

HIDDEN MEADOWS

MARCH 2023

NEWS

ISSUE NO. 75

IT'S UP TO YOU, HIDDEN MEADOWS!

By: Hidden Meadows Community Foundation

March is the start of the Hidden Meadows Community Foundation fundraising campaign, and WE NEED YOU!

2022 marked a return to normalcy for the Foundation as we were able to (carefully) relax restrictions and once again celebrate with the entire community. Judging by your participation, the past year's events which included the first ever Spring Festival as well as the traditional Fourth of July Parade, Trunk or Treat, and Toys for Tots Breakfast, were a much-needed life as usual. Additionally, we awarded scholarships to six deserving local students and continued beautification activities on the Mountain Meadow median.

For our 2023 fundraising we have listened to your feedback and are going to take a slightly different approach. In previous years we inserted donation envelopes for your use in three issues of the Hidden Meadows News (Mar/Apr/May). This year we are going to reduce the paper we consume and will only distribute the donation packages once, in the April edition of the paper. So, for those of you who prefer to donate by check, be on the lookout for those envelopes NEXT MONTH. Those who prefer to donate by credit card or PayPal can go to <https://hiddenmeadows.news> anytime and click on the "donate" button in the upper right corner. We also accept contributions via Zelle. Use HMCFFDonate@yahoo.com.

The Hidden Meadows Community Foundation is a 501(c)(3) organization dedicated to serving and enhancing our community via four primary areas of focus:

- Annual College Scholarships: Our annual scholarship program makes an investment in the future by giving scholarships of \$1,000 to qualified college bound students currently living in Hidden Meadows
- Community Programs and Events: Foundation sponsored family oriented events and more including the Community Independence Day Parade, Halloween Trunk or Treat, Holiday Toys for Tots Breakfast, Seller's Faire, Welcome Committee visits, and again this year, the Spring Festival
- Beautification: Recently completed major projects include the media re-landscaping and pine tree removal/trimming with on-going efforts focused on median maintenance and repair

• Families in Crisis: The Foundation's Neighbors Helping Neighbors program steps in to help if one of our neighbors has a serious emergency

Your gift to the Foundation is tax deductible and will be used to support people and projects within our community. Thank you in advance for helping to keep Hidden Meadows the unique, wonderful place it is to live in.



Karla Fernandez, Vicky Long, Pat Tanabe, and Therese Carlson cozy around the fire pit

HMWSG February: Love is In The Air

Michelle Zipse / Resident

On February 9 the Hidden Meadows Women's Social Group had a Galentine get together at the beautiful home of Bonnie Metzger. Bonnie is a member of the HM Foundation Board and this celebration was over the top fun for everyone who came. Bonnie had a Heart cake that was a masterpiece. It was a multi layer chocolate cake with fondant adorned with chocolate hearts and heart shaped macaroon cookies attached to the side. That's right, to the side. How she did this is an enigma- and it was rich, moist and chocolatey delicious.

Bonnie had a great ice breaker activity. Each person was to make a Valentine for another lucky lady. These were packets full of cards, valentines, candy and chocolates. Card packets were exchanged randomly and the recipient had a chance to find the person who made her valentine packet of goodies to thank her and have the opportunity to meet someone new. What a great idea, thanks Bonnie!

The food that everyone brought to share was a huge hit. Bonnie's friend and backyard neighbor, Vickey Ciarlanti, played traffic cop as people entered with their food items.

HMWSG / See Page 2

Seller's Faire 2023

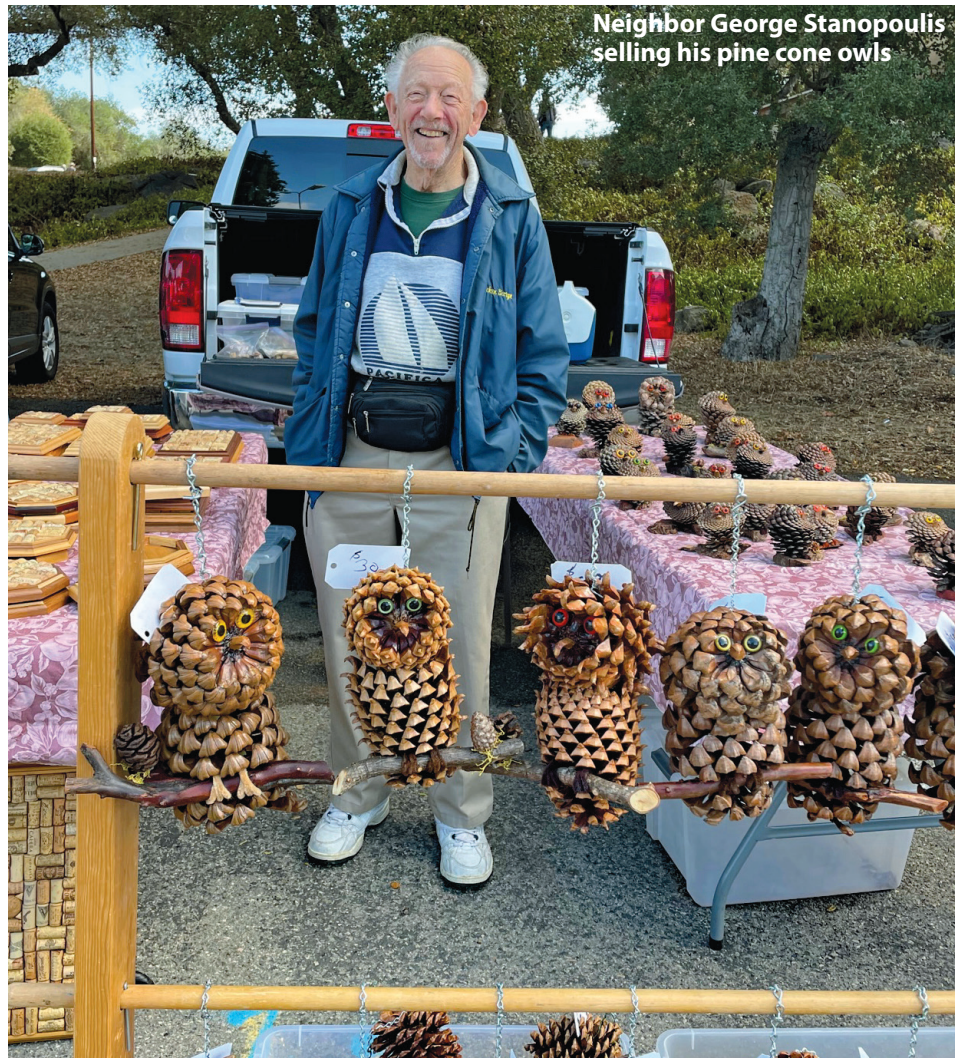
By Michelle Zipse / Resident

The Seller's Faire will be back in 2023 on the lower parking lot of the golf clubhouse. Mr. Kim has graciously allowed the Hidden Meadows Foundation to hold the Seller's Faire, once again, at this centralized location in the neighborhood. For the first time ever there are proposed rain dates. If the weather is not good on the dates below, the event can be postponed to the following Sunday. So we are almost assured to have 6 Seller's Faires in 2023. The dates are all Sundays and we will have 6 Seller's Faire events this year on the following dates:

- April 16
- May 21
- June 11
- Sept 10
- October 15
- November 12

Please mark your calendars and plan to spend time with your friends and neighbors perusing the local wares. There are diverse options for shoppers; jewelry, hand-made crafts, towels, blankets knitted caps, candles, cards, printed tumblers, etched rocks and

FAIRE / See Page 7



Neighbor George Stanopoulos selling his pine cone owls

Hidden Meadows Community Foundation

College Scholarship Fundraiser
Friday, March 31,
6 pm – 9 pm

Side Yard Public House
10326 Meadow Glen Way E

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Bonnie Metzger, left and Vickey Ciarlanti and the food spread at the Galentine's celebration



Melissa Mitchell in front of the paella

HMWSG / From Page 1

Vickey is the Vice President of the HM Foundation and also serves as Event Coordinator. She is a Master of organization, managed the flow of Bonnie's event and set up the dishes for artistic appeal. Some of the fun food items included: a berry pie by Master Baker Gwen Dana, Paella made by the hostess herself - Bonnie Metzger, a cake and fruit tray brought by Shari Petric (Market co-owner and neighbor), several salads, fruit trays, chips and dips, cookies, brownies and so many more. Everyone had plenty to eat and there were great getting to know your

neighbors conversations. The time flew by and soon it was time to say goodbye to Bonnie and her wonderful Galentine celebration.

Next month, it's a "Jump into Spring" event at the home of Jacquie Hughes on Par View. Watch for your invite coming via evite and make sure to respond quickly for another opportunity to spread some love to your friends and neighbors. If you'd like to join the monthly women's social group get together please email the coordinator of this group: Eveline Bustillos at eveline@coldwellbanker.com so she can add you to the evite list.



Danielle Milliken, Melissa Mitchell, Eveline Bustillos, Sharon, Michelle Zipse and Patty around the amazing cake made by hostess Bonnie Metzger



Patsy Cline, Vicky Long, Melissa Mitchell, Kim Faris, and Lisa Saget around the Valentine packets craft and creativity table.

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\$1,000,000	\$400,128	\$0	\$1,245,339	.02
\$2,000,000	\$1,000,961	\$0	\$2,490,678	.09

The above example is a simplification. It does not take into account factors such as compound interest, fees and costs of investments, changes in your income or in tax rates from year to year, performance of the stocks you invest in, or your personal/corporate tax situation

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As with all things permitted by the tax code, there are hoops to jump through and pitfalls if you don't follow the law.

MY NAME IS MICHAEL BUSTILLOS. I am an attorney with over thirty years of experience in Estate Planning and Asset Protection.

I live down the street from you, here in Hidden Meadows.



Luis Michael Bustillos
Attorney and Counselor-at-Law
Call me at 760-705-6062,
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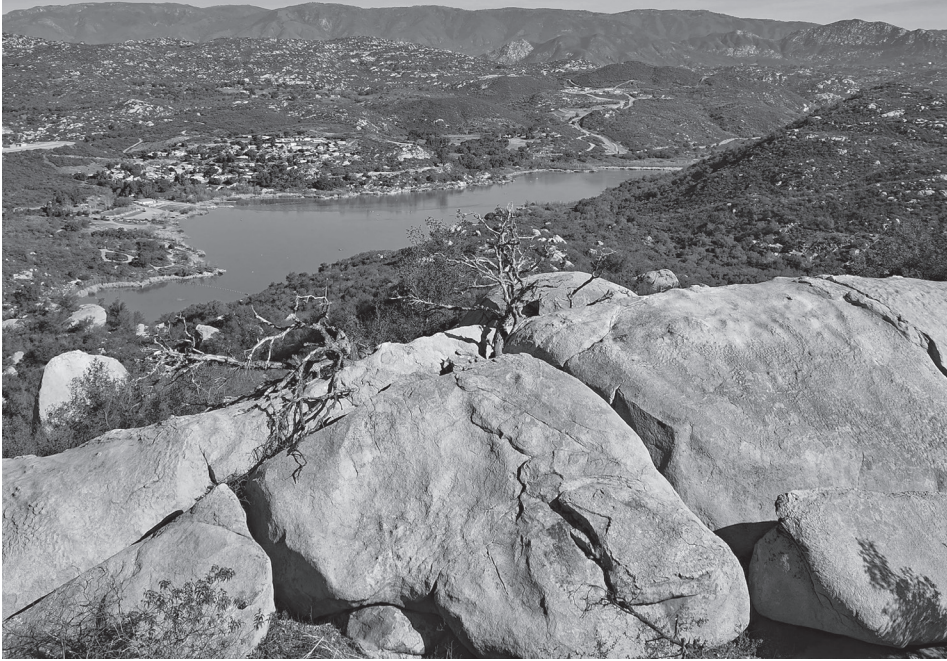
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Hike in the hills - Lake Wohlford



Left to Right – Hikers Leonard Wittwer, Sandra Lippert and daughter, Sara Lippert



A Hike in the Hills

By Linda Collins / Resident

There are some amazing hikes offered by the Escondido Creek Conservancy, escondidocreek.org/events, and I went on one of them in early February. It was a gorgeous day to hike. The sky was so clear that the views were amazing.

The hike was on a private land preserve near Lake Wohlford owned by the Conservancy. The only access is via a scheduled hike through the Conservancy. I was so glad I went.

It was a moderate uphill climb through native brush, which includes poison oak. I am very reactive to poison oak, so I was very careful, and all my clothes went straight into the wash! But it was worth it!

We stopped at several outlook spots, and since everyone in our group was up for it, we went all the way to the top. The last stretch is a bit steeper with rocky, uneven footing. At the top is a GIANT boulder that we scrambled up and crab walked back down after spending some time at the top admiring the view.

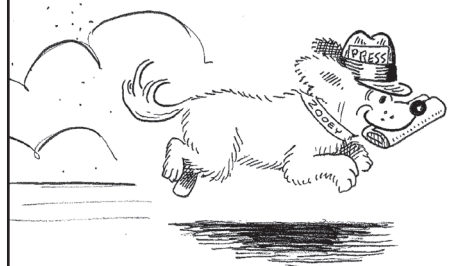
We could see all of Escondido with Valley Parkway pointing straight at us. We could see both Lake Wohlford and Dixon Lake. We could see hills and valleys so wonderfully green! Our tour guide, Leonard Wittwer, knew the names of most of the peaks around us . . . quite impressive.

Leonard is the President of the Escondido Creek Conservancy and was one of the organizers to buy their first piece of land 30 years ago. The Conservancy now owns about 3000 acres and has helped preserve over 7000 more. While Leonard's focus is land acquisition and conservation, the Conservancy also has education programs for children and adults. Watch their website for information on their summer program for kids! escondidocreek.org

Super Crossword

TOOLING AROUND

- | | | | | | |
|---------------------------------------|---------------------------------------|--|------------------------------------|---------------------------------------|---------------------------------------|
| ACROSS | 55 Trade sanction | 107 Before | 8 Observable occurrences | 52 Flowerless office plant | 96 Parsons of "Roseanne" |
| 1 Divine one | 58 Hit a cartoon dad with a tool? | 108 Priciest tool? | 9 Divest (of) | 53 Match milieu | 97 96-Down's "Roseanne" role |
| 4 Chew on | 63 Trendy resort | 113 "Permit Me Voyage" writer James | 11 Remove, as a branch | 56 Yankees manager Joe | 98 Fish by letting the bait bob |
| 8 Part of UPI | 64 State south of B.C. | 114 "Mike & Mike" ailer | 12 Canonized fifth-cen. pope | 57 Lofty verse | 99 Clergyman's subj. |
| 13 "Yeah, and?" | 66 Ending for million | 115 Taoism's — -tzu | 13 Weasel's kin | 59 Quite manly | 100 JFK Library architect |
| 19 Gilbert and Sullivan work | 67 Alert at sea | 120 Venetian island | 14 — -lacto-vegetarian | 60 My, in Milan | 101 Deep anger |
| 21 Try to swat | 68 Add-on accessory for a tool? | 122 Statement upon locating someone's lost tool in the dark? | 15 Gain the support of | 61 Pithy saying | 104 Lying face-up |
| 22 Operate a 767, say | 76 "The Big Read" org. | 127 Expose by being a fink | 16 Quality of a yeti or a yak | 62 Follower of chi | 105 Try to separate out, as gold |
| 23 Tool with a large bony projection? | 77 Ham's father | 128 "It's —!" (quitter's cry) | 17 Certifies | 65 Void legally | 108 One of the von Trapp daughters |
| 25 "La Isla —" (1987 Madonna hit) | 78 Mode or king preceder | 129 Getting set to propose | 18 Bedevil | 69 Call a halt to | 109 Time on end |
| 26 Freshwater polyp | 79 Remind over and over | 130 Gauge | 20 — avis (wonder) | 70 Barely visible | 110 See 24-Down |
| 27 Clucking bird | 81 Male bovine using a tool? | 131 Did it wrong | 24 With 110-Down, post-tax revenue | 71 Tune penner Porter | 111 Riatas, e.g. |
| 28 Eye, in Versailles | 87 Hurriedly | 132 Cries noisily | 29 Buries | 72 TV's Linden | 112 Many a sunlit ledge |
| 30 Mined rocks | 90 "Be there — sec" | 133 Thing, in legalese | 32 — chi ch'uan | 73 71-Down, collegiately | 117 Lion's den |
| 31 On a tool's upper surface? | 91 Glen | DOWN | 33 Solo in films | 74 Cut-rate | 118 Suffix akin to -trix |
| 37 Oomph | 92 Owns | 1 Artist Vincent van — | 34 Followers of omicrons | 75 Talk nonstop | 119 Partner of rules, briefly (sheds) |
| 40 Roadside assistance gp. | 94 Speak to the masses | 2 Grand Ole — | 35 Pre-CIA gp. | 80 Ducks' kin | 123 Locale of Sp. |
| 41 Odd one out | 95 Get a steal at a store | 3 Skillful feat | 36 "The Racer's Edge" | 81 Bro's counterpart | 124 U-turn from WNW |
| 42 Bazaar sight | 98 Use a tool on some Heinz products? | 4 Gain access to | 37 Printing units | 82 Comparable things | 125 Game akin to crazy eights |
| 43 Tool given as a peace offering? | 102 Disintegrate, as cells | 5 Final degree | 38 Free from obligation | 83 Members of an elite U.S. force | 126 Civil War southerner |
| 47 Czarina, e.g. | 103 Sees in the distance | 6 From — Z | 39 Big cheese | 84 Rolls with holes | |
| 50 Glittery rock | 106 "— out!" (ump's call) | 7 Missile parts | 44 Rx overseer | 85 Shaped with a certain cutting tool | |
| 51 — Jacinto | | | 45 Plop lead-in | 86 Penn of "Epic Movie" | |
| 52 Jamie of old sitcomdom | | | 46 Informal turnaround | 87 Ad — | |
| 54 Sutcliffe or Erwin | | | 48 X-ray alternative | 89 Boat built by 77-Across | |
| | | | 49 Earth lighter | 93 Knowing glances | |



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 Email content and photos to Patricia Fox at:
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The Assistance League of Inland North County

By Susan Sciacca / Resident

Hidden Meadows has always been a community of neighborly interaction, giving and compassion. That is why we would like to introduce one more avenue that just might be up many of our personal 'alleys', whether it be joining this wonderful organization, or helping by donating.

All of us are getting pretty good at reorganizing our closets, attics and garages, especially now that the pandemic is in our rearview mirrors. Most often we give our cast-offs to the usual organizations that we all support. However, please consider this alternative..."Assistance League of Inland North County."

The Assistance League, started in 1985, is an all-volunteer organization. Three of us in Hidden Meadows, Susan Sciacca, Sherry Horton and Linda Kennedy, have recently joined The League and are thoroughly enjoying ourselves. We are meeting so many fun and energetic volunteers. It feels so good to make a compassionate difference in helping to transform the lives of many. Because it is strictly voluntary, we are able to give as much or as little time to the organization as our lives allow.

Probably the most fun is the Assistance League Thrift Store located in a beautiful building on E. Valley Parkway in Escondido. Many refer to it as the Nordstroms of thrift stores. This is because so many of the donated clothes, home goods, art, furniture, toys, and electronics come from

generous communities such as ours. To provide you a broader-scope look at many of our activities, here are but a few:

Operation School Bell: With the help of Kohls and J.C. Penneys, we provide new clothing and shoes for local children in need.

Ready..Set..Read!!!: Adult volunteers read one-on-one to children in local schools.

Operation Backpacks: We provide backpacks containing essentials to foster and homeless teens graduating from high school, and now going out on their own.

Kids Cozy Corner: We provide children waiting in the emergency room at Palomar Hospital items to entertain and comfort them, plus knitted items for newborns.

Project Seniors: We provide seniors and the homeless personal items, food, blankets and holiday gifts.

Project Hug-A-Bear: We deliver thousands of Teddy Bears to children and seniors in crisis.

Scholarship Assistance: This program was started in 2005, and it has benefited over 1000 students in furthering their education.

We are asking our friends and neighbors to consider joining this wonderful organization with us. However, there is another way you can help. On March 23, 2023 (Thursday), from 10:00 am to 1:00 pm, you can bring your Thrift Store donations to the parking lot where the Sellers Faire is located (the lower level at the Golf Course). Or, perhaps you would like to bring your donations directly to the Thrift Store located at 2068 E. Valley Parkway. The Thrift Store accepts your donations on Tuesdays and Fridays from 10:00 am to 2:00 pm. All donations qualify as a deduction for tax purposes. For further information, please visit our website at AssistanceLeague.org > inland-north-county, or you can contact us individually at:

Susan Sciacca 760 485-6304
Sherry Horton 925 998-1991
Linda Kennedy 760 715-3690



Walnut Grove Park: Fun Walk/Stroll/Kid Bike Ride

Hannah Engholm /
Valley Center Trails Association

****NEW DATE!****

Saturday, April 8, 2023 - 9:45am
Walnut Grove Park, San Marcos
1950 Sycamore Drive,
San Marcos, CA

Due to weather, we have rescheduled the Feb. 25 hike to April 8.

Bring the kids for an easygoing fun walk/stroll/kid bike ride at Walnut Grove Park. The trail surrounds a park with play structures and picnic areas. One mile per lap. Interrupting the hike to play at the playground is allowed! Leashed dogs ok. Kids not required. The trail loops around the park, so the length of the walk/hike can be adjusted to meet your family's needs. Bring water, snacks, and sun protection for the whole family. Meet at the Walnut Grove parking lot near the equestrian staging area. There is free parking.

If you're interested in more family events like this, even if you can't attend this event, please contact us with your interest and suggestions!

Heavy rain during 24 hours before hike or steady rain one hour in advance of start time cancels hike. Notice will be given on VCTA FaceBook page. Questions? Email Hannah Engholm at hannahengholm@gmail.com

Valley Center Trails Assn., PO Box 605, Valley Center, CA 92082; www.vctrails.org; a 501(c)(3) organization dedicated to the creation of non-motorized trails and pathways in Valley Center

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**Valley Center
Irish Stew
Cook-off
Thursday, March
16 5pm-7:30pm
31020 Cole Grade
Rd, Valley Center**

**Valley Center
Western Days
Festival
Friday, June 2 &
Saturday, June 3**

**Valley Center
Western Days
Parade
Saturday, June 3**

(Rodeo has been Canceled)



Vickey Ciarlanti, Rochelle Rubin, Vicky Long, Michelle Zipse, Linda Collins, Shannon Antekeier and Pat Buntin

Who are the Welcome Committee?

By Michelle Zipse / Resident

What is the Welcome Committee you ask? It's a group of residents that represent the Hidden Meadows Foundation. The Welcome Committee drops off information packets at your home when you are new to the community. The packets are full of really useful stuff and they also contain coupons to try our local businesses and get to know what is going on right here at home.

If you have any questions, please email: welcome.hiddenmeadows@gmail.com

Are you interested in new Interest groups for 2023? We are happy to facilitate a group to get our residents together. What is your interest?

~Do you speak another language and would like to practice?

~Would you like to get more involved and volunteer your time in our local community?

~Do you have a toddler? Would you like to see a play group?

~Are you single and would like to meet other single neighbors?

~Are you a baker and would like to share your skills?

~Would you like to have a regular coffee group or other group type environment to hang out with your friends?

~Are you a foodie? How about a dinner group?

~A monthly poker night?

~Other ideas?

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- ♥ "I like the service that I get at this office. They are always very friendly and attentive." - **Arturo**

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Meena Narayanan, MD • Deepthi Sudhakar, MD • Abhishek Shah, MD • Hulbert Do, MD



Kim and Rich Marin



Joanne Anglin



Sima Kashari, Frances Munk and Chris Dailey at garden club event



Frances Munk and Mike Quandrozzi



Pat Tanabe and Joe Zlotnicki

Hidden Meadows Garden Club: Plant Exchange Feb. 20

By Idalia Rewar

Here we go again, bragging about our perfect California weather. I think the weather Gods really liked us - sunny, warm, and just right for a sharing experience. The Hidden Meadows

Garden Club convened for a plant

exchange event. We were all to bring garden clippings to share. Everyone was set with buckets, clippers, gloves and what have you, ready to rock and roll and go at it.

To have some decorum, and not go bat crazy, the clippings were strewn in

bunches on the driveway for our viewing, and we all started plucking away like a bunch of hens. These treasures of plants that were laying on the cold ground were whispering “pick me, pick me.” Aah, poor babies lying there naked and helpless. But the Garden Club

ladies and gentlemen came to their rescue and we gently took our fill to put in our baskets and buckets to their new loving home.

GARDEN / See Page 11



I-15 PAVEMENT REPLACEMENT

in Escondido and Unincorporated San Diego County



UPDATE:

On February 16, 2023, temporary concrete barriers were placed to close the outside lane and shoulder on SB I-15 between Deer Springs Road and SR-78. This closure will be in effect 24 hours per day for 8 months. When the work is complete, crews will reopen the newly paved SB lane and shoulder and immediately switch to closing the NB outside lane and shoulder with concrete barrier. This closure will be in effect for 24 hours per day for 8 months on NB I-15 between SR-78 and Deer Springs Road.



Improving the Freeway

The project will provide a superior, long-lasting roadway that improves driving comfort and reduces future maintenance and construction efforts. Less maintenance and construction in turn reduces traffic impacts for the traveling public and improves safety for both highway workers and motorists.

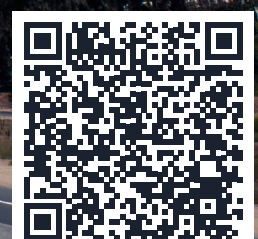
What to Expect

Construction began late Summer 2022 and should be completed by early 2025. The public will be notified of any weekend ramp closures. At the conclusion of the work, motorists will see and feel an improvement in ride quality and benefit from the increased service life of the roadway.



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 ct.public.information.d11@dot.ca.gov

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HIDDEN MEADOWS COMMUNITY FOUNDATION

SCHEDULED PRIVATE EVENTS FOR Hidden Meadows and Rim Rock Residents ONLY.

College Scholarship Fundraiser – Friday, March 31st
 Side Yard Public House - 6pm ~ 9pm. A portion of Food Proceeds Go directly to the **College Scholarship Program**

For College Scholarship Application Information
 Please contact Bonnie via email at bonnie.metzger@icloud.com

College Scholarship Awards Night – Side Yard Public House
 May 17th – 6pm ~ 9pm

.....
Spring Festival ~ Saturday, April 22nd- Lower Parking Lot at the Golf Course - 10am - 2pm

Meet and Great with Community Members – The Market
 June 10th – 8am ~ 11am

Luau Volunteer/Donor Appreciation Night – Side Yard Public House
 June 14th - 6pm ~ 10pm

Fourth of July Parade – Lower Parking lot at the Golf Course

Sock Hop/Car Show • Trunk or Treat • Turkey Trot • Toys for Tots

.....
 NEW EVENTS ARE BEING PLANNED AS WELL!!!
 Fundraisers, Beautification Projects and
 Neighbors Helping Neighbors

Watch for details on these upcoming events in the Hidden Meadows News (Our Local Paper) And our Social media sites. These events can't happen without your help. Please contact me at vickeyciarlanti@gmail.com to add your name to our list of volunteers or to make a donation. Donations can be made via Zelle at HMCFDonate@yahoo.com or www.HiddenMeadows.news.com



Neighbor Karen Birch selling Color Street

FAIRE / From Page 1

bottles, pens made from antlers or bullet casings, owls made from pine cones, aprons, pot holders, kitchen tea towels, beautifully decorated cookies and much, much more!

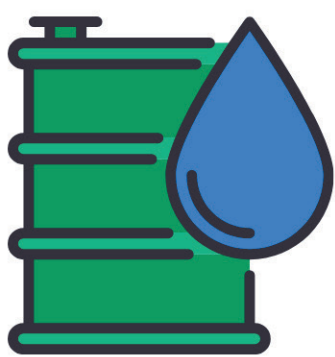
There will be a bake sale at 3 of these events. Stay tuned for which Faires will have the yummy baked goods.

We will also feature a knife sharpener for most Faire dates. Bring out those kitchen knives, garden tools, anything that needs a blade sharpened. And once a year electronic recycling, bring out your computers, stereos, old phones, personal electronic devices, and just about anything that operated by electricity or batteries that needs a new home.

Monthly Seller's Faires updates will be coming so check the monthly paper as to what is coming up and remember April 16 as our first Faire of the year.

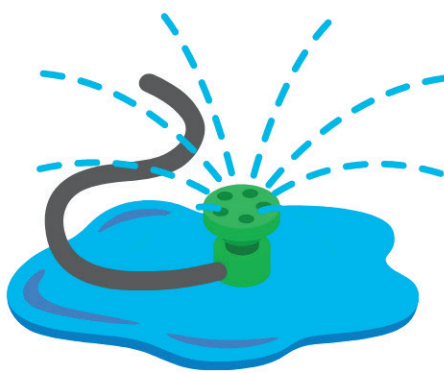
Avoid FALLING BACK into Old **WATER** Use Habits

Reuse RAINWATER!



COLLECT RAIN WATER in rain barrels so you can water outdoor plants without running the hose.

Check Your Yard for LEAKS!

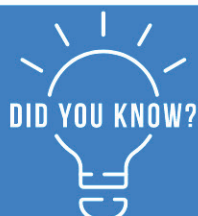


CHECK FOR LEAKS, overspray, broken sprinklers, line breaks and stuck valves. Repair promptly!

Mind Your MULCH!

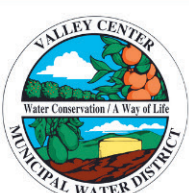


ADD 2" to 3" of MULCH to conserve moisture, help control weeds, and insulate soil from temperature extremes.



VCMWD's **WaterSmart Portal** enables you to receive LEAK alerts & HIGH USE notifications.

...To register for your **FREE** account, visit www.ValleyCenterMWD.WaterSmart.com



VALLEY CENTER Municipal Water District





Agnes, Faraj, Mike and Dave



Terri & Lincoln Moehle, Ann Ford, and Mike Quadrozzi



Edi and Ginger

Weed Team at Work in the Mountain Meadow Preserve

By Linda Collins / Resident

After a couple of Saturday cleanups, the Weed Team is now working every Wednesday at the Mountain Meadows Preserve, which the Escondido Creek Conservancy owns in partnership with the San Diego County Parks and Recreation and the Navy/Camp Pendleton. While pulling weeds is part of the cleanup job, the team is removing non-native plants and prepping the areas to be replanted with native plants. Tobacco tree, ice plant, Pride of Madera, non-native cacti, and a lot of dead branches are all going into the pile amongst others.

The area behind the new office building, that will be the new headquarters for the Escondido Creek Conservancy, will have a demonstration garden and the slope beyond that will be planted with native succulents. In clearing that space, we got a lot of laughs out of the things we found buried in the plants we removed. The first find was a small aluminum saucepan. We found one tennis shoe, two basketballs, a side panel from a green car, and lot of other odds and ends.

We created quite a pile to go out in the green waste, well, actually, two or three piles. In a couple weeks, the

Conservancy will bring in a dumpster and our project of the week will be loading it! In the upcoming weeks, we will be clearing an access road, planting some native plants in the restoration area, and re-potting some young sage plants into larger pots. With 693 acres, there will always be something to do.

There are areas of the old avocado grove being replanted with natives as well. It is a big job! Juan Troncoso, our extremely knowledgeable Land Manager, is starting a program to have local residents start natives at home and bring them back when they are ready to be transplanted. He will also accept donations of natives if you have them growing in your yard, but don't need them. I've donated baby oak trees, Mountain Mahogany, a native daisy, and other natives that come up in my yard. I am also attempting to propagate from seed that I collected last fall.

Want to come get your hands dirty and help us turn this Preserve back to the plants and animals that should be there? For weekend activities, watch the Escondido Creek Conservancy's website, escondidocreek.org/events. For information on the Wednesday Weed Team, email linda_j_collins@sbcglobal.net.



Hannah, Ann, and Terri working on the slope

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TRACTOR WORK
CLEAN-UP/HAULING
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Hidden Meadows Community Resources

Community Emergency Response Team (CERT)

Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Hidden Meadows Neighborhood Watch

Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.

Contact Info: Erik Tyler 442-235-9060 erikdtyler@gmail.com

Deer Springs Fire Safe Council

Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

To register, visit www.deerspringsfiresafecouncil.com.

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

Homeowners Associations

The Meadows Homes Association (MHA) 760-749-7278
 Rimrock Homeowners Association 760-749-4008
 Hidden Meadows Ranch Homeowners Association 760-407-7575
 Silverado Management Services
 Oak Meadows Glen Homeowners Association 760-749-4796

Organizations

Garden Club

Contact Frances Munk at francesmunk17@gmail.com

Hidden Meadows Bridge Group

We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM. Please call Curt Bruce at 442-222-0821 if you'd like to join us.

Hidden Meadows Community Foundation (HMCF)

Contact Michele Zipse at HMCF2023@gmail.com.

Ladies Bible Study

Contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

Tennis Club

Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women's Golf Club

Contact Ellen at 760-749-1190

Women's Social Group

email to hmwsg92026@gmail.com.

Yoga

Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.



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BOOK REVIEW - By Lynn Clark

"A World of Curiosities - by Louise Penny

When you google the term "evil" you will find there are many definitions of the word. Your perception of the meaning may depend on your religious upbringing, and possibly what you have read or experienced in life. For the purposes of this review, I am going to use the definition that I felt Penny used for this book: evil is "profound wickedness against the common good". The "evil", of course, will be the criminals. Some, will be the children that entered the lives of both Gamache and Beauvoir many years ago, and then reentered their lives as adults. On the other side will be Gamache and all the people that are associated with the village of Three Pines. They represent the "common good".

I have read all of Penny's books. This one by far was her most unusual, and you might not

like the subject matter. You will definitely need to pay attention at the beginning of the book because the plot goes back in time to set up the basis of the novel, and the transition tends to be a little confusing. It was also the time when Beauvoir became part of Gamache's life and his partner on the police force.

Gamache's biggest challenge in this novel was finding and confronting the "evil" that had entered the village of Three Pines. He had to use the strength of his will to outwit both physically and mentally the threat to his family.

There were many moving parts to this plot. I felt the ending was one of her best, and it will keep you on edge and keep you guessing. Several of my friends read this novel, and we all agreed that the ending left us with a question. Was this really a novel about forgiveness?

Answers

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Rodriguez Mountain Hike Friday, March 24, 2023 - 8am

By Anita Noone /
 Valley Center Trails Association

Join us for a special hike up Rodriguez Mountain. This is a six mile hike, round trip, with about 800 feet of elevation gain. The hike will take three to four hours and you should have recent experience hiking steep hills, and hiking continuously for two or more hours.

We are grateful to Joaquin Aganza, who will lead this largely unknown hike. The hike promises to be a rare treat, beginning in chaparral and ending in a Jeffrey Pine grove. Views of Rancho Guejito, San Diego, and the Coronado Islands are possible if it is a clear day.

Meet at the Hellhole Canyon Preserve parking lot; the hike will begin promptly at 8:05. Please allow ample time to get to the Preserve, as there have been significant construction traffic delays in Valley Center recently. The parking lot is at 19324 Santee Ln., Valley

Center. Take Woods Valley Rd. for 3.9 miles. Continue onto Paradise Mountain Rd. for 3.3 miles. Turn right onto Los Hermanos Ranch Rd/Paradise Mtn Rd and immediately turn left onto Kiavo Rd. Take Kiavo Rd. for .5 miles to Santee Ln. and make a left to the preserve entrance.

Hikes are subject to cancellation if there is a heat warning in effect, if there is steady rain one hour before, or if there has been substantial rain during the 24 hour period before the hike, in the opinion of the Trail Master. If you want an email notice of cancellation, email anitanoone@gmail.com at least two days before the event. Otherwise, pre-registration is not required and all members and non-members are welcome. Please leave your four-legged friends at home.

Questions: infovcta@gmail.com.

County's only Irish Stew Cook-off returns March 16

By **KATHLEEN MCKEWAN**

The 27th Annual VC Irish Stew Cook-off is the only one held in San Diego County and has been growing each year for the last 26 year. It will happen on Thursday, March 16, 5-7:30 p.m. at the St. Stephen's Parish Hall on 31020 Cole Grade Rd., next to Valley Center High School.

This event is sponsored by the *Valley Roadrunner*, Rotary of Valley Center and the Valley Center Business Association.

No need to travel to Ireland this year to celebrate St Patrick's Day, come to the Irish Stew Cook-off and get your fill of Irish Stew, fun, laughter and shenanigans.

Just imagine being able to wear all your fine Kelly green clothes and being with your family and friends, hearing Irish music, enjoying a pint and a taste of Irish Stew for the evening. This is a family friendly event open to the Irish and all those who claim to be Irish for the day. Tickets are available at the door. They cost \$10 per person. The price of the ticket includes tastings of the Irish Stews. Visits to the Irish Pub and pints are extra.

Lots of blarney will be going on during the event!

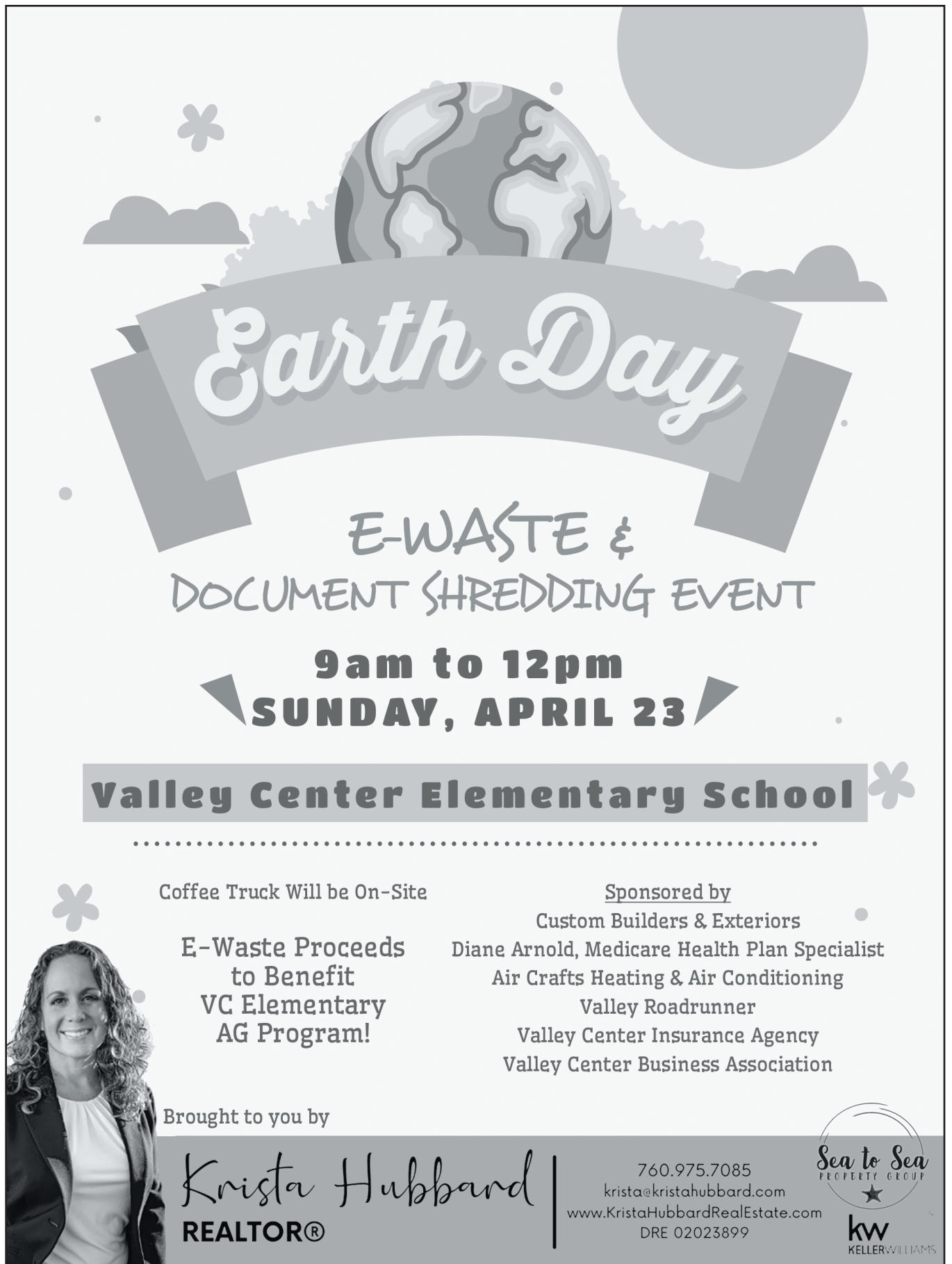
There will also be plenty of Irish Stews to sample. You can buy chances to win a pot of gold in the amount of \$1,000, see the upcoming contestants for the Miss Valley Center Pageant, meet the contestants for the Valley Center Honorary Mayor's Contest and enjoy a pint at the Irish Pub.

Each Irish Stew Cook-off has between 15-20 Irish stews to sample. Folks from the community, businesses and service club look for their favorite Irish Stew recipe and prepare their stews, decorate their tables, get a bribe for the judges and after the Irish Stew judging has been completed, give samples to the public.

Want to be a part of the Irish Stew Cook-off? It is pretty easy. You can enter an Irish Stew in one of the three categories: Individual, Service Club or as a business.

Get your applications, vcirishstew.com; download the application and submit it to the address provided.

Questions? Call the *Valley Roadrunner* 760-749-1112 or Kathleen 760-497-7007.



Earth Day

**E-WASTE &
DOCUMENT SHREDDING EVENT**

**9am to 12pm
SUNDAY, APRIL 23**


Valley Center Elementary School

Coffee Truck Will be On-Site

**E-Waste Proceeds
to Benefit
VC Elementary
AG Program!**



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911: Immediate Emergency Assistance

211: Emergency and non-emergency county information hotline

Animal Services: 619-299-7012

CAL FIRE/Fire Information hotline: 619-590-3160

California Highway Patrol: 858-637-3800

Deer Springs Fire Protection District
Station 1 Headquarters: 760-749-8001
Station 2 Deer Springs: 760-741-5512
Station 3 Hidden Meadows: 760-751-0820
Burn Permits: 760-749-8001

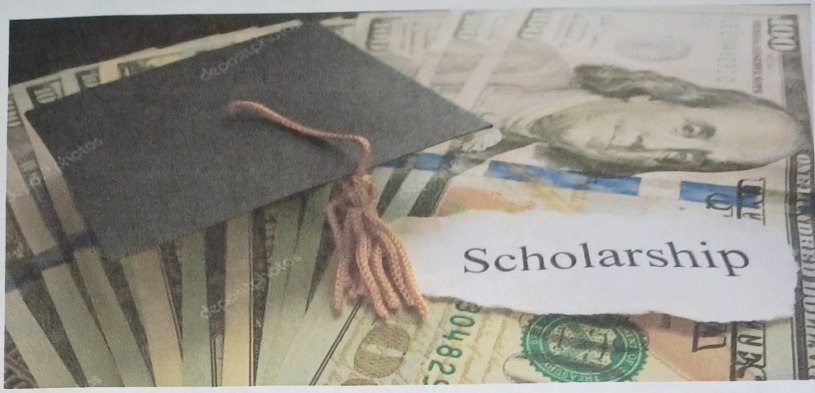
Road Conditions/
Closures: Cal Trans 800-427-7623 or www.traffic.com

Acoustic Eidolon to play March 12 at First Congregational Church

Acoustic Eidolon, Joe and Hannah (guitar and cello, vocalists) will be performing Sunday, March 12 at 2 p.m. in the First Congregational Church, 1800 North Broadway, Escondido. The concert is sponsored by Hidden Valley Community Concert Association (HVCCA)

The group been a tour-de-force of acoustic music for over 20 years and have brought joy to tens of thousands of people world-wide through their music and 13 Cd's. USA Today described them this way: "Acoustic Eidolon... like nothing we have ever heard before."

Advance tickets are available by going to www.hiddenvalleyCCAescondido.info, clicking on "tickets" and following directions online. Tickets will also be available on the day of the concert starting when doors open at 1 p.m. There will be a reception after the concert. This is the fourth of five concerts of the 2022-2023 season of the Hidden Valley Community Concert Association celebrating its 76th anniversary. Prices are Adults \$30, Seniors, Veterans, and Military \$20, Students through College \$10, and children 12 and under, free.



HIDDEN MEADOWS COMMUNITY FOUNDATION SCHEDULED PRIVATE EVENTS FOR Hidden Meadows and Rim Rock Residents .

College Scholarship Fundraiser – Friday, March 31st
Side Yard Public House - 6pm ~ 9pm. A portion of Food Proceeds Go directly to the **College Scholarship Program**

For College Scholarship Application Information
Please contact Bonnie via email at bonnie.metzger@icloud.com

College Scholarship Awards Night – Side Yard Public House
May 17th – 6pm ~ 9pm

GARDEN / From Page 6

I do not know the names of plants other than a rose, or a geranium. If it looked alive, I took it. Last time we did this I picked some that looked like a bunch of weeds, planted them, they grew into tall, beautiful green limbs with flowers on it of different colors. Don't ask me what they were, but they sure were beautiful and filled my garden. That is what is nice in being ignorant – you never know what you get, and wow, what a nice surprise!

The hosts for our event were Kim and Rich Marin. I wrote an article a while back about their home. It is unbelievable! I've been in real estate a good part of my life and haven't seen such landscaping – boulders, plants, palms, succulents, etc. all melding together to form this beautiful landscape.

To keep it so pristine, Rich said that he has made a pact with the coyotes

(which are plentiful in Hidden Meadows). They stay in their side of the 38 th parallel, and he stays in his. So far, they understood his language. However, having a huge (stuffed) bison/ buffalo and a super big rooster

(with spectacular plumage) and goats (stuffed) on the grounds helps a bit.

After the pickings, we all took a tour of the large estate with the 180 degree views of the San Gregorio mountains and other mountains in the distance. Kim then announced we would gather in the patio where she welcomed new members: Phoebe Laine and Joe Zlotnick (Pat Tanabe's husband).

Kim reviewed some of the events we will be attending in the coming months. Kim's husband, Rich, announced that we were free to help ourselves of clippings from the gardens. Oh, oh, Mike Quandrozzi asked to borrow a chainsaw to go to town and do some serious trimming. Sorry, too late Mike, it is time to mangiare - a light lunch consisting of some cookies, croissants, carrot salad, chicken salad, and fruits on a spit. All of it was super yummy.

What can I say, lovely day, great comradery, breathtaking scenery, and a wonderful sharing experience that was appreciated by all. Thank you Kim and Rich Marin for hosting this unforgettable event.



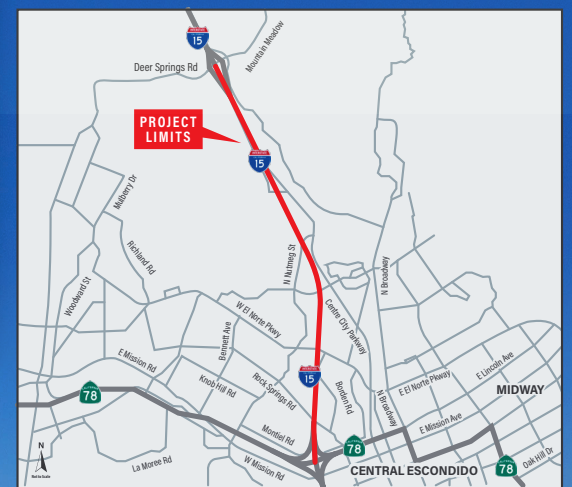
RESTAURACIÓN DEL PAVIMENTO DE LA I-15 en Escondido y la Zona No Incorporada del Condado de San Diego



ACTUALIZACIÓN

El 16 de febrero de 2023, se colocaron muros de contención temporales para cerrar el carril y acotamiento exteriores de la I-15 sur entre Deer Springs Road y SR-78.

Este cierre será efectivo las 24 horas del día durante 8 meses. Al finalizar la obra, las cuadrillas reabrirán el carril y arcén al sur recién pavimentados y procederán inmediatamente a cerrar el carril y acotamiento exteriores hacia el norte con un muro de contención. Este cierre estará en vigor 24 horas al día durante 8 meses en la I-15 en dirección norte entre la SR-78 y Deer Springs Road.



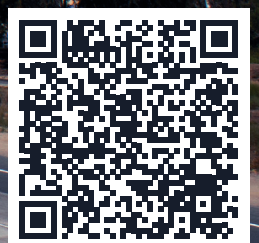
Lo que puede esperar

La construcción dio inicio a finales del verano de 2022 y deberá terminar a principios de 2025. Durante las obras, algunos tramos en ambos sentidos dentro de los límites del proyecto se reducirán temporalmente a tres carriles con el cierre a largo plazo del carril exterior y del acotamiento detrás de una valla de concreto. Al finalizar las obras, los automovilistas notarán una mejora en la calidad de la conducción y se verán beneficiados por la prolongación de la vida útil de la carretera.

Mejorando la carretera

Este proyecto proporcionará una superficie duradera y de gran calidad que hará el trayecto más cómodo y a su vez reducirá los esfuerzos de mantenimiento y construcción en el futuro, reduciendo así el impacto sobre los viajeros y la exposición de los trabajadores en la carretera.

para obtener información



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ct.public.information.d11@dot.ca.gov



Elder and dependent adults abuse

By **JOHN BALOGH**,
Crime Prevention Specialist,
VC Sheriff's substation

The San Diego County Sheriff's Department receives and investigates an array of calls each day. One of the crimes we investigate is Elder Abuse and/or Dependent Adult Abuse. According to California State Penal Code 368 P.C., the State of California considers those persons age 65 and older to be elders. Persons 18-64 years old who have physical and/or mental limitations that restrict their ability to carry out normal activities or to protect their rights are considered dependent adults.

The types of abuse can be:

- **Physical:** Striking, hitting, pushing, shoving, physical restraint, lack of medical care
- **Sexual:** Non-consensual acts, sexual assault, sexual exploitation
- **Emotional/Psychological:** Threats, insults, intimidation, harassment, isolation
- **Financial:** Fraud, forgery, identity theft, scams, embezzlement
- **Neglect:** Denial of or inadequate food, clothing, shelter, medical care, provision for basic needs

It is estimated that 1 in 10 adults aged 65 and older experience elder abuse in a given year. Some sources claim it to be 1 in 6. This is a very serious and under reported crime that occurs in every city. Abusers are both women and men. About two thirds of the abusers are family members and occurs in the home. Care facilities (nursing homes and senior living centers) are another setting that abuse may occur. Dependent adults are also the victim of abuse. They may

not have the ability to voice or tell someone about the abuse. The victims may be isolated by the abuser or scared to tell someone they are being abused.

Some signs elder or dependent care abuse **may be occurring:**

- Person seems depressed, confused, or withdrawn
- Person is isolated from family and friends
- Has unexplained bruises, burns, or scars
- Appears dirty, underfed, dehydrated, over or undermedicated, or not receiving needed care for medical problems
- Has bed sores or other preventable conditions
- Recent changes in banking or spending patterns

How to report abuse and resources:

- The San Diego County Office of Aging and Independent

Services (Adult Protective Services)

- 800-339-4661
- San Diego County Sheriff's Department non-emergency number 858-565-5200
- National Center on Elder Abuse 855-500-3537
- San Diego County District Attorney's Office Long Term Care Ombudsman Office (800-640-4661)
- San Diego County Sheriff's Department Stations- You Are Not Alone Program (Senior Volunteers check in on elders and dependent care citizens that live alone)

If you suspect abuse, please call and report. You are the link and voice for those who are the most vulnerable. It is better to voice a concern than have someone continue to be a victim.

County of San Diego
PACE
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 Preserving Local San Diego Agriculture

Apply Today

The County of San Diego's Purchase of Agricultural Conservation Easement (PACE) Program supports local agriculture by preventing agricultural lands from being developed for other uses.

Agricultural property owners receive a one-time payment from the County for voluntarily placing an easement on their property. As a result, the agricultural land is preserved for continued agricultural use for future generations.



To learn more, visit us at
www.sandiegocounty.gov/pds/advance/PACE

MARKET TRENDS
 Average Sold Price: \$964,945

MARKET TRENDS
 Average Days on Market: 25

MARKET TRENDS
 Average Sold vs List Price: 101%

Mommy, Simona's listing went pending so quickly!

I saw that! She is so good! When we are ready to sell, do you know who we will call?

Simona!!!!

SCAN ME

What is happening in HIDDEN MEADOWS

Market Report

MARCH | 2023

► Address ► BD/BA/SF ► Listing/Selling Price

ACTIVE

Sage Hill Way	4/3/2,910	\$1,275,000
Gladstone Court	3/4/3,111	\$1,499,000

PENDING

10126 Lake Meadow Lane	3/2.5/2431	\$849,000
------------------------	------------	-----------

SOLD

28315 W Meadow Glen Way	3/2.5/1,775	\$744,000
10512 Moon View Way	3/2/1,971	\$769,000
28357 Cavalier Court	3/2.5/3,870	\$1,400,000



Simona Giuffrida, Relocation Specialist, CIPS (Certified International Properties Specialist) and VA certified REALTOR®

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