

HIDDEN MEADOWS

MAY 2023

NEWS

ISSUE NO. 77



Pretty Spring Day Propels Carnival Fun

By Tom Fragala / Resident

*"In springtime, the pretty ring time
Birds sing, hey ding a-ding, a-ding.
Sweet lovers love the spring."
--Shakespeare, As You Like It*

The Hidden Meadows Spring Carnival bloomed on Saturday, April 22nd. The day was warm and sunny with deep blue skies. It was located at the lower parking lot at the golf course.

This private event was hosted by the Hidden Meadows Community Foundation from 10 am to 2 pm for Hidden Meadows and Rim Rock Residents. I bumped into many friends and acquaintances while meeting new friends, too!

Vickey Ciarlanti was the Event Director and made this an incredible event. Michelle Zipse was a roaming volunteer helping out where needed.

There were dozens of carnival games for the kids to play for free, win tickets and redeem the tickets for prizes.

The Garden Club had a popular succulent transplant table, letting you take your plants for free. Helping from the club were Bonnie Metzger, Yasuko Tavangari, Melisa Mitchell, Chris Dailey, and Judith Jennings.

Shari and Alex from the Market and Sideyard had yummy \$1 pizza slices.

Mountain Meadow Equine Rescue had a table attended to by Mike & Lisa Saget and Lynn Wheeler.

A new non-profit was there: the Southern California Chapter of the

Cheetah Conservation Fund. I spoke to volunteers Jess and Denise who told me it is a global organization with a main location in Namibia.

There was a Hula Hoop/Hawaiian & Polynesian Dance station for the kids. Local Carly Harris was there helping the kids use the hoops and New Zealand Poi Balls. Later Karly did a dance performance followed by "Princess Solani" Mia Angelo, who danced with (unlit) knives of fire.

DJ Nick Ruiz was back with music and line dancing. Next to him was a "horse" roping activity with Jason Hall.

A fun idea was a Cake Walk. I admit I didn't know what it was (Boston guy here). There was a circle of numbered and colored squares. You walk the circle and someone rolls a die. Whoever is standing on the number rolled wins a Sweet Cheeks Cup Cake. Running the Cake Walk was Dina Davis.

HMCF had a fundraising booth with corn dogs, popcorn, and drinks. Assisting were Doreen Trotter and Ev Trivoli.

There was a fantastic Prize Booth where the kids could redeem their tickets. Attending the booth (when I was there) were Dawn Salazar, Shari Rivers, Heather Davila, and Dorren Thawley.

The Escondido Creek Conservancy was there with Elfie their stuffed real young coyote. Elfie was 4-6 months old when she was hit by a car near Elfin Forest. My neighbor Linda Collins, Therese Vasil, and Sandra Lippert were at their table.

Also walking around was dinosaur guy Sean Wickstrom.

The carnival also had a fun Slime Booth run by Simona Giuffrida, Aida Estrada, and her daughter Mila. Mike

Tassan helped out with the mini golf next door.

Another station had Alexander the Balloon Twister and Magician.

The Dole Whip truck seemed popular and was refreshing on a hot day (OK, I had a taste).

Overall, there was a nice turnout of local folks and families. I enjoyed meet-

ing Roscoe, an adorable Chesapeake Bay Retriever, with Mary Jurgensen. I also met Adela and Axel Rivera and many others.

All photos are found on my Linktree page linktr.ee/thetomsocial.

You can donate to Hidden Meadows Community Foundation via Zelle at HMCFFDonate@Yahoo.com.

5-Day Summer Adventure Camp For Kids

By Linda Collins / Resident

Escondido Creek Adventure Camp is a wildly engaging 5-day outdoor summer day camp. Campers explore the enchanting Elfin Forest Recreational Reserve, where they discover the natural world by hiking, playing, and conducting hands-on science! The wide variety of activities includes guided exploration, arts and crafts, games, science experiments, story time, visits from special live animal ambassadors, and more! Each of the five days at camp will have a different theme, including Exploration and Discovery, Plants and Pollinators, Amazing Animal Adaptations, Watershed Wonders, and Pollution & the Solution.

Each day begins and ends at Grape Day Park in downtown Escondido, allowing the campers the opportunity to observe the connection between the urban portion of the creek upstream and the more natural section of the creek downstream, plus it allows them the chance to use the playground and socialize with their fellow campers. We provide transportation from Grape Day Park to Elfin Forest and back.

Last year, this camp cost \$275 per child. 2023 costs have not yet been set.

For more information, see the Escondido Creek Conservancy website, escondidocreek.org, or email information@escondidocreek.org.

MAY HIDDEN MEADOWS EVENTS

HIDDEN MEADOWS EVENTS
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Hidden Meadows Garden Club: Summers Past Farms

By Idalia Rewar

The Hidden Meadows Garden Club members met at the golf course parking lot to carpool to the Summers Past Farms - (a family owned business) located in El Cajon. Because I do not drive long distances, I was hitching a ride from Christine and Sam Dailey

and Yasuko Tavangari joined us also. It was a long ride to El Cajon but Yasuko kept us laughing with tales of family and other events.

It was a beautiful, warm and sunny day – not so, I am lying, it was a cloudy, cold, humid day, yukky day, Brr. But I thought, its ok the sun will come out in an hour or so—but that did not happen.

Oh well, 2 out of 2 on a cloudy day is all there is.

Upon arrival, the owner, Cheryl, welcomed our group and gave us a little history of the Farm. Cheryl and her husband Marshall have owned the premises for 31 years. The farm consists of 5 acres of vegetation, plants, trees and barns. Her husband who was

a construction worker, built the rustic barn buildings. Cheryl is also a great cook and presented a recipe sheet on hand and proceeded to offer her recipe for herbal vinegar: add nasturtium flowers to white wine vinegar for a peppery lift; to be served with your favorite salad.

She commented that there is a fairy garden for kids on the premises, where a fairy festival is held and children can dress up for a parade. I later noticed a playhouse, a sand box, and a playground for children. The place is dog and kid friendly.

There was a super tall huge pepper tree at the left side of the entrance with a fat, fat trunk. One of the barns houses a gift shop, another adjoining is the place where the family lives. And there is a shack used as a public bathroom.

As you enter the gardens, you find yourself walking into an enchanted garden of blooming geraniums, roses, wisterias, and all kinds of blooming flowers and plants amid the barn buildings. All manicured. She claims she has a gardener, but really, 5 manicured acres and not a weed around, I find that hard to believe. The weeds might have gone underground when they saw a mob of Hidden Meadows ladies and gentlemen swarm in their territory. I'm sure that is why I didn't



GARDEN / See Page 3

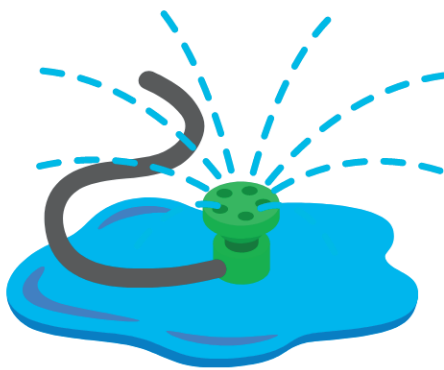
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Helping Students Navigate Their Pre-College Years - Volunteer Hours

By Susan Monteiro / Resident

Hi parents! Do you have a teen who will be entering high school soon? If they are planning on attending college, you might want to check out this article. Most of the time parents of high schoolers (and high schoolers themselves) begin to think about college around 10th or 11th grade but honestly, this is way too late!

As a violin teacher, I have been helping teens prepare for college auditions for over 20 years and the one thing I notice is that most of my students begin looking for a university in the middle of high school. Now, I know I said I am a "violin teacher" and maybe your teenager doesn't even play an instrument but in the process of preparing my students for auditions, I have noticed other aspects of the college preparation process that get left behind. I say this because when I have been coaching my students to ace their playing and audition skills, I have seen many areas in their life that could have been enhanced to help them get into a school that they really wanted to attend. Most of the time, a student's high school existence is overshadowed by their GPA and practice time (at least for music students).

But there are three things parents need to consider when helping their teens look for a college. They need to take a look at their teen's academic, social and financial needs. The financial needs are mostly the parents' due to the fact that they will be paying the college bill. To keep this article short and sweet, I will present only one need that consists of a way to get a bit of money for college as well as boost the chances of your teen's college application to be noticed and appreciated. I am talking about financial need.

While helping my young violinists prepare for college, an activity that could have been very helpful but was left on the sideline was the student's volunteer hours. Usually I notice that there is nary a thought about the type of volunteering they are going to do, only that it needs to be accomplished to graduate. Volunteering is so important that some of my students even receive a list of organizations to reach out to from their high school college counselor but that list is meaningless if the volunteer work doesn't coincide with the student's interests or future college major. For

teens, volunteering can be life changing especially if it sparks a lifelong journey towards a career or meaningful service to the community.

So, when should your teen begin volunteering? I would seriously think about 9th grade. They should start as early as they can and make those hours count. As I said before, I am not talking about random volunteer hours that fulfill a graduation requirement but something meaningful to themselves, the community and for the admission committee who will be reviewing many, many college applications.

And, let's not forget about how volunteer hours can help with scholarship opportunities. If those volunteer hours are done correctly, they can also get your teen some money for college. When I was helping a few of my violin students go through their scholarship applications, one question stood out to me; "How long have you been donating time to this particular volunteer group and what was your role?" Turns out that the Rotary Club wants to know how dedicated students are to their community before they hand them money for college. That makes sense, doesn't it?

Organizations that offer scholarships to help prospective college students want to know where their money is going. By offering these scholarships, these organizations are also giving back to the community and they want to know where the student is going in terms of community service as well. Your teen's volunteer hours will be a reflection of their future and will help scholarship organizations determine whether or not they are deserving of financial help for college so make those hours count and start early! The role your teen plays in their community service makes a difference as well. Has your teen taken on a leadership role? Believe me, a leadership role will help your teen stand out and the role they play in the community can make or break their opportunity to get funding. And, if possible, I would have them go out and start their own organization. That role will show the scholarship committee that they are a go-getter, a leader and someone who is organized and disciplined enough to carry through with a goal that they set.

If it seems as if your teen has a lot on his or her plate, you can look at their volunteering as a part time job. Think about it, what would look better on a

scholarship application, volunteer hours that care for patients at an assisted living center or a job as a barista? This "job" will help ensure that your teen receives money after graduation when they receive their scholarships for college. Also, their volunteer time spent will educate them in compassion and empathy. I believe that is something the world really needs right now. So, start your teen's volunteer hours early (I would say 9th grade) and make it count. I wish you all good luck on your journey!

Here is a list of organizations that offer scholarships to hard working students:

- Going Merry (I highly recommend,

many scholarships and it simplifies the process)

- Niche College Scholarships
- Coca-Cola Scholarship
- Elk Most Valuable Student Scholarship
- The San Diego Foundation (This has quite a few scholarships, the biggest one is the Kyoto Prize Scholarship.)
- Your Rotary Club Chapter
- Local Boy Scout organization
- Veterans of Foreign Wars Scholarship (I believe it's called the Voice of Democracy essay contest.)
- Naviance Scholarships

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GARDEN / From Page 2

see any weeds. The owner warned them before we got there. Hide, hide, they're coming!

She led us through the gardens, pointing out an area where weddings are held, an open area where in the fall they have a pumpkin patch, a children's playground, a red barn made of post and timber and even some caged French hens. Parle Francais? Cluck- cluck (oui, oui).

I went over to the gift shop that displayed lots and lots of homemade jams, honey, kitchen napkins, etc. Tempting you to buy the stuff that you cannot do without, or a gift for a friend. I stepped out the door to the Nursery where you browse and buy plants. Of course, Frances

Munk who does not have hardly any plants at her extensive garden (only kidding) immediately bought some.

Next to the nursery, is the Café area with plenty of seating. I was cold and was dying for something warm. Waited on line. Her husband, Marshall was the only person behind the counter trying to make lattes and those things do take a bit of time to make. I ordered their specialty – lavender latte - it was frothy and delicious with a hint of lavender – not just a hint, but he also threw in a sprig of lavender-Aaah. Yummy, it was worth the wait. Many of the members sat, ate

(some brought their lunch), chatted and relaxed enjoying the afternoon, the comradery and the scenery.

The Summers Past Farms offers a nursery, gardening, gift shop, Soap shoppe, wedding facilities, classes, children festivals, pumpkin patch and much more. Wow, all in a beautiful paradise setting! Go visit, it's a great place for family and friends.

Many thanks to Kim Marin for hosting the event, to Sam and Chris Daley and others who provided carpooling. And of course to Cheryl and Marshall for allowing us to visit. Till next month, Ciao

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SUBMIT CONTENT

Deadline for local article submission:

20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. Email content and photos to Patricia Fox
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Oh, to Play in the Dirt!

By Linda Collins / Resident

There are so many projects where volunteers can help at the Mountain Meadows Preserve. We have pulled weeds, removed non-native plants, replanted in areas that need to be restored to native vegetation, and more.

The cleanup project behind the new office building was fun. We had a great group of workers and, over a few weeks, we could really see that we made a difference.

We also spent time in the nursery. Edi carefully replanted seedlings into individual pots. She is good at that. Patience isn't my strength so I did clean up and organizing, and I watered the replanted seedlings. Harry did a bit of everything. He filled pots with soil, dug up weeds, and surveyed the project for the upcoming shrub club.

There is something for everyone to do. If working in the dirt isn't your thing, and you have another talent to share, let us know! We have a volunteer making chairs pads for the patio chairs, but the frames still need to be prepped and sprayed with a protectant for metal. We have an old shed that needs the roof taken off as it is a fire hazard. The irrigation system for the demonstration garden needs to be installed.

We have projects for individuals or teams. Need a team project for your work group? Or maybe a Girl Scout or Boy Scout troop? Or your garden club? Or just a group of friends who want to do a community service project? Just let us know!

One of our regularly scheduled activities is the Working Wednesdays Weed Team that gathers every Wednesday morning at 9am. To help with this, email Linda_j_collins@sbcglobal.net.

Watch for Shrub Club, hikes, Conservation Conversations and other events hosted by the Escondido Creek Conservancy on Eventbrite, The Escondido Creek Conservancy Events | Eventbrite, eventbrite.com/o/the-escondido-creek-conservancy-35925539663.

To make arrangements for a special group activity, contact Juan Troncoso,

the Mountain Meadows Preserve Land Manager, at juan@escondidocreek.org.

Watch their website for information on their summer program for kids! escondidocreek.org

The 693-acre Mountain Meadows Preserve, here in Hidden Meadows, will soon be home to The Escondido Creek Conservancy (Conservancy) office. This preserve was acquired in partnership with San Diego County Parks and Recreation and the Navy/Camp Pendleton.

With about 10 staff members, the Conservancy is staffed lightly for a very big job, protecting 3,000 acres throughout the Escondido Creek watershed and annually providing outdoor education programs to thousands of children and adults. The office will be the home base for all Conservancy staff, including those who are in the field a lot of the time taking care of nature and providing outdoor education programs for Escondido students.



LADIES WHO LUNCH: Hidden Meadows Women's Social Group

By: E.M. Trivoli
with Jamie Sarbacker / Residents

Where else to go on a rainy day, but a place called Sunny Side Kitchen, right? Dannielle Milliken sure picked a winner this month. This local café is on Orange Street, between Grand and Second. A small, bistro-style restaurant, they're a Mom and Pop-counter-serve-café offering morning and lunchtime panini, salads, and housemade baked goods. (copy credit: their website). And, San Diego County's Best Grilled Cheese! The menu is described as Casual California Cuisine.

We were warmly welcomed by owner Kate Carpenter, who - when EV told her about our group - said "I've heard about you guys... you get around." The place is, in a word, adorable. Sunny Side Kitchen is light and bright with a large sun mural decorating the wall,



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Discover Mediterranean Food in Escondido

By Pat Tanabe / Resident

The April Ladies Lunch was held at Ali Baba Mediterranean Cuisine Restaurant (201 West Mission Avenue, Phone: 760-233-8717). We all ordered one of the lunch specials which came with a chopped salad, saffron rice, hummus (a dip made of mashed chickpeas,

tahini, lemon, and garlic) and a shared plate of freshly baked pita bread. The dishes sampled by the group included falafel (fried fritter made of chickpeas and herbs), chicken shawarma (spit roasted marinated chicken), and beef kofta kabob (spiced ground beef that is skewered and grilled). The portions

DISCOVER / See Page 10

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Women's Social Group News

By: E.M. Trivoli

Our hostess for April's evening social was Linda Collins. Linda and Randy moved here from San Jose but both have Midwest roots. They've been in Hidden Meadows for 25 years and have certainly seen a lot of change.

April is a great time of year to see their place, set on 4.6 acres. Walking up to the house you're greeted with so much color: orange aloe, yellow narcissus, and red and purple freesia are just some of the plants set among boulders and other hard scape. By her own description, Linda loves "playing in the dirt" for hours every day.

Close to 30 of us (over the evening) met up for this month's social and had a great time chatting. Everyone brings food and drinks to share and tonight we saw several pastas including fettucine in alfredo sauce; dips like spinach/artichoke and fresh guacamole, green bean casserole, Swedish meatballs, fruit, and a variety of fresh salads. Karen Soriano brought a really pretty salad with nasturtiums (edible flowers). There was a black forest cake, brownies, palmiers and chocolate candies that went really well with red wine!

We were happy to be joined by some new folks - Monica and Peggy - who each had their own connections to the group. Sometimes it can be overwhelming to come to a group event as a newbie, so "brava" and welcome to them both!

Several of us talked about going to Lisa Saget's home next week for Mexican Train; that will be my first time going and I can walk there from my house; bonus! I'm trying something new.

Taking a chance and getting out of our comfort zones can be a great way to meet people and feel more connected. That's what Linda's done here for the last two decades. She's involved with the Women's Socials, Seller's Faire, Welcome Committee, and Garden Club to name a few. Her latest passion is connecting the community with the Mountain Meadows Preserve / Escondido Creek Conservancy through informational hikes and writing articles for this paper (*Hidden Meadows News*).

The Hidden Meadows Women's Social Group has different events like monthly brunches (Dannielle Milliken's picked some great restaurants) and the evening socials (Eveline Bustillos organizes that). Invitations are sent through e-vite. Eveline is looking for hostesses for October, November and December so if you're a member and can host, please get in touch with her soon: Eveline.bustillos@gmail.com

Want to find out more about the group? Reach out to: hmwsg92026@gmail.com, and we'll see you around!




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April Seller's Faire

By Michelle Zipse / Resident

On a cloudy Sunday, April 16, the first Seller's Faire of 2023 was held in the lower parking lot of the Golf Club. 63 vendors were on site and the new hours seemed to be a big hit with the Faire being open from 10 am - 2 pm. The vendors were a huge variety.

Some have been involved in our local Faire for many years and we also had some new faces and booths. The vendors' wares ranged from jewelry, crafts, handmade cards, homemade aprons, blankets, crocheted items, cookies, skin care products, gardening products and plants and other services.

FAIRE / See Page 9



Sideyard supports scholarships

By Michelle Zipse and EV Trivoli / Residents

They say March "comes in like a lion but goes out like a lamb". Not this year! On March 31st it was still chilly. Even so, it was warm and friendly at the Sideyard; Hidden Meadows' answer to "Cheers". Warm because of their cozy atmosphere and generous heaters... and friendly because there's always someone who knows your name. This night started off with a rumble! No, not that kind of rumble; it was an earthquake that hit around 6:15 pm. Wow! ("did ya feel it?")

Tonight's event was a fundraiser for the Hidden Meadows Community Foundation Scholarship program. YES - one of the many charitable things that the Foundation organizes is

scholarships for deserving high school Seniors. Last year, 6 local teens each received a check to help offset their school expenses. Last year's winners were Kinsey Kellerman, Lauren Jackola, Madison Williams, Ryker Lazlo, Lillian Broshard and Hannah Lappe. To qualify for a scholarship, all participants must complete an application and be Hidden Meadow residents. Then they add a biography and essay, and submit these to the Foundation for consideration.

The Sideyard crew-Shari and Alex Petric and their team - is always supportive of our Community's events, and on this Friday night they were donating a portion of the food and beverage proceeds to the Scholarship Program.

The place was packed! People

SCHOLARSHIP / See Page 9



April Fools???

By Linda Collins / Resident

Okay, so I am a gullible person at times, and, when I saw this sign, I flipped! "Walmart, Coming Soon!" I started thinking of all the reasons it didn't make sense: There isn't enough space; it would ruin our neighborhood, it just didn't fit, this isn't their primary market, . . . And, of course, I wondered how our Sponsor Group could let this happen. (The Sponsor Group is a volunteer group of neighbors that review development plans for the area and provide input to the county.)

The perpetrators were pretty creative pranksters and had a lot of people's blood running hot. But many caught on right away because it was "April Fool's Day"! The store number was 4123. I didn't even catch that until someone pointed it out . . . 4/1/23.

For those who called the number, the pranksters, (hmmm...., should I tell?), recorded a message that started out serious "You've reached the Construction Hotline . . ." and, if you kept listening, revealed it was an April Fool's Joke.

Chris and Steve, you got us good!





Horsin' around in Hidden Meadows

By Michelle Zipse / Resident

Did you know we have a Horse Rescue & Rehab Ranch right here in Hidden Meadows? This is not an April Fool's joke.. it's true! It's called the Mountain Meadows Equine Rescue and Rehab and on April 1st, they held a Tack Sale and Ice Cream Social.

Lots of kiddos, their equine-supporting parents and other horse enthusiasts came out this day to see the 16 horses currently "In-Styled" at the Ranch. This being a rescue operation, the number of horses in residence goes up and down depending on the need. Three horses are currently in training and 2 are being fostered with the hopes of being adopted. The kids had a good time feeding carrots to the horses and climbing on the hay bales in the barn. The horses were excited to see all the visitors (pretty sure I saw them smiling) and a few even showed off for their new friends.

All the rescue volunteers were on site that day. Lynn Wheeler, Manager, does a great job keeping the ranch running smoothly and bringing awareness to programs like this. Besides Lynn, there are several people in Hidden Meadows who volunteer there, including: Lisa Saget, Rosie Namenyi and Madison. Owner Doug Stoodt was there to greet the folks and take them on tours. It takes a village to keep this worthwhile operation humming along, and the

community of Hidden Meadows offers great support.

So, what do you find at a tack sale? There were English and Western saddles, saddle pads, stirrups, training and lunging whips, head stalls, halters, and blankets and sheets. Besides the chance to buy equine accessories, we also built our own ice cream sundaes! There was ice cream and sorbet, plenty of syrups, and yummy toppings like candies, cookies and nuts to name a few. The root beer floats were also a popular choice. To top it all off - if this wasn't enough to satisfy your sweet tooth - there were baked goods, sweet breads and cookies. All the proceeds went directly to the support of the Rescue.

A new volunteer, Connie Kaess, was on site for the event and told her story about a personal attachment to one of the horses. Connie had been volunteering at a different ranch and had become very attached to "Cutter", one of their horses. One day Connie showed up and was saddened to learn that Cutter had been moved to another ranch. As it turns out, Cutter had been placed at the Mountain Meadows Rescue! So Connie made a move as well. She followed her beloved friend Cutter, and now volunteers for us. Volunteers like Connie - and the bonds they form - are a very special thing.

The Mountain Meadow Equine Rescue and Rehab is located at: 27615 Alps Lane. They accept volunteer help,



and donations, year round. Want to know more? Reach out to Lynn Wheeler at mountainmeadowlynn@gmail.com (760-498-1447) and she'll be glad to show you around.

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FAIRE / From Page 7

The Knife sharpener, Blade Wright, was so busy he could barely step away from his truck for a break. The bake sale was back by popular demand. Many of our active community members donated, cookies, brownies, sweet breads, and full sized cakes that were a real treat, thanks Gwen Dana. I had some of your coffee cake and you knocked it out of the park again! And Bonnie Metzger those cheesecakes were out of this world. Thanks for baking to all our volunteers!

One of the highlights was the Assistance League. This was a new booth and it was hosted by 4 Hidden Meadow neighbors: Susan Sciacca, Sherry Horton, Chris Dailey and Linda Kennedy. What is the Assistance League you ask? It's a 501c nonprofit organization that puts caring and commitment into action through 9 charitable programs. They serve the needs of the San Diego North County community. Some of the things they support are Operation School Bell that provides clothing, shoes and health kits to military families. They have a Scholarship program and support 150 high school seniors who are foster teen graduates. They also support A Step Beyond which provides scholarships for 3 students in grades 3-9. But one of their most important contributions is to the foster community. Have you ever wondered what happens to kids in foster care when they time out of the system? That means they turn 18 years old. Well, those kids get put out in the community and they may not really be prepared to "be an adult". So this organization supports them through Operation Duffle Bag. They provide 57 foster and homeless high school graduates necessary household items to enable them to set up a viable living situation on their own. They do so much good work for our north county area. They have a thrift store on E Valley Parkway and the proceeds benefit foster students and the homeless. During the next Seller's Faire on May 7, they will be accepting donations of clothing, blankets, coats, backpacks and other small household items. Please bring down your bags of donations to support this worthy charity. Their booth will be right at the entrance so you don't need to carry your donations very far.

Another new and interesting contribution to the Seller's Faire was the Farm Fresh to You booth. This service offers local, fresh, organic produce to Hidden Meadows and other areas from 35 local farmers. There is a first time promo code of SDCJN to get \$15 off your first order. All produce choices can be made on line and deliveries to this neighborhood are made Thursday mornings between 8-10 am.

The next Seller's Faire will be on Sunday May 7. The theme will be Mother's and Father's Day gifts, and graduations. The May Faire will feature "Update Green Recycling Center" So bring down those broken electronic items to be recycled. They don't need to be operational. What qualifies for electronic recycling? Computer, computer parts and accessories, monitors, printers, mobile devices and cameras, gaming consoles and accessories and wire, cables and adapters (any type).

The May Faire will also have a Food Truck. So come and check out the Cocinas Los Nanos Food Truck for breakfast and lunch tacos. There will also be yummy treats at the Bake Sale. The theme for the Bake Sale will be International. So there should be some fun and yummy new things to try.

Thanks for coming out and making Hidden Meadows the wonderful neighborhood it is. If you'd like more information or you would like to volunteer and get more involved in your local community, please contact hmsellersfaire@gmail.com

**HIDDEN MEADOWS COMMUNITY FOUNDATION
SCHEDULED PRIVATE EVENTS FOR Hidden Meadows and Rim
Rock Residents ONLY.**

College Scholarship Awards Night – Side Yard Public House

May 17th – 6pm ~ 9p

Meet and Great with Community Members – The Market

June 10th – 8am ~ 11am

Luau Volunteer/Donor Appreciation Night – Side Yard Public House

June 14th - 6pm ~ 10pm

Fourth of July Parade – Lower Parking lot at the Golf Course

Sock Hop/Car Show • Trunk or Treat • Turkey Trot • Toys for Tots



NEW EVENTS ARE BEING PLANNED AS WELL!!!

Fundraisers, Beautification Projects and
Neighbors Helping Neighbors

Watch for details on these upcoming events in the Hidden Meadows News (Our Local Paper) And our Social media sites.

These events can't happen without your help. Please contact me at vickeyciarlanti@gmail.com to add your name to our list of volunteers or to make a donation. Donations can be made via Zelle at HMCFDonate@yahoo.com or www.HiddenMeadows.news/donate

LUNCH / From Page 4

declaring: Good Day Sunshine. Inside seating is cozy; maybe six tables for two, and a few tables streetside; great for people watching as the weather warms up.

Despite the rainy day, a jovial atmosphere prevailed. I find that going to smaller events at different times, on different days gives me a chance to chat with people I haven't really met yet. I do enjoy it, and - from the non-stop, ever-evolving conversations, it seems that others do, too. The chatter was as diverse as the people; with topics ranging from the ups and downs of guiding our young adult kids, to museums and Van Gogh art, to certain iconic rock formations in our community (let's just say that when you know, you KNOW!).

Around our table was Jamie Sarbacher, Pat Tanabe, Susan Crandall, EV Trivoli, and Dannielle (she brought her friend Lynette, a recent Tahoe Transplant.) Gwen Dana was there, and Lisa Saget, who hosts Mexican Train night at her house and also knows some famous musicians.

And the food! It was all delicious and so fresh. The table was brimming with beautiful sandwiches, soups, quiches, lemonades and iced teas. Sunny Side Kitchen gets their bread from Bread & Cie, and the quality shows. (Funny note: if you're undecided between a half OR full sized sandwich, they have this bread-shaped, wooden cut-out-thingy at the register, that you can hold and decide. Smart!)

We learned that Pat's a big fan of "Soup and Sandwich" combos, and she and EV bonded over a love of pick-

les. Lynette had the Tuscan Chicken Sandwich, and Dannielle boasted that she got "the last soup". Most of the menu items came with a little side of Orzo Salad; really tasty. Toward the end, our server Avery surprised Lisa with a birthday treat: a mint brownie with whipped cream cheese frosting. A thoughtful touch!

As usual, the conversations could have gone on longer but it was time to give up our table.

Many thanks to Kate, Avery and Dominic for the warm welcome and excellent food. As Jamie said..."I'd come back." I think she spoke for all of us.

Want to know more about Sunny Side Kitchen?
www.sunnysidekitchen.com

Want to know more about our social group and events?
HMWSG92026@gmail.com

SCHOLARSHIP / From Page 7

in the bar area were watching the Padres game on the big screens, and the side seating was full. In the main area- displayed prominently right next to the stage- was a Scholarship Program Information Board that Vickey Ciarlanti created. She's the Vice President/Events Coordinator for the Foundation. Plenty of people were there enjoying food and drinks. At our table of 10-12, there were plates of tater tots, fish tacos, loaded fries and more. David Zipse enjoyed an "impossible burger" that looked delicious and EV Trivoli had the soup of the day: clam chowder (packed with clams, potato; and even bacon and cheddar cheese). Lynn Wheeler and Michelle Zipse had the wedge salad, always a favorite. Various beers, wines, Prosecco, seltzers and soft drinks showed up too (The Sideyard has a really good bistro food and drink menu!).

Back to the scholarship program. If you are a high school senior and would like to apply for a scholarship, please reach out to Bonnie Metzger at bonnie.metzger@icloud.com for an application or drop by the Market and ask for one there. The deadline for Scholarship applications is Wednesday, April 26. The scholarship committee is offering in person appointments that evening from 6-8 pm

at Sideyard. So come by and let them know why you deserve a scholarship. The award ceremony is on Wednesday May 17 (6-9 pm) at the Sideyard.

Of course we're always appreciative of The Sideyard's involvement and support of the many things happening in Hidden Meadows. We're grateful for our local businesses and how they support the community year-round so, please remember to support them as

well! Our local business community includes The Market at Hidden Meadows, The Sideyard, Meadows Deli Market, the Golf Course and Clubhouse / bar / restaurant, Home Smart, the Hair Salon, esthetician, etc. There are a lot of businesses tucked into the nooks and crannies of Hidden Meadows.

If you have any questions for the Foundation, please reach out to: hmcf2023@gmail.com.

**HIDDEN MEADOWS COMMUNITY FOUNDATION
HMCF2023@gmail.com**

- Michelle Zipse, President*
- Vickey Ciarlanti, Vice-President*
- Shannon Antekeier, Secretary*
- Paul Schoos, Treasurer*
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- Rob Enfield, Director*
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Patricia Fox*
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HMCFDonate@yahoo.com**

**Donate online:
HiddenMeadows.news/donate**

BOOK REVIEW - By Lynn Clark

A postapocalyptic novel called "The Wolves of Winter" was the first book of Tyrell Johnson's career. It won rave reviews. It will remind you of "The Hunger Games". This was a wonderful tale to read. I loved it.

The setting was in the wilds of Canada following a nuclear war that destroyed the world of a young American girl called Lynn McBride. Her uncle assumed being the head of the family when her father died of a deadly illness that spread world-wide. Fleeing the destruction of the cities, she and her remaining family: her mother, older brother, her uncle and a young teenage boy made their home in the Yukon territory.

Except for her mother, the rest of the family were hunters, and provided food and fuel for the family. They had guns for protection and hunting, but Lynn preferred the use of the bow and arrow to hunt. A skill her father had taught her.

All the material things she remembered leaving behind when she fled the United States don't matter to her any more. The only thing she truly missed was her father. The cold, the remoteness of where she lived, her lack of human interplay were all things that she had learned to live with, but she had never fully accepted the loss of her dad. She adjusted to the life she had with her remaining family, and she loved the beauty of her surroundings.

There was, however, always a feeling of an unknown danger in their lives, and they were always careful about strangers. Then a young man named Jax walked out of the woods with a backpack and his dog called Wolf. He said he didn't want trouble, but stopped and shared a meal with them. He lingered for several days getting to know the family. The trouble when it appeared was called "Immunity", and the terror began when the men that were the hunters behind that name arrived to take back.... what had escaped them.

This book was published in 2018, and I was surprised how much the plot corresponded to Covid, and the political events during the pandemic. It will make you wonder and ask "What if?".

DISCOVER / From Page 5

were very generous, and we each took home half of our lunches for later snacking. We commented on the delicious mustardy salad dressing and the humongous, warm pita breads. We all thoroughly enjoyed our lunch, the delightful company, and the restaurant. I will go back to Ali Baba whenever I have a craving for Mediterranean food – especially for the hummus with warm pita bread.

The monthly lunches are a great way to meet your neighbors and try one of our local restaurants. These luncheons are a part of the Hidden Meadows Women's Social Group. If interested, email HMWSG92026@gmail.com.

HELPFUL PHONE NUMBERS

911: Immediate Emergency Assistance

211: Emergency and non-emergency county information hotline

Animal Services: 619-299-7012

CAL FIRE/Fire Information hotline: 619-590-3160

California Highway Patrol: 858-637-3800

Deer Springs Fire Protection District

Station 1 Headquarters: 760-749-8001

Station 2 Deer Springs: 760-741-5512

Station 3 Hidden Meadows: 760-751-0820

Burn Permits: 760-749-8001

Road Conditions/ Closures: Cal Trans 800-427-7623 or www.traffic.com



Sat., 5-13-23: Hike at 3:00pm & Overnight Tent Camping

Sun., 5-14-23: Hike at 8:00am



Come enjoy the peaceful forest and rolling meadows at our local Sky Island! If you want to tent camp with us at Cedar Grove Group Campground on Saturday night, you must make a reservation in advance by emailing infovcta@gmail.com. Check in is from 2pm until dark on Saturday; check out is by 12pm Sunday. Preference goes to members and the camp site is limited to 15 people. The cost is \$10 per adult (over 18); meals on your own - but feel free to bring something to share as an appetizer or dessert.

Both hikes begin at the Cedar Grove Group Campground - meet at 3pm on Saturday; 8am on Sunday. Sorry, dogs are not allowed on the Palomar trail system.

Hikes are subject to cancellation if there is a heat warning in effect, if there is steady rain one hour before, or if there has been substantial rain during the 24 hour period before the hike. If you want an email notice of cancellation, email infovcta@gmail.com at least two days before the event. Otherwise, pre-registration is not required and all are welcome. Because cell service is spotty on the mountain, it may be impossible to send an email to cancel the Saturday morning hike - watch the weather! Questions: infovcta@gmail.com

Valley Center Trails Assn., Inc., PO Box 605, Valley Center, CA 92082; www.vctrails.org
A 501(c)(3) organization dedicated to the creation of non-motorized trails and pathways in Valley Center



Hidden Meadows Community Garage Sale

In Conjunction with
the Hidden
Meadows
Community
Foundation

DON'T MISS OUT!!!

There will be dozens of homes participating in the yearly Hidden Meadows Community Garage Sale!

We will be distributing maps on the days of the event. You can get your map at the **HomeSmart** Office, or in a designated bin at the 4-Way Stop!

What: Remove old treasures & pick up new ones!

When: **Saturday, June 24th**

Time: 8am - 2pm

**Add your home to the
Garage Sale Map:**

Just email Jennifer Hill at
JennHill68@gmail.com

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JUNE 03 2023
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SATURDAY PIE EATING CONTEST

SATURDAY WESTERN DAYS PARADE

SATURDAY BEFORE THE PARADE ROTARY PANCAKE BREAKFAST

FRIDAY GUNS & HOSES CHILI COOK-OFF!

**THE WEEKEND AFTER MEMORIAL DAY!
 FRIDAY & SATURDAY
 JUNE 2 & JUNE 3**

Hidden Meadows Community Foundation Fundraising Update

First, thanks to all of you who have so generously contributed during the first two months of our fundraiser. Our annual campaign, which runs from March through May, has raised over \$7,000 to date and is drawing to a close, but there is still time to make your donation if you haven't done so already.

In response to requests to reduce the amount of paper consumed by our solicitation process, we limited the distribution of remittance envelopes to only the April issue of the Hidden Meadows News. But there are still other ways you can donate. You can go online at www.hiddenmeadows.news and click on the "donate" button to contribute using PayPal or a credit card, you can send a Zelle transfer to HMCFDdonate@yahoo.com, or a direct PayPal payment to 2018hmcfd@gmail.com. You can also drop by the Foundation booth at the Seller's Faire or any one of our community events to make a check or cash donation. Finally, you can find an envelope and stamp and send your tax-deductible contribution to: HMCF, P.O. Box 462333, Escondido, CA 92046.

The Hidden Meadows Community Foundation is a 501(c)(3) organization dedicated to serving and enhancing our community via four primary areas of focus:

- College Scholarships
- Community Programs and Events
- Beautification
- Families in Crisis

Your gift to the Foundation is tax deductible and will be used to support people and projects within our community. Thank you in advance for helping to keep Hidden Meadows the unique, wonderful place it is to live in.

Reparación de alcantarillas y carreteras en la SR-78



Caltrans está restaurando los sistemas de drenaje obsoletos de la SR-78 entre las carreteras I-5 e I-15, así como en las rampas de acceso y algunas calles de la ciudad.



Financiamiento

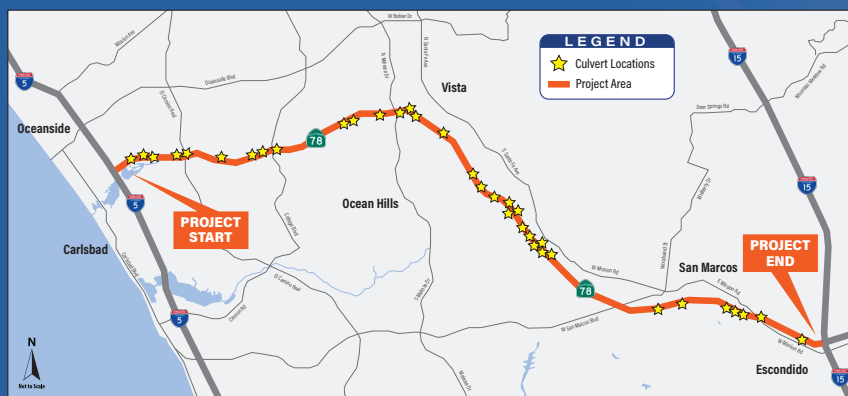
El proyecto, cuyo costo asciende a los 22 millones de dólares, se financiará a través del Programa Estatal de Operación y Protección de Carreteras (SHOPP, por sus siglas en inglés), con un 89% procedente del Gobierno Federal y un 12% de la Cuenta de Mantenimiento y Rehabilitación de Carreteras creada en virtud de la Ley 1 del Senado (aprobada por los contribuyentes).

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Oficina de Información Pública de Caltrans en el | (619) 688-6670
ct.public.information.d11@dot.ca.gov

Mejoras a la carretera

Las obras en la carretera incluyen la renovación del pavimento en algunos acotamientos y carriles, mejoras eléctricas y nuevas áreas verdes. El personal también reparará o sustituirá las barreras interiores de concreto, las barandillas de seguridad, los muros de contención, las señalizaciones y los delineamientos del pavimento.



Qué se puede esperar

La construcción se inició en febrero de 2023 y el trabajo realizado en múltiples etapas concluirá a mediados de 2025 con el establecimiento de la planta. Los segmentos individuales de la carretera principal, las rampas de entrada y salida, así como las calles de la ciudad en ambos sentidos a lo largo de los límites del proyecto se reducirán temporalmente durante el cierre a largo plazo. Una vez concluidas las obras, los automovilistas notarán una mejora en la calidad de la conducción y se beneficiarán del aumento de la vida útil del sistema de drenaje y de la carretera.



Escanee el código QR para obtener más información

SR-78 Culvert & Road Rehabilitation



Caltrans is Restoring Aging Drainage Systems on SR-78
Between I-5 and I-15, On/Off-Ramps, and Some City Streets

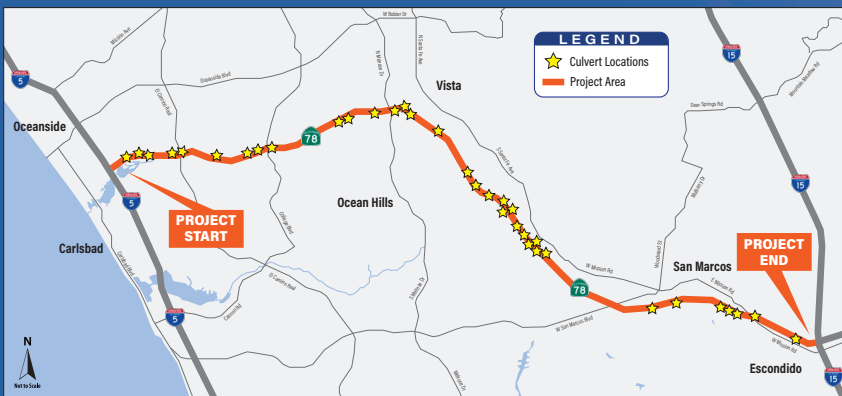


Improving the Freeway

Roadway work includes resurfacing pavement on some shoulders and lanes, electrical improvements, and new landscaping. Crews will also repair/replace median concrete barriers, guard railing, fencing, signs, and pavement delineation/markings.

Funding

The project cost of \$22 million is funded through the State Highway Operation and Protection Program (SHOPP), with 89% coming from the Federal Government and 12% from the Road Maintenance and Rehabilitation Account created under voter-approved Senate Bill 1.



Scan the QR code for more information

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What to Expect

Construction set up began February 2023 and work in multiple stages should conclude by mid-2025 with plant establishment. Individual mainline segments, on/off-ramps, and city streets in both directions within the project limits will be temporarily reduced under the long-term closure. At the conclusion of the work, motorists will see and feel an improvement in ride quality and benefit from the increased service life of the drainage and roadway.

MARKET TRENDS
Average Sold Price: \$1,058,289

MARKET TRENDS
Average Days on Market: 32

MARKET TRENDS
Average Sold vs List Price: 99%

Mommy, I am so happy we got to see Simona again at the Spring Festival last week!

Yes, me too.

Real Estate, Slime... The Gyldan Group is great at anything they put their hands on!

SCAN ME

What is happening in HIDDEN MEADOWS

Market Report

MAY | 2023

► Address ► BD/BA/SF ► Listing/Selling Price

ACTIVE		
Aspen Glen	5/3/3,24	\$1,020,00
Indian Creek Way	4/3/3,372	\$1,074,90
Meadow Glen Way	4/4.5/4,377	\$2,399,999
SOLD		
10512 Moon View Way	3/2/1,971	\$769,000
28145 Par View Court	5/3/3,892	\$1,265,000
29244 W Meadow Glen Way	6/6/5,260	\$1,860,000

JUST SOLD!

10126 Lake Meadow Lane • 3/2.5/2431 • \$845,000
Days on Market: 0

Simona Giuffrida, Relocation Specialist, CIPS (Certified International Properties Specialist) and VA certified REALTOR®

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