has suffered.

She once told me that her mother's eyes were terrifying because they were lifeless and dead.

Bree doesn't know her father. Her mother had a string of boyfriends come and go. Unfortunately, she does remember one of those boyfriends: a violent man who brutally slapped a young Bree until her eyes rolled around in her head. Once, while Bree lay on the floor semi-conscious, she could hear her mother and this man discussing what they would do with her body if she didn't survive.

She also recalls her mother encouraging young Bree to walk on the railroad tracks. That way any "accident" would not be her mother's fault.

There were many times between the ages of eight and fourteen that Bree's mother would kick her out of the house at night, telling her to sleep outside. Bree was forced to find someplace that was as safe and warm as possible, abandoned by the one person who should have tucked her into bed at night.

For several years, Bree and her siblings were raised by their grandmother and great-grandmother. Because her caregivers were elderly and Bree was the oldest sibling, she took on much of the responsibility of raising the others. There was no time for Bree to have a normal childhood.

In her teenage years, her great-grandmother died, and her grandmother had to go into a nursing home. To avoid foster care, she started sleeping at a friend's house. Her friend's mom, once she eventually realized something was wrong, sat Bree down and said, "Tell me everything, or I'm going to the police." Bree explained her situation. The mom took mercy on her and said, "You can stay here for a while, but you have to go to

school and get a job."

The family helped her get her birth certificate and social security card since Bree's mom refused to give them to her. Later Bree paid rent to live in their house.

Eventually, Bree had a job and was ready to live independently. She got a small apartment, lying about her age on the application. As a high schooler on her own, her apartment was the place to be! She had a constant stream of friends hanging out and partying.

At age nineteen, Bree walked into a bar and asked for a job. She had cleverly removed her bra beforehand. The owner, a cantankerous older woman, was skeptical about hiring Bree. However, when the regular patrons, all men, saw the gorgeous teenager, they enthusiastically endorsed her, demanding that she be hired. The owner knew a good thing when she saw it, and hired Bree on the spot without asking for her ID. So, Bree, under the drinking age, was soon tending bar and raking in huge tips. (In California at the time, you couldn't be a bartender if you were under the age of 21.)

Bree used the money from working at this bar (and others) to pay her way through nursing school. As a newly minted RN, she worked in an emergency room. However, after less than a year in the ER, Bree had to leave because the daily stream of abuse victims was too much to bear. They reminded her too much of her own childhood.

She met a man around this time. They fell in love and moved in together. Nearly twice her age, he was strong-willed, successful, and full of life. Alas, he also had a drug habit. While partying on vacation with his friends, he died of a heart attack. Bree, now twenty-seven, was left alone with their one-year-old son.

Today, Bree is a successful executive, earning a substantial income while raising her son. In her business life, she is competent and confident. In her personal life, she suffers from some anxiety, although she manages it well.

Bree has one distinctive trait. She cannot sustain eye contact for long. I'm not sure if it is just with me or everyone. Whenever I try, she covers her eyes or looks away.

Bree has a seemingly limitless reservoir of strength and energy. She has overcome impossible odds, unfathomable abuse, and heartbreak. Her ability to persevere through these unimaginable hardships is a testament to her courage.

I wonder if the little girl who sleeps outside is still in there.

San Onofre power plant

By JIM DESMOND

The importance of removing spent nuclear fuel cannot be overstated. The safe and responsible management of this hazardous material is paramount for protecting public health, the environment, and future generations. Spent nuclear fuel is safely being stored at San Onofre Nuclear Generating Station (SONGS), but that is not a permanent solution.

Over the past four and a half years, I have served as the County of San Diego representative on the San Onofre Nuclear Generating Station (SONGS) Community Engagement Panel. This quarterly meeting has been instrumental in informing the public about the dismantlement process of the generating station and the onsite storage of spent nuclear fuel. Recognizing the importance of finding a long-term solution, I was appointed co-chair of the Spent Fuel Solutions (SFS) working group two years ago. The SFS comprises stakeholders, including local governments, elected officials, utilities, environmental groups, labor leaders, Native American leaders, and business organizations, all committed to relocating spent nuclear fuel to a federally licensed facility away from our coastline.

The ultimate goal of SFS is to advocate for off-site storage and permanent disposal options for spent nuclear fuel at SONGS and other nuclear sites throughout the state and country. I'm happy to report

that we have made significant progress.

Last Friday, my office met with the United States Secretary of Energy, Jennifer Granholm, who announced \$26 million in community engagement funding to find a consolidated interim storage (CIS) facility for spent nuclear fuel. Consent-based siting was emphasized, drawing inspiration from successful models in other countries. Progress has been made with updates to the Department of Energy's siting process, aiming to secure CIS sites within 10 to 15 years.

Taxpayers have already paid over \$9 billion for onsite storage and continue to pay approximately \$2 million daily. That is why we need help from our communities and constituents. We need everyone who wants to see the spent fuel removed from SONGS to make their voices heard at the local, state, and federal levels.

Ultimately, removing spent nuclear fuel is a matter of addressing immediate concerns and a moral obligation to safeguard the well-being of our communities and the environment. It is an investment in the future, ensuring we leave behind a cleaner, safer, and more sustainable world for generations.

Jim Desmond is a member of the San Diego County Board of Supervisors. He represents the 5th District, which includes Escondido, Valley Center, Pauma Valley, Palomar Mountain and much of the Backcountry.



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Donate online:
HiddenMeadows.news/donate

DJ NIKLAS
Classic Cars
Food
Kids Activities

Sock Hop & Car Show

HMCF Private Event
Saturday, 19 August 2023 12 PM - 4 PM
Lower Parking Lot at the Golf Course
Contact Dawn: 858-337-7196

PRIVATE EVENTS FOR Hidden Meadows and Rim Rock Residents

Watch for details on these upcoming events in the Hidden Meadows News And our Social media sites.

These events can't happen without your help. Please contact me at vickeyciarlanti@gmail.com to add your name to our list of volunteers or to make a donation. Donations can be made via Zelle at HMCFDDonate@yahoo.com or www.HiddenMeadows.news/donate

Fourth of July Parade – 10 am -1pm, Lower Parking lot at the Golf Course

11 am Patriotic Parade, DJ Niklas, Patriotic Contests, Kids Activities and much more!

Sock Hop/Car Show – Lower Parking Lot at the Golf Course

DJ Niklas, Classic Cars, Food, Sock Hop, Kids Activities

Saturday, August 19th, Noon – 4 PM

Contact Dawn at **858-337-7196** to reserve your space for your classic car.

Trunk or Treat • Turkey Trot • Toys for Tots

NEW EVENTS ARE BEING PLANNED AS WELL!!!
Fundraisers, Beautification Projects and
Neighbors Helping Neighbors

Boulder Oaks Public Golf Club Presents
CHARITY GOLF TOURNAMENT

Percentage of Proceeds Go directly to the Hidden Meadows Community Foundation 2024
Scholarship Program

SATURDAY, SEPT. 23, 2023 11am Registration

12:00 Putting Contest • 1:30 PM Shotgun \$300.00 Per Foursome Scramble Format
Includes, Green Fees, Dinner, Range Balls, Drink Ticket And 4 Raffle Tickets

HELPFUL PHONE NUMBERS

911: Immediate Emergency Assistance

211: Emergency and non-emergency county information hotline

Animal Services: 619-299-7012

CAL FIRE/Fire Information hotline:
619-590-3160

California Highway Patrol:
858-637-3800

Deer Springs Fire Protection District

Station 1 Headquarters: 760-749-8001

Station 2 Deer Springs: 760-741-5512

Station 3 Hidden Meadows: 760-751-0820

Burn Permits: 760-749-8001

Road Conditions/ Closures:

Cal Trans 800-427-7623 or www.traffic.com

Super Crossword

Answers

E	T	A	S		S	N	A	R	E		T	A	N	G	L	E		K	O	S			
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Our hosts - Kim and Rich Marin

KOKEDAMA / From Page 5

Just think all the fun you're having!! Also provided were little plates which were made by the talented Yasuko to put our new treasures on. Of course the host and helpers were there to assist us and help us in our time of need. I needed help, the ball kept coming apart on me. However, one of Santa's helpers came to the rescue and saved my plant.

Putting Kokedama aside, someone noticed Rich Marin's finger was wrapped up in bandages.

What happened? He went after a fly

with a scythe and in the process missed and cut off the tip of his finger. The fly got away. Not really, seriously, he was doing some serious trimming of the bushes and inadvertently cut off the tip of his finger. Very scary, but he's so mellow, what a brave guy.

Now to the good part, Yasuko and Kim provided some treats for us. There was very good tasting coffee, green tea which many members enjoyed, delicious cookies and little tiny pancakes filled with a sweet paste which were super yummy. I asked Yasuko what

was in the paste – would you believe it's made with black beans! Shocking! I asked her to send me the recipe so we can print it in the Community Paper.

(Domo Arigato) Many thanks to all participants and especially Melissa Mitchell, Yatsuko Tavangari and our wonderful hosts Kim and Rich Marin. So there you have it folks, another relaxing workshop, well organized and an amazing creative experience. Sayonara

Pancake and cookie recipes by Yasuko Avangari:

Japanese Pancakes with Black Bean Cream

- Pancakes
- 6 Eggs
- 3/4 cup Sugar
- 1 Tbs Honey
- 2 cups Flour
- 1 and 1/2 tsp Baking Powder
- 1/3 cup milk
- 1/2 tsp Vanilla
- Water

Mix egg, sugar, honey. Add sifted flour and baking powder. Add milk and vanilla. Mix well and adjust - adding water to make pancake batter. Heat frying pan and pour batter into pan to make pancakes

Black Bean Cream

- 8 ounces cooked black beans
- 8 ounces sugar
- Cook black beans and sugar together over medium heat until tender
- Beat until smooth consistency
- Let it cool down and put between pancakes

Japanese Raisin Cookies

- Raisin cream
- 1 and 1/4 cup raisins
- 2 Tbs Rum
- 1 Tbs Brandy
- 1/3 cup Sugar
- 5/8 cup Water
- 5 oz. White Chocolate
- 10 Tbs Unsalted Butter
- 1/8 tsp Salt

Directions:

Rinse raisins in hot water and drain In a saucepan heat sugar and water; when it's boiling, add raisins and take off the heat. When it cooled down, add rum and brandy. Keep in fridge overnight

Whip room temperature butter; add melted chocolate. Both should be same temperature

Add raisins to cream and keep syrup for later use

Cookie directions:

- 11 Tbs Butter
- 1 cup Powdered Sugar
- 1/4 tsp Salt
- 3 Egg yolks
- 2/3 cup Almond Flour
- 2 1/2 cup Flour

At room temperature: mix butter, powdered sugar and salt Add beaten egg yolks and mix well then add almond flour and flour to make like pie dough. Put in the fridge at least one hour. Flatten the dough to desired shape and thickness (I made 1/8 in thick)

Bake 350 degrees 15 to 18 minutes depending on your oven

When cookies are cooled down brush remaining syrup on the back side of cookie

Put cream between cookies
Cookie is softened next day

How can we find out what the value of our current home is?

MARKET TRENDS
Average Sold Price: \$1,122,437

MARKET TRENDS
Average Days on Market: 48

You can simply scan Simona's QR code from this page of the Hidden Meadows News and you will receive from 1 to 3 estimates within seconds!

That sounds so easy! Let's try it now!

MARKET TRENDS
Average Sold vs List Price: 97%

What is happening in HIDDEN MEADOWS

Market Report

JULY | 2023

Address	BD/BA/SF	Listing/Selling Price
ACTIVE		
Dogwood Gln	4/3/3,372	\$939,000
Rim Rd	3/2.5/3,097	\$1,495,000
Crystal Ridge Dr	5/4.5/5,500	\$2,395,000
SOLD		
28244 Faircrest Way	3/3.5/2,819	\$955,000
10664 Aspen Gln	5/3/3,242	\$1,050,000
9534 Sage Hill Way	4/3/2,910	\$1,200,000

UNDER CONTRACT!



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4th of July in Hidden Meadows



July 4th from 10 am to 1 pm

Lower parking lot by Boulder Oaks Golf club

- Parade National Anthem: Ev Trivoli
- Music: DJ Niklas Ruiz
- Activities for kids
- Goodie bags
- And more...

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-  "I had a heart attack. Dr. Moussavian came to my rescue and saved my life." - **Cameron**
-  "My son had some chest discomfort. We brought him to CVISD and Dr. Moussavian and his team were amazing, very professional. They made us feel calm and safe." - **Sergio**
-  "I like the service that I get at this office. They are always very friendly and attentive." - **Arturo**

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